



# **Evening services**

## **The Season of Lent**

*Monday 18 to  
Saturday 23 March 2019*



*A very warm welcome to Chelmsford Cathedral, especially if you are a visitor or here for the first time. Welcome stewards are on duty. If you are a visitor, or have any questions about the life of the church in this place, please make yourself known to them.*

*This leaflet contains the office hymn, psalms, readings and canticles for each day. Please take this booklet away with you and use it in your daily prayers. Music copyright: permission to copy words and music covered by Calamus Licence No. 0635, CCLI Licence No. 193318*

*Organist & Master of the Choristers: James Davy  
Assistant Organist & Director of the Girls' Choir: Laurence Lyndon-Jones  
Graham Rogers Organ Scholar: Thomas Williford*

**Collect for the Week:**

Almighty God,  
who seest that we have no power of ourselves  
to help ourselves;  
Keep us both outwardly in our bodies  
and inwardly in our souls;  
that we may be defended from all adversities  
which may happen to the body  
and from all evil thoughts  
which may assault and hurt the soul;  
through Jesus Christ our Lord.

**Collect for Ash Wednesday:**

Almighty and everlasting God,  
who hatest nothing that thou hast made  
and dost forgive the sins of all them that are penitent:  
Create and make in us new and contrite hearts,  
that we, worthily lamenting our sins,  
and acknowledging our wretchedness,  
may obtain of thee, the God of all mercy,  
perfect remission and forgiveness;  
through Jesus Christ our Lord.



*If you would like to know more about the Christian faith and the life of the Christian community in this place please speak to one of our priests, ring 01245 294492 or visit us at: [chelmsfordcathedral.org.uk](http://chelmsfordcathedral.org.uk)*

**Monday 18 March**

Boys' voices

*First Evening Prayer of St Joseph of Nazareth*

Responses

Plainsong

Office hymn

Three days missing (NEH 357)

SUSSEX

English Traditional melody adapted by R. V. W.



**Three days missing, in the Temple,  
Jesus Christ at last is found,  
Asking questions to the teachers  
With a wisdom which astounds.**

**In His Father's House they found him  
God and Man – a Child of twelve –  
Speaking with great understanding  
Unto the amazed crowd.**

**Mary asks her Son, astonished,  
With heart wond'ring and perplexed,  
"Why didst Thou treat us in this way?  
Sorely have our hearts been vexed!"**

**Kindly looking on His Mother,  
Jesus Christ now makes reply,  
"Didst thou not know I would be here,  
Where my Father doth abide?"**

**Yet doth Mary treasure these things,  
Pond'ring them within her heart.  
Let us too think on this myst'ry:  
Our God takes the humblest part!**

**Glory be to God the Father,  
And unto His only Son,  
And unto the Holy Spirit,  
Only God, blest Three in One!**

*Words: Noah Townsend, © 2013 (alt.)*

Psalms 132  
Readings Hosea 11: 1-9; Luke 2: 41-end  
Canticles Fauxbourdons *Matthew Owens (b. 1971)*

Anthem Joseph, fili David

Angelus Domini apparuit Joseph, dicens: Joseph, fili David, noli timere accipere Mariam conjugem tuam noli timere quod enim in ea, in ea natum est de Spiritu Sancto est, noli timere pariet autem filium, noli timere Joseph fili David et vocabis nomen ejus Jesum.

*The angel of the Lord appeared to Joseph, saying: "Joseph, son of David, do not fear to take Mary as your wife, do not fear for the child conceived in her is of the Holy Spirit, do not fear for she will bear a son, do not fear, Joseph, son of David, you shall call his name Jesus."*

Words: *Matthew 1 v 20 & 21*

Music: *Matthew Owens (b. 1971)*

Final responses Plainsong

## FEAST OF ST JOSEPH

Tuesday 19 March *Girls' voices*

Responses *Laurence Lyndon-Jones (b. 1987)*

Office hymn Lord, hear the praises (NEH t. 190ii)

COELITES PLAUDANT

From the *Rouen Antiphoner 1728*

The image shows a musical score for a hymn. It consists of four staves of music, each starting with a treble clef. The music is written in a simple, melodic style. The first three staves end with a double bar line. The fourth staff continues the melody and ends with a double bar line. Below the fourth staff, there is a small 'A' followed by a dash and the word 'men.', indicating a mensural sign.

**Lord, hear the praises of thy faithful people  
gathered to honour, on this holy feast-day,  
Joseph thy servant, guardian of the Christ-child,  
husband of Mary.**

**Second in honour to the Virgin Mother,  
gladly he yielded to his high vocation,  
when in a vision he was told the story  
of her conceiving.**

**And when the Saviour, whom prophetic voices  
long has predicted, lay within the manger,  
mother and infant, by his strong protection,  
rested securely.**

**May his example give to us thy servants  
love of Christ Jesus, bringer of salvation,  
that with Saint Joseph we at length may praise thee  
in life eternal.**

**Almighty Father, unto thee be glory,  
with Christ our Saviour and the Holy Spirit,  
from all thy people, here and in thy heaven,  
now and for ever. Amen.**

*Words: NEH Editors*

Psalms	1 & 112
Readings	Genesis 50: 22-26; Matthew 2: 13-23
Canticles	Evening service in F <i>Sydney Watson (1903-1991)</i>
Anthem	Et Misericordia eius

Et misericordia eius a progenie in progenies timentibus eum.

*And his mercy is from generation unto generations, to them that fear him.*

*Words: Luke 1: 50*

*Music: Johann Sebastian Bach (1685-1750)*

Final responses *James Davy (b. 1980)*

## **Wednesday 20 March**

### **Cuthbert, Bishop of Lindesfarne, Missionary, 687**

Psalm	104
Readings	Jeremiah 18: 18-20; Matthew 20: 17-28
Antiphon & Canticle	See page 6



Remember your pro-mise of mercy,  
to Abraham and his children for ever.



- 1 My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Saviour; •  
he has looked with favour on his lowly servant.
- 2 From this day all generations will call me blessed; •  
the Almighty has done great things for me and holy is his name.
- 3 He has mercy on those who fear him, •  
from generation to generation.
- 4 He has shown strength with his arm •  
and has scattered the proud in their conceit,
- 5 Casting down the mighty from their thrones •  
and lifting up the lowly.
- 6 He has filled the hungry with good things •  
and sent the rich away empty.
- 7 He has come to the aid of his servant Israel, •  
to remember his promise of mercy,
- 8 The promise made to our ancestors, •  
to Abraham and his children for ever. *Luke 1.46-55*

Glory to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning is now and shall be for ever. Amen.

*The antiphon is repeated*

**Thomas Cranmer, Archbishop of Canterbury,  
Reformation Martyr, 1556**

Responses

*Thomas Tallis (1505-1585)*

Office hymn

Praise to God for saints and martyrs (NEH t. 474)

EBENEZER (TON - Y - BOTEL)

From an anthem by  
Thomas Williams 1869-1944

The musical score consists of five staves of music in G minor (three flats). The first staff begins with a repeat sign. The music features several triplet markings (indicated by a '3' above a bracket) over eighth and sixteenth notes. The piece concludes with a double bar line and repeat dots.

**Praise to God for saints and martyrs,  
 inspiration to us all;  
 in the presence of our Saviour,  
 their example we re-call:  
 lives of holy contemplation,  
 sacrifice or simple love,  
 witnesses to truth and justice,  
 honoured here and crowned above.**

**How we long to share their story,  
 faithful in response to grace,  
 signs of God's eternal presence  
 in the realm of time and space.  
 Now, their pilgrimage completed,  
 cross of Christ their only boast,  
 they unite their own rejoicing  
 with the great angelic host.**

**Saints and martyrs, now in glory,  
robed before your Saviour's face,  
let us join your intercession  
for God's holy human race.  
Let us join with you in singing  
Mary's liberation song,  
till a just and free creation,  
with the angelic throng:**

**Praise and honour to the Father,  
adoration to the Son,  
with the all-embracing Spirit  
wholly Three and holy One.  
All the universe, united  
in complete diversity,  
sings as one your endless praises,  
ever-blesséd Trinity!**

*Words: © 1999 Kevin Mayhew Ltd.*

Psalm	106
Readings	Jeremiah 17: 5-10; Luke 16: 19-end
Canticles	The Dorian service <i>Thomas Tallis</i>
Anthem	Lord, for thy tender mercy's sake

Lord, for thy tender mercy's sake, lay not our sins to our charge, but forgive that is past, and give us grace to amend our sinful lives. To decline from sin and incline to virtue, that we may walk in a perfect heart before thee, now and evermore. Amen.

*Words: Lidley's Prayers, 1566*

*Music: John Hilton (1599 - 1657)*

Final responses                      *Stephen Cleobury (b. 1948)*

## Friday 22 March

Responses

*Orlando Gibbons (1583-1625) & John Barnard (b. 1948)*

Office hymn

O kind creator bow thine ear (t. 60i)

AUDI BENIGNE Mode ii

A - men. \_\_\_\_\_

**O kind Creator, bow thine ear  
to mark the cry, to know the tear  
before thy throne of mercy spent  
in this thy holy fast of Lent.**

**Our hearts are open, Lord, to thee:  
thou knowest our infirmity;  
pour out on all who seek thy face  
abundance of thy pardoning grace.**

**Our sins are many, this we know;  
spare us, good Lord, thy mercy show;  
and for the honour of thy name  
our fainting souls to life reclaim.**

**Give us the self-control that springs  
from discipline of outward things,  
that fasting inward secretly  
the soul may purely dwell with thee.**

**We pray thee, Holy Trinity,  
One God, unchanging Unity,  
that we from this our abstinence  
may reap the fruits of penitence. Amen.**

*Words: Audi benigne Conditor,  
attributed to Gregory the Great (545-604)  
translated Thomas Alexander Lacey (1853-1931)*

Psalms	108 & 109
Readings	Genesis 37: 3-4, 12-13, 17-28; Matthew 21: 33-43, 45-46
Magnificat	Primi toni Cipriano de Rore (1515-1565)
Nunc dimittis	Plainsong
Anthem	Salvator mundi

Salvator mundi, salva nos, qui per crucem et sanguinem redemisti nos; auxiliare nobis te deprecamur, Deus noster.

*Saviour of the world, save us: you who have redeemed us by your cross and blood; our God, we beseech you to come to our aid.*

Words: *Salvator Mundi*

Music: *Thomas Tallis (1505-1585)*

Final responses

*Edward Naylor (1867-1934)*

### **Saturday 23 March**

Psalms	114 & 115
Readings	Micah 7: 14-15, 18-20; Luke 15: 1-3, 11-end
Antiphon & Canticle	See page 6



**REGULAR SERVICES AT  
CHELMSFORD CATHEDRAL**

**SUNDAYS**

**8.00am Holy Communion**

*A simple said celebration lasting about 35 minutes*

**8.30am Breakfast with the Bible**

*A half-hour Bible study in the Chapter House*

**9.30am Parish Eucharist**

*A lively celebration for people of all ages lasting about an hour,  
with Junior Church and Crèche (during term time)*

**11.15am Choral Eucharist or Matins**

*Sung by the Cathedral Choir lasting about an hour*

**3.30pm Evensong**

*Sung by the Cathedral Choir lasting about 45 minutes*

**WEEKDAYS AND SATURDAYS**

**7.45am Morning Prayer**

*A very simple time of prayer with psalms and readings,  
lasting about 15 minutes and followed by 15 minutes of silence*

**8.15am Holy Communion**

*A simple celebration lasting about 25 minutes*

**12.00pm Midday Prayers**

*An invitation to enjoy the stillness of the Cathedral*

**5.15pm Evensong**

**(Term time – except Wednesdays and most Saturdays  
when Evening Prayer is said)**

*A meditative service with beautiful music lasting about 40 minutes*

**Holy Communion is celebrated at 12.35pm  
on Wednesday and at 10am on Thursday**



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CATHEDRAL

visit us online at  
[chelmsfordcathedral.org.uk](http://chelmsfordcathedral.org.uk)