



# Daily Prayer

Simon and Jude the Apostles

# Chelmsford Cathedral Morning Prayer

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*Simon and Jude the Apostles*

**All**    O Lord, open our lips  
**and our mouth shall proclaim your praise.**

Your faithful servants bless you.

**All**    **They make known the glory of your kingdom.**

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*This hymn or another is sung:*

**The eternal gifts of Christ the king,  
The apostles' glorious deeds, we sing,  
And all with hearts of gladness raise  
Our hymns of thankful love and praise.**

**These princes of the Church in light,  
Triumphant leaders in the fight,  
Who stand their guard in heaven above,  
Enlighten us with truth and love.**

**Theirs is the steadfast faith of saints,  
Unconquered hope that never wanes,  
And love of Christ that will not fail,  
But over evil still prevails.**

**In them the Father's glory shone;  
In them rejoices God the Son,  
In them is done the Spirit's will;  
And heaven with praise is ringing still.**

**Redeemer, hear us in your love,  
And bring us with your saints above,  
That we with them may find a place  
Within the kingdom of your grace.**

*Words: Compilation, © 1995 Panel of Monastic Musicians*

*Tune: Plainsong, CROSS DEEP - Barry Rose, or Long Metre tune.*

*The opening prayer is said*

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you; now and for ever.

**All Amen.**

**PSALMS:** 49 and 117, concluding with:

**All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*One of the following canticles may be used:*

*Canticle: A Song of the Lord's Anointed*

**All The Lord has anointed me  
and sent me to bring good news to the oppressed.**

1 The Spirit of the Lord is upon me  
because he has anointed me.

2 He has sent me to bring good news to the oppressed,  
to bind up the broken-hearted,

3 To proclaim liberty to the captives,  
and the opening of the prison to those who are bound;

4 To proclaim the year of the Lord's favour,  
to comfort all who mourn,

5 To give them a garland instead of ashes,  
the oil of gladness instead of mourning,  
the mantle of praise instead of a faint spirit,

6 That they may be called oaks of righteousness,  
the planting of the Lord, that he may be glorified.

7 For as the earth puts forth her blossom,  
and as seeds in the garden spring up,

8 So shall the Lord God make righteousness and praise  
blossom before all the nations.

9 You shall be called priests of the Lord;

they shall speak of you as ministers of our God. *Isaiah 61.1-3,11,6a*

**All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**All The Lord has anointed me  
and sent me to bring good news to the oppressed.**

**Or:**

*Canticle: Te Deum Laudamus - A Song of the Lord's Anointed*

1 We praise you, O God,  
we acclaim you as the Lord;

2 all creation worships you,  
the Father everlasting.

3 To you all angels, all the powers of heaven,  
the cherubim and seraphim, sing in endless praise:

**4 Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

5 The glorious company of apostles praise you.  
The noble fellowship of prophets praise you.

6 The white-robed army of martyrs praise you.  
Throughout the world the holy Church acclaims you:

**7 Father, of majesty unbounded,  
your true and only Son, worthy of all praise,  
the Holy Spirit, advocate and guide.**

8 You, Christ, are the King of glory,  
the eternal Son of the Father.

9 When you took our flesh to set us free  
you humbly chose the Virgin's womb.

10 You overcame the sting of death  
and opened the kingdom of heaven to all believers.

11 You are seated at God's right hand in glory.  
We believe that you will come and be our judge.

12 **Come then, Lord, and help your people,  
bought with the price of your own blood,  
and bring us with your saints  
to glory everlasting.**

[Save your people, Lord, and bless your inheritance.

**All Govern and uphold them now and always.**

Day by day we bless you.

**All We praise your name for ever.**

Keep us today, Lord, from all sin.

**All Have mercy on us, Lord, have mercy.**

Lord, show us your love and mercy,

**All for we have put our trust in you.**

In you, Lord, is our hope:

**All let us never be put to shame].**

**All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*Reading*

Wisdom 5:1-16 or Isaiah 45:18-26

*After a short pause for reflection, this responsory is said*

I will sing for ever of your love, O Lord,

**All my lips shall proclaim your faithfulness.**

The heavens bear witness to your wonders;

**All I will sing for ever of your love, O Lord,**

The assembly of your saints proclaims your truth;

**All my lips shall proclaim your faithfulness.**

Righteousness and justice are the foundation of your throne;

Steadfast love and faithfulness go before you..

**All I will sing for ever of your love, O Lord,**

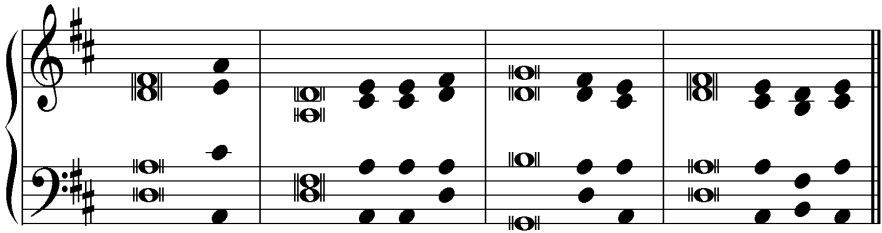
**my lips shall proclaim your faithfulness.** *From Psalm 89*

Gospel Canticle – Benedictus

Refrain



You did not choose me but I chose you  
And I appointed you to go out and bear fruit, fruit that will last.



- 1 Blessed be the Lord the God of Israel, •  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, •  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old •  
to save us from our enemies, from the hands of all that hate us
- 4 To show mercy to our ancestors, •  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: •  
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, •  
holy and righteous in his sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, •  
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation •  
by the forgiveness of all their sins.

- 9 In the tender compassion of our God •  
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness  
and the shadow of death, •  
and to guide our feet into the way of peace. *Luke 1.68–79*  
Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

You did not choose me but I chose you  
And I appointed you to go out and bear fruit, fruit that will last.

*Prayers of intercession and thanksgiving are offered.*

*The Collect of the day is used:*

Almighty God,  
who built your Church upon the foundation of the apostles and  
prophets,  
with Jesus Christ himself as the chief cornerstone:  
so join us together in unity of spirit by their doctrine,  
that we may be made a holy temple acceptable to you;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

*All* **Amen**

*The Lord's Prayer*

Uniting our prayers with the whole company of heaven,  
as our Saviour has taught us, so we pray

**All** **Our Father in heaven,**  
**hallowed be your name,**  
**your kingdom come,**  
**your will be done,**  
**on earth as in heaven.**  
**Give us today our daily bread.**  
**Forgive us our sins**  
**as we forgive those who sin against us.**  
**Lead us not into temptation**  
**but deliver us from evil.**  
**For the kingdom, the power,**  
**and the glory are yours**  
**now and for ever. Amen.**

*The Gospel reading for the day may be read here:*

John 15:17-27

*The conclusion*

May Christ, who has opened the kingdom of heaven,  
bring us to reign with him in glory.

**All** **Amen.**

Let us bless the Lord.

**All** **Thanks be to God.**



# Chelmsford Cathedral

## Evening Prayer

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*Simon and Jude the Apostles*

*All* O Lord, open our lips  
**and our mouth shall proclaim your praise.**

Your faithful servants bless you.

*All* **They make known the glory of your kingdom.**

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*This or another office hymn is sung:*

**Give me the wings of faith to rise  
within the veil, and see  
the saints above, how great their joys,  
how bright their glories be.**

**Once they were mourning here below,  
and wet their couch with tears;  
they wrestled hard, as we do now,  
with sins and doubts and fears.**

**I ask them whence their victory came:  
they, with united breath,  
ascribe their conquest to the Lamb,  
their triumph to his death.**

**They marked the footsteps that he trod,  
his zeal inspired their breast,  
and, following their incarnate God,  
possess the promised rest.**

**Our glorious Leader claims our praise  
for his own pattern given;  
while the long cloud of witnesses  
show the same path to heaven.**

*Words: Isaac Watts Tune: Common Metre*

*The opening prayer is said*

That this evening may be holy, good and peaceful,  
let us pray with one heart and mind.

*Silence is kept.*

As our evening prayer rises before you, O God,  
so may your mercy come down upon us  
to cleanse our hearts and set us free to sing your praise  
now and for ever.

*All* **Amen.**

## **PSALMS**

Psalm 119: 1-16, *ending with:*

**Glory to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*Canticle: A Song of Christ's Appearing*

**Refrain:**

**All Christ was believed in throughout the world  
and taken up in glory.**

1 Christ Jesus was revealed in the flesh  
and vindicated in the spirit.

2 He was seen by angels  
and proclaimed among the nations.

3 Believed in throughout the world,  
he was taken up in glory.

4 This will be made manifest at the proper time  
by the blessed and only Sovereign,

5 Who alone has immortality,  
and dwells in unapproachable light.

**All To the King of kings and Lord of lords  
be honour and eternal dominion. Amen.**

*1 Timothy 3.16; 6.15,16*

**All Christ was believed in throughout the world  
and taken up in glory.**

Or:

*Canticle: A Song of the Redeemed*

**All Salvation belongs to our God,  
who will guide us to springs of living water.**

- 1 Behold, a great multitude  
which no one could number,  
2 From every nation,  
from all tribes and peoples and tongues,  
standing before the throne and the Lamb.  
3 They were clothed in white robes  
and had palms in their hands,  
and they cried with a loud voice, saying,  
4 'Salvation belongs to our God  
who sits on the throne,  
and to the Lamb.'  
5 These are they  
who have come out of the great tribulation,  
they have washed their robes  
and made them white in the blood of the Lamb;  
6 Therefore they stand before the throne of God,  
whom they serve day and night within the temple.  
7 And the One who sits upon the throne  
will shelter them with his presence.  
8 They shall never again feel hunger or thirst,  
the sun shall not strike them,  
nor any scorching heat.  
9 For the Lamb at the heart of the throne  
will be their Shepherd,  
10 He will guide them to springs of living water,  
and God will wipe away every tear from their eyes.

Revelation 7.9,10,14b-17

**All To the One who sits on the throne and to the Lamb  
be blessing and honour and glory and might,  
for ever and ever. Amen.**

**All Salvation belongs to our God,  
who will guide us to springs of living water.**

The Gospel for the day may be read:

John 15:17-27

After a short pause for reflection, this responsory is said

Lord, you will guide me with your counsel  
and afterwards receive me with glory.

**All Lord, you will guide me with your counsel  
and afterwards receive me with glory.**

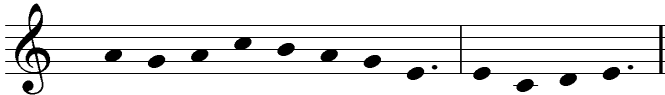
For I am always with you;  
you hold me by my right hand.

**All And afterwards receive me with glory.**

Glory to the Father and to the Son  
and to the Holy Spirit

**All Lord, you will guide me with your counsel  
and afterwards receive me with glory.** *from Psalm 73*

Gospel Canticle – Magnificat



**All** On the foundation stones of the heavenly city  
are written the names of the apostles of the Lamb.



- 1 My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Saviour; •  
he has looked with favour on his lowly servant.
- 2 From this day all generations will call me blessed; •  
the Almighty has done great things for me and holy is his name.
- 3 He has mercy on those who fear him, •  
from generation to generation.
- 4 He has shown strength with his arm •  
and has scattered the proud in their conceit,

- 5 Casting down the mighty from their thrones •  
and lifting up the lowly.
- 6 He has filled the hungry with good things •  
and sent the rich away empty.
- 7 He has come to the aid of his servant Israel, •  
to remember his promise of mercy,
- 8 The promise made to our ancestors, •  
to Abraham and his children for ever.

Luke 1.46-55

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*All* On the foundation stones of the heavenly city  
are written the names of the apostles of the Lamb.

*Prayers of intercession and thanksgiving are offered.*

*The Collect of the day may be used:*

Almighty God,  
who built your Church upon the foundation of the apostles and  
prophets,  
with Jesus Christ himself as the chief cornerstone:  
so join us together in unity of spirit by their doctrine,  
that we may be made a holy temple acceptable to you;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

*All* **Amen**

## The Lord's Prayer

Uniting our prayers with the whole company of heaven,  
as our Saviour has taught us, so we pray

*All* **Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever. Amen.**

*The Conclusion*

May Christ, who has opened the kingdom of heaven,  
bring us to reign with him in glory.

*All* **Amen.**

Let us bless the Lord.

*All* **Thanks be to God.**

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