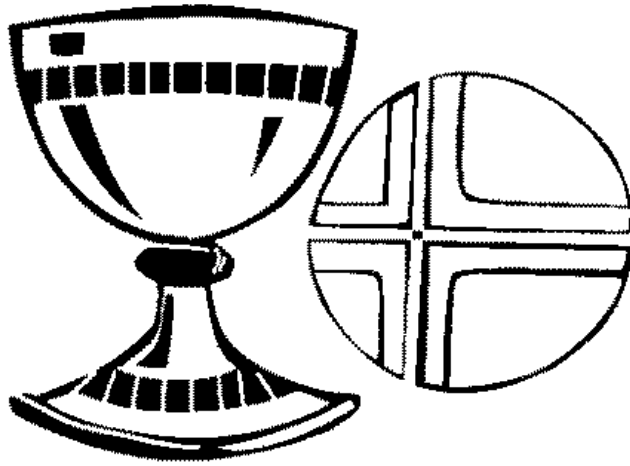


CHELMSFORD
CATHEDRAL



The Holy Eucharist
The Second Sunday after Trinity

Sunday 14 June
at 11.15am

President: The Revd Sarah de Bats
Preacher: The Revd Canon Sebastian Harries

Welcome to Chelmsford Cathedral. Everything you need for this celebration is in this booklet. Please ensure that your mobile phone is switched off and keep your belongings with you.

Music. The mass setting is the Communion Service in F by William Henry Harris (1883-1973). The choir is directed by Emma Gibbins, the Director of Music. The organ is played by Samuel Bristow, the Assistant Director of Music.

Receiving Communion. All who have been baptised are invited to receive Holy Communion or to receive a blessing as is your custom. Please come in two single files down the centre of the nave to one of the Communion stations, and hold out your hands to receive the consecrated bread. **Please do not intinct** (dip) the wafer into the consecrated wine. To receive a blessing, please bow your head. Gluten-free wafers are also available; please speak to one of the stewards on duty.

Hearing Aids. There is a loop system installed throughout the Cathedral. If you are a hearing aid user, please turn it to **T**.

If the alarm sounds, please exit the Cathedral and, if safe, assemble at the rear of the Shire Hall in the South Eastern corner of the churchyard. Please leave your belongings until it is safe to collect them.

Rubrics: Please stand or sit as is comfortable for you.

Please make a financial contribution to the maintenance and ministry of the Cathedral. You can use the contactless giving plates near the doors or by scanning the QR code here. A collection will be taken during the service.



Live stream: This service is being live streamed to the Chelmsford Cathedral Facebook page.

Car park code: 1253

Visit us at chelmsfordcathedral.org.uk.

The Gathering

Before the service begins, the congregation is welcomed. Please stand to sing:

Hymn

CORVEDALE

Maurice Bevan (1921-2006)



There's a wideness in God's mercy
like the wideness of the sea;
there's a kindness in his justice,
which is more than liberty.
There is no place where earth's sorrows
are more felt than up in heaven;
there is no place where earth's failings
have such kindly judgement given.

For the love of God is broader
than the measure of man's mind;
and the heart of the Eternal
is most wonderfully kind.
But we make his love too narrow
by false limits of our own;
and we magnify his strictness
with a zeal he will not own.

There is plentiful redemption
in the blood that has been shed;
there is joy for all the members
in the sorrows of the Head.
There is grace enough for thousands
of new worlds as great as this;
there is room for fresh creations
in that upper home of bliss.



If our love were but more simple,
we should take him at his word;
and our lives would be all gladness
in the joy of Christ our Lord. *Words: F. W. Faber (1814-1863)*

The Greeting

President In the name of the Father, and of the Son,
and of the Holy Spirit.

All **Amen.**

All The Lord be with you
and also with you.

The president offers some words of welcome and introduction.

The Prayers of Penitence

Deacon God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins, to be our advocate in heaven,
and to bring us to eternal life.

Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

We keep a moment of quiet as we call to mind our sins.

All **Almighty God, our heavenly Father,
we have sinned against you and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us, forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name. Amen.**

President Almighty God, who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal; through Jesus Christ our Lord.

All **Amen**

Please be seated as the choir sings the Gloria:

Gloria in Excelsis

*GLORY be to God on high,
and in earth peace, good will towards men.
We praise thee, we bless thee, we worship thee,
we glorify thee, we give thanks to thee for thy great glory,
O Lord God, heavenly King, God the Father Almighty.
O Lord, the only-begotten Son, Jesu Christ;
O Lord God, Lamb of God, Son of the Father,
that takest away the sins of the world, have mercy upon us.
Thou that takest away the sins of the world,
have mercy upon us.
Thou that takest away the sins of the world,
receive our prayer.
Thou that sittest at the right hand of God the Father,
have mercy upon us.
For thou only art holy; thou only art the Lord;
thou only, O Christ, with the Holy Ghost,
art most high in the glory of God the Father. Amen.*

The Collect

President Let us pray.

We keep a moment of quiet prayer.

Lord, you have taught us
that all our doings without love are nothing worth:
send your Holy Spirit
and pour into our hearts that most excellent gift of love,
the true bond of peace and of all virtues,
without which whoever lives is counted dead before you.
Grant this for your only Son Jesus Christ's sake,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

All



A - men.

The Liturgy of the Word

The First Reading

Exodus 19.2–8a

A reading from the book of Exodus.

The Israelites had journeyed from Rephidim, entered the wilderness of Sinai, and camped in the wilderness; Israel camped there in front of the mountain. Then Moses went up to God; the Lord called to him from the mountain, saying, ‘Thus you shall say to the house of Jacob, and tell the Israelites: You have seen what I did to the Egyptians, and how I bore you on eagles’ wings and brought you to myself. Now therefore, if you obey my voice and keep my covenant, you shall be my treasured possession out of all the peoples. Indeed, the whole earth is mine, but you shall be for me a priestly kingdom and a holy nation. These are the words that you shall speak to the Israelites.’ So Moses came, summoned the elders of the people, and set before them all these words that the Lord had commanded him. The people all answered as one: ‘Everything that the Lord has spoken we will do.’

This is the word of the Lord.

All **Thanks be to God.**

The choir sings the Psalm:

Psalm 100

○ be joyful in the Lord, all ye lands :

serve the Lord with gladness, and come before his presence with a song.

2 Be ye sure that the Lord he is God : it is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture.

3 ○ go your way into his gates with thanksgiving, and into his courts with praise : be thankful unto him, and speak good of his Name.

4 For the Lord is gracious, his mercy is everlasting :
and his truth endureth from generation to generation.

The Second Reading

Romans 5.1–8

A reading from the letter of Paul to the Romans.

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

This is the word of the Lord.

All **Thanks be to God.**

Please stand and turn to face the Gospel procession.

Gospel Acclamation



Choir Alleluia, Alleluia, Alleluia.

All **Alleluia, Alleluia, Alleluia.**

Choir Glory to the Father, and to the Son, and to the Holy Spirit, one God, who was, and who is, and who is to come, the Almighty.

All **Alleluia, Alleluia, Alleluia.**

The Gospel Reading

Matthew 9.35-10.23

Deacon The Lord be with you

All **and also with you.**

Hear the Gospel of our Lord Jesus Christ
according to Matthew.



Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, ‘The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest.’ Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax-collector; James son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him.

These twelve Jesus sent out with the following instructions: ‘Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, “The kingdom of heaven has come near.” Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment.

‘Take no gold, or silver, or copper in your belts, no bag for your journey, or two tunics, or sandals, or a staff; for labourers deserve their food. Whatever town or village you enter, find out who in it is worthy, and stay there until you leave. As you enter the house, greet it. If the house is worthy, let your peace come upon it; but if it is not worthy, let your peace return to you. If anyone will not welcome you or listen to your words, shake off the dust from your feet as you leave

that house or town. Truly I tell you, it will be more tolerable for the land of Sodom and Gomorrah on the day of judgement than for that town.

‘See, I am sending you out like sheep into the midst of wolves; so be wise as serpents and innocent as doves. Beware of them, for they will hand you over to councils and flog you in their synagogues; and you will be dragged before governors and kings because of me, as a testimony to them and the Gentiles. When they hand you over, do not worry about how you are to speak or what you are to say; for what you are to say will be given to you at that time; for it is not you who speak, but the Spirit of your Father speaking through you. Brother will betray brother to death, and a father his child, and children will rise against parents and have them put to death; and you will be hated by all because of my name. But the one who endures to the end will be saved. When they persecute you in one town, flee to the next; for truly I tell you, you will not have gone through all the towns of Israel before the Son of Man comes.’

This is the Gospel of the Lord.



Please be seated.

The Sermon

The Revd Canon Sebastian Harries

Please stand.

The Nicene Creed

**We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.**

We believe in one holy catholic and apostolic Church.

**We acknowledge one baptism
for the forgiveness of sins.**

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of Intercession

President In the power of the Spirit and in union with Christ,
let us pray to the Father.

The congregation sits or kneels.

At the end of the prayers the intercessor may say:

All Merciful Father,
**accept these prayers, for the sake of your Son,
our Saviour Jesus Christ. Amen.**

At the end of the intercessions, please stand.

The Liturgy of the Sacrament

The Peace

President We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace
and builds up our common life.

All The peace of the Lord be always with you
and also with you.

Deacon Let us offer one another a sign of peace.

We remain standing to sing the offertory hymn, during which a collection is taken.

Hymn

George Smart (1776-1867) in his *Collection of Sacred Music* 1863
Originally set to Ps 48 in 1795

WILTSHIRE



O changeless Christ, for ever new,
who walked our earthly ways,
still draw our hearts as once you drew
the hearts of other days.

As once you spoke by plain and hill
or taught by shore and sea,
so be today our teacher still,
O Christ of Galilee.

As wind and storm their Master heard
and his command fulfilled,
may troubled hearts receive your word,
the tempest-tossed be stilled.

And as of old to all who prayed
your healing hand was shown,
so be your touch upon us laid,
unseen but not unknown.

In broken bread, in wine outpoured,
your new and living way
proclaim to us, O risen Lord,
O Christ of this our day.

O changeless Christ, till life is past
your blessing still be given;
then bring us home, to taste at last
the timeless joys of heaven.

Words: Timothy Dudley-Smith (1926-2024)

Please remain standing.

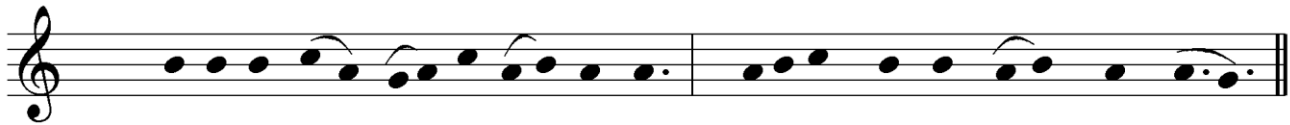
The Eucharistic Prayer



The Lord be with you R: And al - so with you.



Lift up your hearts. R: We lift them to the Lord.



Let us give thanks to the Lord our God. R: It is right to give thanks and praise.

It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks,
holy Father, almighty and eternal God.
From sunrise to sunset this day is holy,
for Christ has risen from the tomb
and scattered the darkness of death with light that will not fade.
This day the risen Lord walks with your gathered people,
unfolds for us your word,
and makes himself known in the breaking of the bread.
And though the night will overtake this day
you summon us to live in endless light,
the never-ceasing sabbath of the Lord.
And so, with choirs of angels and with all the heavenly host,
we proclaim your glory:

The choir sings the Sanctus and Benedictus:

*Holy, holy, holy, Lord God of hosts,
heaven and earth are full of thy glory.
Glory be to thee, O Lord most high.*

*Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.*

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks; he gave it to them, saying:
Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.



Great is the mys - te - ry of faith: Christ has died. Christ is ris - en. Christ will come a - gain.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once
for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.
Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Mary, Peter, Cedd and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father, for ever and ever.

All **Amen.**

Please sit or kneel.

The Lord's Prayer

President Let us pray with confidence in the words our Saviour gave us

All **Our Father, who art in heaven, hallowed be thy name;
thy kingdom come; thy will be done,
on earth as it is in heaven. Give us this day our daily
bread. And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power and the glory,
for ever and ever. Amen.**

Breaking of the Bread

President We break this bread to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

The choir sings the Agnus Dei:

Agnus Dei

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
grant us thy peace.*

The Giving of Communion

President Jesus is the Lamb of God who takes away the sin of the
world. Blessed are those who are called to his supper.

All **Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

To indicate if you wish to receive Communion, please hold out your hands. If you simply wish to receive a blessing, please keep your head bowed.

Motet

Ave verum corpus, natum ex Maria Virgine, vere passum, immolatum In cruce pro homine, Cujus latus perforatum unda fluxit sanguine: esto nobis praegustatum in mortis examine. O dulcis, O pie! O Jesu Fili Mariae. Amen.

Hail, real body, born of the Virgin Mary, who truly suffered, sacrificed on the cross for mankind, whose pierced side flowed with water and blood; be unto us the foretaste in the trial of death. O gentle, O holy one! O Jesu, Son of Mary. Amen.

Words: 14th Century, attr. Pope Innocent VI

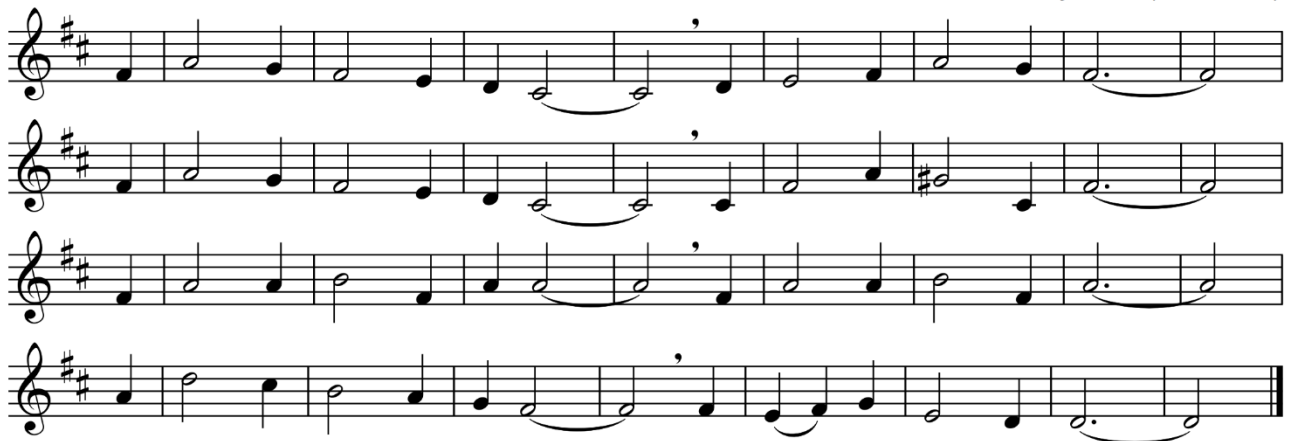
Music: Edward Elgar (1857-1934)

We remain seated for the Communion hymn.

Hymn

PENLAN

David Jenkins (1849-1915)



In heavenly love abiding,
no change my heart shall fear.
and safe in such confiding,
for nothing changes here.
the storm may roar without me,
my heart may low be laid,
but God is round about me,
and can I be dismayed?

Wherever he may guide me,
no want shall turn me back.
my Shepherd is beside me,
and nothing can I lack.
his wisdom ever waketh,
his sight is never dim.
he knows the way he taketh,
and I will walk with Him.

Green pastures are before me,
which yet I have not seen.
Bright skies will soon be o'er me,
where darkest clouds have been.
My hope I cannot measure,
my path to life is free;
my Saviour has my treasure,
and he will walk with me.

Words: Anna Laetitia Waring (1820-1910)

Prayer after Communion

President Let us pray.

We keep a moment of quiet prayer.

Loving Father,
we thank you for feeding us at the supper of your Son:
sustain us with your Spirit,
that we may serve you here on earth
until our joy is complete in heaven,
and we share in the eternal banquet
with Jesus Christ our Lord.

All **Amen.**

All **Almighty God,**
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.

Please remain seated for the notices.

Notices

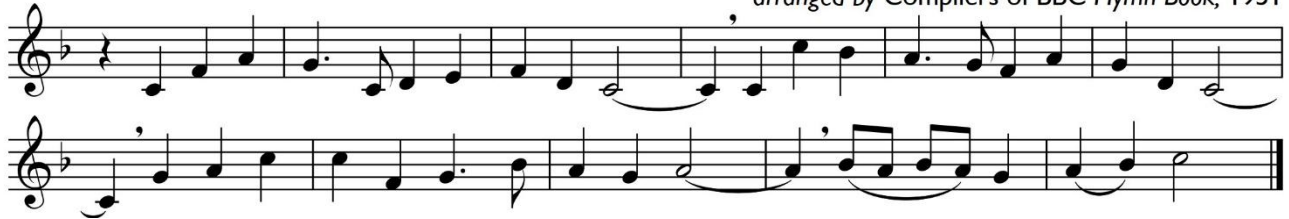
The Dismissal

Please stand.

Hymn

ENGELBERG

Charles Villers Stanford (1852-1924)
arranged by Compilers of BBC Hymn Book, 1951



All praise to Christ, our Lord and king divine,
yielding your glory in your love's design,
that in our darkened hearts your grace might shine:

Alleluia!

You came to us in lowliness of thought;
by you the outcast and the poor were sought,
and by your death was our redemption bought:

Alleluia!

The mind of Christ is as our mind should be –
he was a servant, that we might be free;
humbling himself to death on Calvary:

Alleluia!

And so we see in God's great purpose, how
Christ has been raised above all creatures now;
And at his name shall every nation bow:

Alleluia!


Words: Francis Bland Tucker (1895-1984), adapted by Jubilate Hymns
Based on Philippians 2.5-11

The Blessing

President The Lord be with you
All **and also with you.**

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

Deacon 
Go in peace to love and serve the Lord.

All 
In the name of Christ. A - men.

Organ Voluntary

Sortie in E-flat

Louis-James Alfred Lefébure-Wély (1817-1869)

Please remain standing as the ministers depart.

Music notes

This morning's final voluntary is played in memory of Ray Cooper.

CHELMSFORD CATHEDRAL WORSHIP

Please join us during the week for prayer in person or online at the following times every day:

Sundays

7.45am: Morning Prayer

8am: Said Eucharist (BCP)

9.30am: Sung Eucharist

11.15am: Choral Eucharist

3.30pm: Choral Evensong

Weekdays

7.45am: Morning Prayer

8.15am: Eucharist

10.30am: Said Eucharist - Thursdays only

5.15pm: Choral Evensong - Thursdays & Fridays

Sung Evening Prayer - Tuesdays

Plainsong Evensong - Wednesdays

Said Evening Prayer - Mondays & Saturdays

For details about how to worship online, live or later, visit our website chelmsfordcathedral.org.uk and find our 'Regular Worship' page.

Safeguarding at Chelmsford Cathedral

Do you have a concern about a child or an adult at risk?

You can report any concern directly to the Diocesan Safeguarding team

Telephone: 01245 294444 Email: safeguarding@chelmsford.anglican.org

Or you can report your concern to our Cathedral Safeguarding Team

Telephone: 01245 294483

Email: safeguarding@chelmsfordcathedral.org.uk

If you have information about a safeguarding situation where a child or adult is in immediate danger call the emergency services on 999

To contact your local police to report a non-emergency concern call 101

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