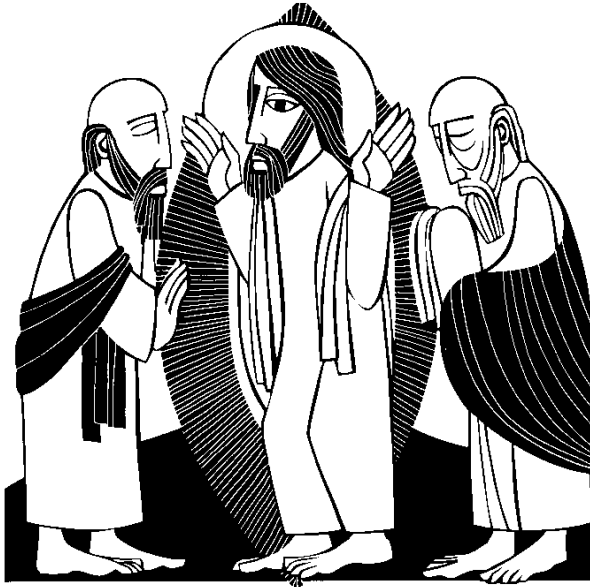


Chelmsford Cathedral



***The Eucharist
on the Twentieth Sunday after Trinity***

*Sunday 17th October
at 10.30am*

*President: The Revd Kate Moore
Preacher: The Very Revd Nicholas Henshall*

You are warmly welcomed to the Eucharist at Chelmsford Cathedral. Today is the Twentieth Sunday after Trinity.

Everything you need for this celebration is in this booklet. Please ensure that your mobile phone is switched off.

Hearing Aids: There is a loop system installed throughout the church. If you are a hearing aid user, please turn it to **T**.

Music: The setting of the Sanctus and Benedictus is from the Mass of St Cedd by Peter Nardone (b. 1965). The Gloria and Agnus Dei are sung to the Communion setting in D by Kenneth Leighton (1929 – 1988). The music is sung by the Cathedral Choir and the organist is Hilary Punnett, Assistant Organist and Director of the Girls' Choir.

You are warmly invited to make a financial contribution to the life of the cathedral by making a donation using the contactless giving plates near the doors. Your gift will be used to enable us to deliver our ministry in its varied forms, from hosting community events, cultural activities, maintaining free entry to this glorious building, supporting our musical and worship tradition and much more. If you would like to find out more about our planned giving scheme, please ask one of the stewards. To donate online, please visit the cathedral website, scroll towards the bottom of the page and under the heading "supporting your cathedral" click the link. You can also donate by scanning the QR code below. Thank you.

Receiving communion: You are invited to receive communion (in one kind – the bread) at your seat. Please hold out your hands to receive and the bread will be placed in your hands.

Gluten-free wafers are available. Please speak to one of the stewards.

If the alarm sounds, please exit the Cathedral and, if safe, assemble at the rear of the Shire Hall in the South Eastern corner of the churchyard. Please leave your belongings until it is safe to collect them.

Rubrics: Please stand or sit as is comfortable for you.

Live stream: This service is being live streamed to the Chelmsford Cathedral Facebook page.

Do join us for coffee outside after the service.

Car park code: 1603

If you would like to know more about the Christian faith and the life of the Christian community in this place, please ring 01245 294486 or visit us at chelmsfordcathedral.org.uk.



Music copyright permission to copy words and music covered by One License A-633635.

Music before the Service

Herr Jesu Christ, du hoechstes Gut, BWV 1114

J S Bach (1685 – 1750)

¶ **The Gathering**

Before the celebration begins, the congregation is welcomed.

Please stand

Hymn (NEH 433)

HANOVER

Melody by William Croft 1678-1727 in
A Supplement to the New Version 1708



**O worship the King, all glorious above;
O gratefully sing his power and his love:
our shield and defender, the Ancient of days,
pavilioned in splendour, and girded with praise.**

**O tell of his might, O sing of his grace,
whose robe is the light, whose canopy space;
his chariots of wrath the deep thunder-clouds form,
and dark is his path on the wings of the storm.**

**This earth, with its store of wonders untold,
Almighty, thy power hath founded of old:
hath stablished it fast by a changeless decree,
and round it hath cast, like a mantle, the sea.**

**Thy bountiful care what tongue can recite?
It breathes in the air, it shines in the light;
it streams from the hills, it descends to the plain,
and sweetly distils in the dew and the rain.**

**Frail children of dust, and feeble as frail,
in thee do we trust, nor find thee to fail;
thy mercies how tender! how firm to the end!
Our maker, defender, redeemer and friend.**

**O measureless might, ineffable love,
while angels delight to hymn thee above,
thy humbler creation, though feeble their lays,
with true adoration shall sing to thy praise.**

*Words by Robert Grant (1779-1838)
based on Psalm 104*

The President says

In the name of the Father, and of the Son,
and of the Holy Spirit.

All **Amen.**

The Greeting

The President says

The grace of our Lord Jesus Christ, the love of God,
and the fellowship of the Holy Spirit be with you all

All **and also with you.**

Prayers of Penitence

The Deacon says

The grace of God has dawned upon the world with healing for all.
Let us come to him in sorrow for our sins, seeking healing and
salvation. *Titus 2:11*

Silence is kept for a short while

God be gracious to us and bless us,
and make your face shine upon us:
Lord, have mercy.

All **Lord, have mercy.**

May your ways be known on the earth,
your saving power among the nations:
Christ, have mercy.

All **Christ, have mercy.**

You, Lord, have made known your salvation,
and reveal your justice in the sight of the nations:
Lord, have mercy.

All **Lord, have mercy.**

The President says

May almighty God have mercy on us,
forgive us our sins,
and bring us everlasting life.

All **Amen.**

We remain standing as the choir sings

The Gloria

Glory be to God on high, and in earth peace, goodwill towards men. We praise thee. We bless thee. We worship thee. We glorify thee. We give thanks to thee for thy great glory. Lord God, Heavenly King, God the Father Almighty. O Lord the Only-begotten Son, Jesus Christ. O Lord God, Lamb of God, Son of the Father. Thou that takest away the sins of the world have mercy on us. Thou that takest away the sins of the world receive our prayer. Thou sittest at the right hand of the Father, have mercy on us. For thou only art holy. Thou only art the Lord. Thou only art the Most High, Jesus Christ. With the Holy Spirit in the glory of God the Father. Amen.

The Collect

The President says Let us pray. *The congregation, still standing, remains for a short time in silent prayer, after which the President prays:*

Most glorious God,
in Jesus you show us
that your will is to save.
Grant to us your people
the boldness to desire a place in your kingdom,
the courage to drink the cup of suffering,
and the grace to find in service
the glory you promise.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you
in the unity of the Holy Spirit,
God for ever and ever.

All **Amen.**

Please sit



The Liturgy of the Word

The First Reading

Isaiah 53 v 4 - 12

Surely he has borne our infirmities and carried our diseases; yet we accounted him stricken, struck down by God, and afflicted. But he was wounded for our transgressions, crushed for our iniquities; upon him was the punishment that made us whole, and by his bruises we are healed. All we like sheep have gone astray; we have all turned to our own way, and the LORD has laid on him the iniquity of us all.

He was oppressed, and he was afflicted, yet he did not open his mouth; like a lamb that is led to the slaughter, and like a sheep that before its shearers is silent, so he did not open his mouth. By a perversion of justice he was taken away. Who could have imagined his future? For he was cut off from the land of the living, stricken for the transgression of my people. They made his grave with the wicked and his tomb with the rich, although he had done no violence, and there was no deceit in his mouth.

Yet it was the will of the LORD to crush him with pain. When you make his life an offering for sin, he shall see his offspring, and shall prolong his days; through him the will of the LORD shall prosper. Out of his anguish he shall see light; he shall find satisfaction through his knowledge. The righteous one, my servant, shall make many righteous, and he shall bear their iniquities. Therefore I will allot him a portion with the great, and he shall divide the spoil with the strong; because he poured out himself to death, and was numbered with the transgressors; yet he bore the sin of many, and made intercession for the transgressors.

We long for your salvation, O Lord:

All

grant us understanding that we may live.

Psalm
Psalm 91 v 9 - 16



Because you have made the Lord your refuge
and the Most High your stronghold,
There shall no evil happen to you:
neither shall any plague come near your tent.

Response

For he shall give his angels charge over you
to keep you in all your ways.
They shall bear you in their hands
lest you dash your foot against a stone.
You shall tread upon the lion and adder
the young lion and the serpent you shall trample underfoot.

Response

Because they have set their love upon me,
therefore will I deliver them
I will lift them up, because they know my name.
They will call upon me and I will answer them
I am with them in trouble I will deliver them
and bring them to honour.
With long life will I satisfy them
and show them my salvation.

Response

Please stand

Alleluia

Choir *Alleluia...*
All **Alleluia...**



Choir *Welcome with meekness the implanted word
that has the power to save your souls.*
All **Alleluia...**

The Gospel Reading

Mark 10 v 35 - 45

Hear the Gospel of our Lord Jesus Christ according to Mark.

All **Glory to you, O Lord.**

James and John, the sons of Zebedee, came forward to him and said to him, 'Teacher, we want you to do for us whatever we ask of you.' And he said to them, 'What is it you want me to do for you?' And they said to him, 'Grant us to sit, one at your right hand and one at your left, in your glory.' But Jesus said to them, 'You do not know what you are asking. Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?' They replied, 'We are able.' Then Jesus said to them, 'The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared.'

When the ten heard this, they began to be angry with James and John. So Jesus called them and said to them, 'You know that among the Gentiles those whom they recognize as their rulers lord it over them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many.'

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

Please sit

The Sermon

The Very Revd Nicholas Henshall

Music after the Sermon

Wenn dich Unglück tut greifen an, BWV 1104

J S Bach

Please stand

The Nicene Creed

The President says

Let us declare our faith in the Triune God,
Father, Son and Holy Spirit.

All **We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of Intercession

The President says

In the power of the Spirit and in union with Christ,
let us pray to the Father.

Please sit or kneel

This response is used after each bidding

Lord in your mercy,
All Hear our prayer.

After the final bidding the President says

God, our light and our salvation:
illuminate our lives,
that we may see your goodness in the land of the living,
and looking on your beauty
may be changed into the likeness of Jesus Christ our Lord.

All Amen.

¶ **The Liturgy of the Sacrament**

Please stand

The Peace

The President says

Christ is our peace,
He has reconciled us to God
in one body by the cross.
We meet in his name and share his peace.

The peace of the Lord be always with you
All and also with you.

The Deacon says

Let us offer one another a sign of peace.

Hymn (NEH 84)

HERONGATE

Essex Folk Song arranged by R. V. W.



**It is a thing most wonderful,
almost too wonderful to be,
that God's own Son should come from heaven,
and die to save a child like me.**

**And yet I know that it is true:
he chose a poor and humble lot,
and wept, and toiled, and mourned, and died
for love of those who loved him not.**

**But even could I see him die,
I could but see a little part
of that great love, which, like a fire,
is always burning in his heart.**

**It is most wonderful to know
his love for me so free and sure;
but 'tis more wonderful to see
my love for him so faint and poor.**

**And yet I want to love thee, Lord;
O light the flame within my heart,
and I will love thee more and more,
until I see thee as thou art.**

Words: W Walsham How (1823 - 1897)

Tune: Herongate

The Deacon says

Great is the mystery of faith.

All

Christ has died:

Christ is risen:

Christ will come again.

Father, we plead with confidence
his sacrifice made once for all upon the cross;
we remember his dying and rising in glory,
and we rejoice that he intercedes for us at your right hand.

Pour out your Holy Spirit as we bring before you
these gifts of your creation;
may they be for us the body and blood of your dear Son.

As we eat and drink these holy things in your presence,
form us in the likeness of Christ,
and build us into a living temple to your glory.

Remember, Lord, your Church in every land.
Reveal her unity, guard her faith,
and preserve her in peace.

Bring us at the last with Mary, Peter, Cedd and all the saints
to the vision of that eternal splendour
for which you have created us;
through Jesus Christ, our Lord,
by whom, with whom, and in whom,
with all who stand before you in earth and heaven,
we worship you, Father almighty, in songs of everlasting praise:

All

Blessing and honour and glory and power

be yours for ever and ever.

Amen.

Please sit or kneel

The Lord's Prayer

As our Saviour taught us, so we pray:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

Breaking of the Bread

The President breaks the consecrated bread saying

We break this bread to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

The choir sings Agnus Dei, during which the bread is broken for all

*O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, grant us thy peace.*

The Giving of Communion

The President says

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

All **Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

Those in the Cathedral receive communion (from their seats). Please indicate if you wish to receive Communion by holding out your hands. If you simply wish to receive a blessing, please keep your head bowed.

Spiritual Communion

If you are worshipping online, while the congregation in the Cathedral receives communion, you are invited to use this prayer of spiritual communion wherever you are.

Thanks be to you, Lord Jesus Christ,
for all the benefits you have given me,
for all the pains and insults you have borne for me.
Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
O most merciful redeemer, friend and brother,
may I know you more clearly,
love you more dearly, and follow you more nearly,
day by day. Amen.

after the Prayer of St Richard of Chichester

Motet during Communion

Sicut cervus desiderat ad fontem aquarum, ita desiderat anima mea ad te, Deus.

As a deer longs for springs of water, so my soul longs for you, O God

Text: Psalm 41 v. 1

Music: Giovanni Pierluigi da Palestrina (1525 - 1594)

Prayer after Communion

The President says Let us pray. A moment of silence is kept. The President then says the Post Communion Prayer

God our Father,
whose Son, the light unfailing,
has come from heaven to deliver the world
from the darkness of ignorance:
let these holy mysteries open the eyes of our understanding
that we may know the way of life,
and walk in it without stumbling;
through Jesus Christ our Lord.

All **Amen.**

All **Almighty God,**
we thank you for feeding us
with the body and blood of your **Son Jesus Christ.**
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.

Please stand

¶ The Dismissal

Hymn (NEH 393)

MANNHEIM

Melody in F. Filitz's *Choralbuch* 1847



**Lead us, heavenly Father, lead us
o'er the world's tempestuous sea;
guard us, guide us, keep us, feed us,
for we have no help but thee;
yet possessing every blessing
if our God our Father be.**

**Saviour, breathe forgiveness o'er us,
all our weakness thou dost know;
thou didst tread this earth before us,
thou didst feel its keenest woe;
self denying, death defying,
thou to Calvary didst go.**

**Spirit of our God, descending,
fill our hearts with heavenly joy;
love with every passion blending,
pleasure that can never cloy;
thus provided, pardoned, guided,
nothing can our peace destroy.**

Words: James Edmeston (1791 - 1867)

The Blessing

The President blesses the people

May God, who in Christ gives us a spring of water
welling up to eternal life, perfect you in the image of his glory;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

The Dismissal

The Deacon says

Go in the peace of Christ.

All **Thanks be to God.**

Organ Voluntary

Allegro from Concerto in A minor, after Vivaldi, BWV 593 *J S Bach*

Music Notes

The music before the service and after the sermon this morning comes from the Neumeister collection of chorales. This collection of small chorale prelude settings was already long forgotten when it was rediscovered in the 1980s. It takes its name from Johann Gottfried Neumeister, an 18th century organist and teacher, who compiled the chorales. Within this collection, over 30 previously unknown chorales by J S Bach were identified. The collection was likely created or copied to demonstrate the kind of chorale prelude any organist would have been expected to be able to improvise. The prelude before the service is based on the chorale 'Lord Jesus Christ, you highest good', and the melody may be heard ornamented in the right hand. The prelude after the sermon is about God's faithfulness to us, and is small in scale and slightly mournful in tone, reflecting our suffering. The music after the service is a transcription by J S Bach of one movement from Vivaldi's *Concert in A minor* – Bach was very interested in Vivaldi's compositional style, and his transcription is quite close to the original music by Vivaldi. Bach felt he could learn from Vivaldi, and undoubtedly used this transcription to better understand Vivaldi's composition.

Safeguarding at Chelmsford Cathedral

Do you have a concern about a child or a vulnerable adult?

You must report that concern directly to our Cathedral Safeguarding Lead

Ms Lisa Blaco

Telephone: 07902 225131

Email: safeguarding@chelmsfordcathedral.org.uk

If she is unavailable, you must report your concern to our Assistant Safeguarding Lead

Revd Kate Moore

Telephone: 07860 459465

Email: safeguarding@chelmsfordcathedral.org.uk

If you have information about a safeguarding situation where a child or adult is in immediate danger call the emergency services on 999

To contact your local police to report a non-emergency concern call 101

CHELMSFORD CATHEDRAL WORSHIP

Join us during the week for prayer online, or in person, at the following times every day:

Weekdays

7.45am: Morning Prayer

8.15am: Eucharist

10.30am: Eucharist on Thursdays*

5.15pm: Evensong on Mondays*, Tuesdays*, Thursdays & Fridays

Sundays

7.45am: Morning Prayer

8am: Eucharist (BCP)

8.45am: Breakfast with the Bible

10.30am: Eucharist

11.30am: Coffee

3.30pm: Evensong

For details of how to listen live or later, visit our website chelmsfordcathedral.org.uk and find our Regular Worship page.

*available to join in person only

Visit us at chelmsfordcathedral.org.uk

