



CHELMSFORD  
**CATHEDRAL**



***The Holy Eucharist***  
***Trinity Sunday***

*Sunday 31 May*  
*at 11.15am*

*President: The Very Revd Jessica Martin*  
*Preacher: The Revd Canon Judith Maltby*

**Welcome to Chelmsford Cathedral.** Everything you need for this celebration is in this booklet. Please ensure that your mobile phone is switched off and keep your belongings with you.

**Music.** The mass setting is the Communion Service in F by Herbert Sumsion (1899-1995). The choir is directed by Emma Gibbins, the Director of Music. The organ is played by Samuel Bristow, the Assistant Director of Music.

**Receiving Communion.** All who have been baptised are invited to receive Holy Communion or to receive a blessing as is your custom. Please come in two single files down the centre of the nave to one of the Communion stations, and hold out your hands to receive the consecrated bread. **Please do not intinct** (dip) the wafer into the consecrated wine. To receive a blessing, please bow your head. Gluten-free wafers are also available; please speak to one of the stewards on duty.

**Hearing Aids.** There is a loop system installed throughout the Cathedral. If you are a hearing aid user, please turn it to **T**.

**If the alarm sounds,** please exit the Cathedral and, if safe, assemble at the rear of the Shire Hall in the South Eastern corner of the churchyard. Please leave your belongings until it is safe to collect them.

**Rubrics:** Please stand or sit as is comfortable for you.

**Please make a financial contribution to the maintenance and ministry of the Cathedral.** You can use the contactless giving plates near the doors or by scanning the QR code here. A collection will be taken during the service.



**Live stream:** This service is being live streamed to the Chelmsford Cathedral Facebook page.

**Car park code:** 1354

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## **Music notes**

This morning's final voluntary emanates from Bach's monumental volume Clavier-Übung III; a collection dating from his mature compositional period in Leipzig. The Prelude, which opens the set, is believed by scholars to be steeped in symbolism for the Holy Trinity through its use of the number three. In E-flat major (the key of three flats), the ritornello piece is founded on three separate themes with distinctive characters: representing the Father, Son, and Holy Spirit respectively.

# The Gathering

Before the service begins, the congregation is welcomed. Please stand to sing:

## Hymn

ST PATRICK

Melody from *Irish Music* as noted by George Petrie, 1903  
edited by Charles Villiers Stanford (1852-1924)



I bind unto myself today  
the strong name of the Trinity,  
by invocation of the same,  
the Three in One, and One in Three.

I bind unto myself today  
the virtues of the starlit heav'n,  
the glorious sun's life-giving ray,  
the whiteness of the moon at even,  
the flashing of the lightning free,  
the whirling wind's tempestuous shocks,  
the stable earth, the deep salt sea  
around the old eternal rocks.

I bind unto myself today  
the pow'r of God to hold and lead,  
his eye to watch, his might to stay,  
his ear to hearken to my need;  
the wisdom of my God to teach,  
his hand to guide, his shield to ward,  
the word of God to give me speech,  
his heavenly host to be my guard.

I bind unto myself the name,  
the strong name of the Trinity,  
by invocation of the same,  
the Three in One, and One in Three,  
of whom all nature hath creation,  
eternal Father, Spirit, Word.  
Praise to the Lord of my salvation:  
salvation is of Christ the Lord.

Words: Patrick of Ireland (attr.) (c.372-c.466),  
C. F. Alexander (1818-1895)

## The Greeting

*President* In the name of the Father, and of the Son,  
and of the Holy Spirit.

*All* **Amen.**

*All* The Lord be with you  
**and also with you.**

*The president offers some words of welcome and introduction.*

### Admission of Full Choristers

*After the welcome, the Dean and Director of Music move to the chancel step with Lucy, who is to be admitted as a full chorister.*

*Dean* It is a good thing to give thanks unto the Lord.

*Choir* **And to sing praises unto thy name, O thou most highest.**

*The Director of Music says:*

Madame Dean, I present to you Lucy, to be admitted as a Full Chorister in the Cathedral Choir.

*The Dean says*

Lucy, welcome: You have served this Cathedral Church as a Probationer and during this time have fulfilled all that has been required of you. It is now the time for you to take on more responsibility as a Full Chorister in the Cathedral Choir.

Therefore I ask these questions:

Will you use your gifts to inspire and uplift our worship so that all may be drawn to the beauty of God?

*Answer* *With the help of God, I will.*

Will you share in our fellowship and work with us to build a vision of God's glory?

*Answer* *With the help of God, I will.*

Lucy, I admit and welcome you as a Full Chorister into the ministry of this Cathedral Church.

*The Head Chorister places the surplice on the newly admitted Chorister.  
The congregation are invited to convey their support with applause.  
The musicians return to the Choir stalls and the Canon Precentor leads the Choir  
in the Choristers' prayer:*

*Choir Bless, O Lord, us thy servants who minister in thy temple:  
Grant that what we sing with our lips,  
we may believe in our hearts;  
And what we believe in our hearts, we may show forth in our lives;  
Through Jesus Christ our Lord.*

*All*     **Amen.**

## **The Prayers of Penitence**

*Deacon*    God the Father forgives us in Christ  
and heals us by the Holy Spirit.  
Let us therefore put away all anger and bitterness,  
all slander and malice,  
and confess our sins to God our redeemer.

*We keep a moment of quiet as we call to mind our sins.*

*All*        **Almighty God, our heavenly Father,  
we have sinned against you and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us, forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name. Amen.**

*President*   Almighty God, who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal; through Jesus Christ our Lord.

*All*        **Amen**

*Please be seated as the choir sings the Gloria.*

## **Gloria in Excelsis**

*GLORY be to God on high,  
and in earth peace, good will towards men.  
We praise thee, we bless thee, we worship thee,  
we glorify thee, we give thanks to thee for thy great glory,  
O Lord God, heavenly King, God the Father Almighty.  
O Lord, the only-begotten Son, Jesu Christ;  
O Lord God, Lamb of God, Son of the Father,  
that takest away the sins of the world, have mercy upon us.  
Thou that takest away the sins of the world,  
have mercy upon us.  
Thou that takest away the sins of the world,  
receive our prayer.  
Thou that sittest at the right hand of God the Father,  
have mercy upon us.  
For thou only art holy; thou only art the Lord;  
thou only, O Christ, with the Holy Ghost,  
art most high in the glory of God the Father. Amen.*

## **The Collect**

*President* Let us pray.

*We keep a moment of quiet prayer.*

Almighty and everlasting God,  
you have given us your servants grace,  
by the confession of a true faith,  
to acknowledge the glory of the eternal Trinity  
and in the power of the divine majesty  
to worship the Unity:  
keep us steadfast in this faith,  
that we may evermore be defended from all adversities;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit, one God, now and for ever.

*All*



**A - men.**

# ***The Liturgy of the Word***

## **The First Reading** *Isaiah 40.12–17, 27–31*

A reading from the book of the prophet Isaiah.

Who has measured the waters in the hollow of his hand and marked off the heavens with a span, enclosed the dust of the earth in a measure, and weighed the mountains in scales and the hills in a balance? Who has directed the spirit of the Lord, or as his counsellor has instructed him? Whom did he consult for his enlightenment, and who taught him the path of justice? Who taught him knowledge, and showed him the way of understanding? Even the nations are like a drop from a bucket, and are accounted as dust on the scales; see, he takes up the isles like fine dust. Lebanon would not provide fuel enough, nor are its animals enough for a burnt-offering. All the nations are as nothing before him; they are accounted by him as less than nothing and emptiness. Why do you say, O Jacob, and speak, O Israel, 'My way is hidden from the Lord, and my right is disregarded by my God'? Have you not known? Have you not heard?

The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

This is the word of the Lord.

*All*            **Thanks be to God.**

*The choir sings the Psalm.*

## **Psalm 8**

1. O Lord our Governor, how excellent is thy Name in all the world : thou that hast set thy glory above the heavens!
2. Out of the mouth of very babes and sucklings hast thou ordained strength, because of thine enemies : that thou mightest still the enemy and the avenger.
3. For I will consider thy heavens, even the works of thy fingers : the moon and the stars, which thou hast ordained.
4. What is man, that thou art mindful of him : and the son of man, that thou visitest him?
5. Thou madest him lower than the angels : to crown him with glory and worship.
6. Thou makest him to have dominion of the works of thy hands : and thou hast put all things in subjection under his feet;
7. All sheep and oxen : yea, and the beasts of the field;
8. The fowls of the air, and the fishes of the sea : and whatsoever walketh through the paths of the seas.
9. O Lord our Governor : how excellent is thy Name in all the world!

## **The Second Reading** *2 Corinthians 13.11–13*

A reading from the second letter of Paul to the Corinthians.

Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you. The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

This is the word of the Lord.

*All*           **Thanks be to God.**

*Please stand and turn to face the Gospel procession.*

## Gospel Acclamation



*Choir* Alleluia, Alleluia, Alleluia.

*All* **Alleluia, Alleluia, Alleluia.**

*Choir* Glory to the Father, and to the Son, and to the Holy Spirit,  
one God, who was, and who is, and who is to come,  
the Almighty.

*All* **Alleluia, Alleluia, Alleluia.**

## The Gospel Reading

*Matthew 28.16–20*

*Deacon* The Lord be with you

*All* **and also with you.**

Hear the Gospel of our Lord Jesus Christ  
according to Matthew.



Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshipped him; but some doubted. And Jesus came and said to them, ‘All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.’

This is the Gospel of the Lord.



*Please be seated.*

## The Sermon

*The Revd Canon Judith Maltby*

*Please stand.*

### The Nicene Creed

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate from the Holy Spirit  
and the Virgin Mary and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism**

**for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **Prayers of Intercession**

*President* In the power of the Spirit and in union with Christ,  
let us pray to the Father.

*The congregation sits or kneels.*

*At the end of the prayers the intercessor may say:*

*All* Merciful Father,  
**accept these prayers, for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

*At the end of the intercessions, please stand.*

## **The Liturgy of the Sacrament**

### **The Peace**

*President* Peace to you from God our heavenly Father.  
Peace from his Son Jesus Christ who is our peace.  
Peace from the Holy Spirit, the life-giver.

*All* The peace of the triune God be always with you.  
**and also with you.**

*Deacon* Let us offer one another a sign of peace.  
*We remain standing to sing the offertory hymn, during which a collection is taken.*

### **Hymn**



Holy, holy, holy! Lord God Almighty!  
 early in the morning our song shall rise to thee;  
 only thou art holy, merciful and mighty,  
 God in three persons, blessed Trinity!

Holy, holy, holy! all the saints adore thee,  
 casting down their golden crowns around the glassy sea;  
 cherubim and seraphim falling down before thee,  
 which were, and are, and evermore shalt be.

Holy, holy, holy! though the darkness hide thee,  
 though the sinful mortal eye thy glory may not see,  
 only thou art holy, there is none beside thee  
 perfect in power, in love, and purity.

Holy, holy, holy! Lord God almighty!  
 all thy works shall praise thy name in earth and sky and sea;  
 holy, holy, holy! merciful and mighty!  
 God in three Persons, blessed Trinity.

Words: Reginald Heber (1783-1826)

*Please remain standing.*

## The Eucharistic Prayer



The Lord be with you R: And al - so with you.



Lift up your hearts. R: We lift them to the Lord.



Let us give thanks to the Lord our God. R: It is right to give thanks and praise.

It is indeed right, our duty and our joy,  
always and everywhere to give you thanks,  
holy Father, almighty and eternal God.  
For with your only-begotten Son and the Holy Spirit  
you are one God, one Lord.  
All that you reveal of your glory,  
the same we believe of the Son  
and of the Holy Spirit, without any difference or inequality.  
We, your holy Church, acclaim you,  
Father of majesty unbounded,  
your true and only Son, worthy of all worship,  
and the Holy Spirit, advocate and guide.  
Three Persons we adore,  
one in being and equal in majesty.  
And so with angels and archangels,  
with cherubim and seraphim,  
we sing for ever of your glory:

*The choir sings the Sanctus and Benedictus:*

*Holy, holy, holy, Lord God of hosts,  
heaven and earth are full of thy glory.  
Glory be to thee, O Lord most high.*

*Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.*

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.

Do this, as often as you drink it,  
in remembrance of me.



Great is the mys - te - ry of faith: Christ has died. Christ is ris - en. Christ will come a - gain.

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once  
for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of Mary, Peter, Cedd and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father, for ever and ever.

*All*        **Amen.**

*Please sit or kneel.*

### **The Lord's Prayer**

*President*    Let us pray with confidence in the words our Saviour gave us

*All*        **Our Father, who art in heaven, hallowed be thy name;  
thy kingdom come; thy will be done,  
on earth as it is in heaven. Give us this day our daily  
bread. And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.**

### **Breaking of the Bread**

*President*    We break this bread to share in the body of Christ.

*All*        **Though we are many, we are one body,  
because we all share in one bread.**

*The choir sings the Agnus Dei:*

### **Agnus Dei**

*O Lamb of God, that takest away the sins of the world,  
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,  
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,  
grant us thy peace.*

## The Giving of Communion

*President* Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

*All* **Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*To indicate if you wish to receive Communion, please hold out your hands. If you simply wish to receive a blessing, please keep your head bowed.*

### Motet

Blessed angel spirits offer praise undying, ever crying:  
Holy, holy, holy, Lord God of Sabaoth.

Saints and martyrs praise thy name, Trinity life-giving,  
earthborn sorrow leaving before thy throne.  
Ever crying: Holy, holy, holy, Lord God of Sabaoth.

Father omnipotent, mighty in glory,  
Christ thy son our saviour, who died that we might live,

Holy Spirit, mystic dove dwelling with us evermore;  
we praise thee, blessed Trinity.

With the angels' sacred hymn all thy might proclaiming,  
with the mystic cherubim in songs of praise we join,

Holy, holy, holy, join we all in songs of praise for ever:  
Hallelujah, Lord God of Sabaoth.

*Words: Cherubic Hymn  
(tr. by W. G. Rotheby)*

*Music: Pyotr Ilyich Tchaikovsky (1840-1893)*

*We remain seated for the Communion hymn.*

## Hymn

RIEVAULX

John Bacchus Dykes (1823-1876)



Father of heaven, whose love profound  
a ransom for our souls hath found,  
before thy throne we sinners bend,  
to us thy pardoning love extend.

Almighty Son, incarnate Word,  
our Prophet, Priest, Redeemer, Lord,  
before thy throne we sinners bend,  
to us thy saving grace extend.

Eternal Spirit, by whose breath  
the soul is raised from sin and death,  
before thy throne we sinners bend,  
to us thy quickening power extend.

Thrice Holy! Father, Spirit, Son;  
mysterious Godhead, Three in One,  
before thy throne we sinners bend,  
grace, pardon, life to us extend.

*Words: Edward Cooper (1770-1833)*

## Prayer after Communion

*President* Let us pray.

*We keep a moment of quiet prayer.*

Almighty and eternal God,  
you have revealed yourself as Father, Son and Holy Spirit,  
and live and reign in the perfect unity of love:  
hold us firm in this faith,  
that we may know you in all your ways  
and evermore rejoice in your eternal glory,  
who are three Persons yet one God,  
now and for ever.

*All* **Amen.**

*All* **Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory.  
Amen.**

*Please remain seated for the notices.*

**Notices**

# The Dismissal

Please stand.

Hymn

COE FEN

Kenneth Naylor (1931-1991)



How shall I sing that majesty  
which angels do admire?  
Let dust in dust and silence lie;  
sing, sing, ye heavenly choir.  
Thousands of thousands stand around  
thy throne, O God most high;  
ten thousand times ten thousand sound  
thy praise; but who am I?

Thy brightness unto them appears,  
whilst I thy footsteps trace;  
a sound of God comes to my ears;  
but they behold thy face:  
they sing because thou art their sun:  
Lord, send a beam on me;  
for where heaven is but once begun,  
there alleluias be.

Enlighten with faith's light my heart,  
in flame it with love's fire;  
then shall I sing and bear a part  
with that celestial choir.  
I shall, I fear, be dark and cold,  
with all my fire and light;  
yet when thou dost accept their gold,  
Lord, treasure up my mite.

How great a being Lord, is thine,  
which doth all beings keep!  
Thy knowledge is the only line  
to sound so vast a deep:  
thou art a sea without a shore,  
a sun without a sphere;  
thy time is now and evermore,  
thy place is everywhere.

Words: John Mason (c.1645-1694)

## The Blessing

*President* The Lord be with you  
*All* **and also with you.**

God the Holy Trinity make you strong in faith and love,  
defend you on every side, and guide you in truth and peace;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

*All* **Amen.**

*Deacon*   
Go in peace to love and serve the Lord.

*All*   
In the name of Christ. A - men.

## Organ Voluntary

Prelude in E-flat major BWV 552

*J.S. Bach (1685-1750)*

*Please remain standing as the ministers depart.*

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Telephone: 01245 294444 Email: [safeguarding@chelmsford.anglican.org](mailto:safeguarding@chelmsford.anglican.org)

Or you can report your concern to our Cathedral Safeguarding Team  
Telephone: 01245 294483

Email: [safeguarding@chelmsfordcathedral.org.uk](mailto:safeguarding@chelmsfordcathedral.org.uk)

If you have information about a safeguarding situation where a child or adult is in immediate  
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