



The Holy Eucharist
The Seventeenth Sunday after Trinity
Sunday 12th October
at 11.15am

President: The Revd Canon Sebastian Harries
Preacher: The Revd Dr Dan Pratt

Welcome to Chelmsford Cathedral. Everything you need for this celebration is in this booklet. Please ensure that your mobile phone is switched off and keep your belongings with you.

Music. The mass setting is the Communion Service in F by Herbert Sumsion (1899-1995). The Cathedral Choir is directed by Emma Gibbins, the Director of Music. The organ is played by Samuel Bristow, the Assistant Director of Music.

Receiving communion. All who have been baptised are invited to receive Holy Communion or to receive a blessing as is your custom. Please come in two single files down the centre of the nave to one of the communion stations, and hold out your hands to receive the consecrated bread. **Please do not intinct** (dip) the wafer into the consecrated wine. To receive a blessing please bow your head. Gluten-free wafers are also available; please speak to one of the stewards on duty.

Hearing Aids. There is a loop system installed throughout the church. If you are a hearing aid user, please turn it to **T**.

If the alarm sounds, please exit the Cathedral and, if safe, assemble at the rear of the Shire Hall in the South Eastern corner of the churchyard. Please leave your belongings until it is safe to collect them.

Rubrics: Please stand or sit as is comfortable for you.

Please make a financial contribution to the maintenance and ministry of the Cathedral. You can use the contactless giving plates near the doors or by scanning the QR code here. A collection will be taken during the offertory hymn.



Live stream: This service is being live streamed to the Chelmsford Cathedral Facebook page.

Car park code: 0000

Visit us at chelmsfordcathedral.org.uk.

Music before the service:

Intermezzo

Herbert Sumsion (1899-1995)

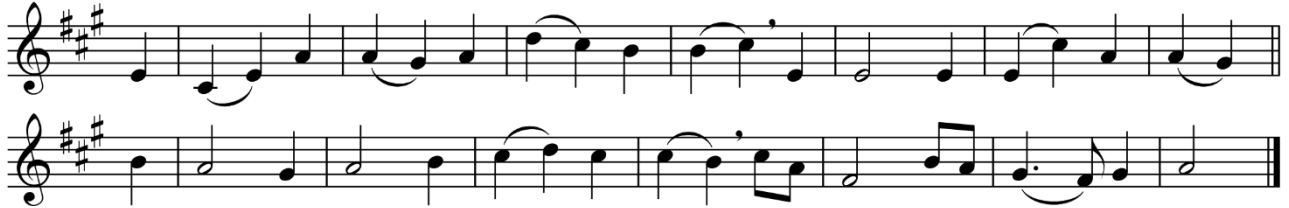
The Gathering

Before the service begins, the congregation is welcomed. Please stand to sing:

Hymn

WILTSHIRE

George Thomas Smart (1776-1867) earlier form of tune



Through all the changing scenes of life,
in trouble and in joy,
the praises of my God shall still
my heart and tongue employ.

O magnify the Lord with me,
with me exalt his name!
when in distress, to him I called —
he to my rescue came.

The hosts of God encamp around
the dwellings of the just;
deliverance he affords to all
who on his succor trust.

O make but trial of his love,
Experience will decide
How blest are they, and only they,
Who in his truth confide.

Fear him, you saints, and you will then
have nothing else to fear;
make you his service your delight,
your wants shall be his care.

To Father, Son and Holy Ghost,
the God whom we adore
be glory, as it was, is now,
and shall be evermore!

Nicholas Brady (1659-1726) & Nahum Tate (1652-1715)

The Greeting

President In the name of the Father, and of the Son,
and of the Holy Spirit.

All **Amen.**

All The Lord be with you
and also with you.

The president offers some words of welcome and introduction.

The Prayers of Penitence

Deacon My sisters and brothers,
as we prepare to celebrate the presence of Christ
word and sacrament,
let us call to mind and confess our sins.

We keep a moment of quiet as we call to mind our sins.

All **Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry and repent of all our sins.
For the sake of your Son Jesus Christ, who died for us,
forgive us all that is past and grant that we may serve
you in newness of life to the glory of your name. Amen.**

President Almighty God, who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All **Amen.**

Please be seated as the choir sings the Gloria.

Gloria in Excelsis

*GLORY be to God on high,
and in earth peace, good will towards men.
We praise thee, we bless thee, we worship thee,
we glorify thee, we give thanks to thee for thy great glory,
O Lord God, heavenly King, God the Father Almighty.
O Lord, the only-begotten Son, Jesu Christ;
O Lord God, Lamb of God, Son of the Father,
that takest away the sins of the world, have mercy upon us.
Thou that takest away the sins of the world,
have mercy upon us.
Thou that takest away the sins of the world,
receive our prayer.
Thou that sittest at the right hand of God the Father,
have mercy upon us.
For thou only art holy; thou only art the Lord;
thou only, O Christ, with the Holy Ghost,
art most high in the glory of God the Father. Amen.*

The Collect

President Let us pray.

We keep a moment of quiet prayer.

*Almighty God, you have made us for yourself,
and our hearts are restless till they find their rest in you:
pour your love into our hearts and draw us to yourself,
and so bring us at last to your heavenly city
where we shall see you face to face;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.*

All



A - men.

The Liturgy of the Word

The First Reading

2 Kings 5:1-3,7-15c

A reading from the second book of the Kings.

Naaman, commander of the army of the king of Aram, was a great man and in high favour with his master, because by him the Lord had given victory to Aram. The man, though a mighty warrior, suffered from leprosy. Now the Arameans on one of their raids had taken a young girl captive from the land of Israel, and she served Naaman's wife. She said to her mistress, 'If only my lord were with the prophet who is in Samaria! He would cure him of his leprosy.' So Naaman went in and told his lord just what the girl from the land of Israel had said. And the king of Aram said, 'Go then, and I will send along a letter to the king of Israel.' He went, taking with him ten talents of silver, six thousand shekels of gold, and ten sets of garments. He brought the letter to the king of Israel, which read, 'When this letter reaches you, know that I have sent to you my servant Naaman, that you may cure him of his leprosy.' When the king of Israel read the letter, he tore his clothes and said, 'Am I God, to give death or life, that this man sends word to me to cure a man of his leprosy? Just look and see how he is trying to pick a quarrel with me.' But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, 'Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel.' So Naaman came with his horses and chariots, and halted at the entrance of Elisha's house. Elisha sent a messenger to him, saying, 'Go, wash in the Jordan seven times, and your flesh shall be restored and you shall be clean.' But Naaman became angry and went away, saying, 'I thought that for me he would surely come out, and stand and call on the name of the Lord his God, and would wave his hand over the spot, and cure the leprosy! Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them, and be clean?' He turned and went away in a rage. But his servants approached and said to him, 'Father, if the prophet had commanded you to do something difficult, would you not have done it? How much more,

when all he said to you was, “Wash, and be clean”?’ So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean. Then he returned to the man of God, he and all his company; Naaman came and stood before him and said, ‘Now I know that there is no God in all the earth except in Israel.’

This is the word of the Lord.

All **Thanks be to God.**

The choir sings the psalm.

Psalm III

1. I will give thanks unto the Lord with my whole heart : secretly among the faithful, and in the congregation.
2. The works of the Lord are great : sought out of all them that have pleasure therein.
3. His work is worthy to be praised and had in honour : and his righteousness endureth for ever.
4. The merciful and gracious Lord hath so done his marvellous works : that they ought to be had in remembrance.
5. He hath given meat unto them that fear him : he shall ever be mindful of his covenant.
6. He hath shewed his people the power of his works : that he may give them the heritage of the heathen.
7. The works of his hands are verity and judgement : all his commandments are true.
8. They stand fast for ever and ever : and are done in truth and equity.
9. He sent redemption unto his people : he hath commanded his covenant for ever; holy and reverend is his Name.
10. The fear of the Lord is the beginning of wisdom : a good understanding have all they that do thereafter; the praise of it endureth for ever.

The Second Reading

2 Timothy 2:8-15

A reading from the second letter to Timothy.

Remember Jesus Christ, raised from the dead, a descendant of David – that is my gospel, for which I suffer hardship, even to the point of being chained like a criminal. But the word of God is not chained. Therefore I endure everything for the sake of the elect, so that they may also obtain the salvation that is in Christ Jesus, with eternal glory. The saying is sure: if we have died with him, we will also live with him; if we endure, we will also reign with him; if we deny him, he will also deny us; if we are faithless, he remains faithful – for he cannot deny himself. Remind them of this, and warn them before God that they are to avoid wrangling over words, which does no good but only ruins those who are listening. Do your best to present yourself to God as one approved by him, a worker who has no need to be ashamed, rightly explaining the word of truth.

This is the word of the Lord.

All **Thanks be to God.**

Please stand and turn to face the Gospel procession.

Gospel Acclamation



Choir Alleluia, Alleluia, Alleluia.

All **Alleluia, Alleluia, Alleluia.**

Choir The word of the Lord endures for ever.

The word of the Lord is the good news announced to you.

All **Alleluia, Alleluia, Alleluia.**

The Gospel Reading

Luke 17:11-19

Deacon The Lord be with you
All **and also with you.**
 Hear the Gospel of our Lord Jesus Christ
 according to Luke.



On the way to Jerusalem Jesus was going through the region between Samaria and Galilee. As he entered a village, ten lepers approached him. Keeping their distance, they called out, saying, 'Jesus, Master, have mercy on us!' When he saw them, he said to them, 'Go and show yourselves to the priests.' And as they went, they were made clean. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice. He prostrated himself at Jesus' feet and thanked him. And he was a Samaritan. Then Jesus asked, 'Were not ten made clean? But the other nine, where are they? Was none of them found to return and give praise to God except this foreigner?' Then he said to the Samaritan, 'Get up and go on your way; your faith has made you well.'

This is the Gospel of the Lord.



Please be seated.

The Sermon

*'God's Care for the Stranger' - The Revd Dr Dan Pratt,
Westminster College, Cambridge*

Please stand.

The Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism**

**for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

President In the power of the Spirit and in union with Christ,
let us pray to the Father.

The congregation sits or kneels.

At the end of the prayers the intercessor may say

All Merciful Father,
**accept these prayers, for the sake of your Son,
our Saviour Jesus Christ. Amen.**

At the end of the intercessions, please stand.

The Liturgy of the Sacrament

The Peace

President We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace
and builds up our common life.

All The peace of the Lord be always with you
and also with you.

Deacon Let us offer one another a sign of peace.

We remain standing to sing the offertory hymn, during which a collection is taken.

Hymn

ABERYSTWYTH

Joseph Parry (1841-1903)



Body broken for our good,
And that body's precious blood:
We receive them to our shame,
Who dishonour Jesus' name.
Every day more blood is shed;
Flesh is broken, left for dead.
Where earth's children bleed and die,
It is Christ, we crucify.

Yet your love, God draws us near,
Though unworthy to be here;
We have nothing good to bring,
Yet you give us everything!
Here you give us Christ who died,
Resurrected, glorified;
His humanity, divine,
Here is ours in bread and wine.

In communion with this Lord,
Faith, hope, love are all restored;
Here is wealth beyond compare,
Wealth for all the world to share.
He reclaims our every breath:
All our life and even death
Cannot be too great a price,
To complete his sacrifice.

Time, with energy and health,
Talent, poverty or wealth:
All are yours, Lord, taken up
In the sign of bread and cup.
Though we may be broken too,
And our lives poured out for you,
Make of us the living sign
Of your love in bread and wine.

Words: Alan Gaunt (1935-2023)

Please remain standing.

The Eucharistic Prayer



It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks,
holy Father, almighty and eternal God.
From sunrise to sunset this day is holy,
for Christ has risen from the tomb
and scattered the darkness of death
with light that will not fade.
This day the risen Lord walks with your gathered people,
unfolds for us your word,
and makes himself known in the breaking of the bread.
And though the night will overtake this day
you summon us to live in endless light,
the never-ceasing sabbath of the Lord.
And so, with choirs of angels and with all the heavenly host,
we proclaim your glory
and join their unending song of praise:

The choir sings the Sanctus and Benedictus:

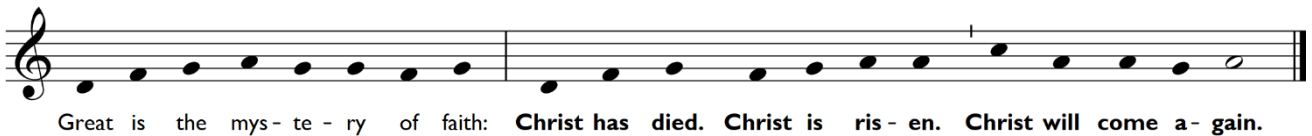
*Holy, holy, holy, Lord God of hosts,
heaven and earth are full of thy glory.
Glory be to thee, O Lord most high.*

*Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.*

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.



And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once
for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Mary, Peter, Cedd, and all the saints,

may praise and glorify you for ever,
through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father, for ever and ever.
Amen.

Please sit or kneel.

The Lord's Prayer

President Let us pray with confidence in the words our Saviour gave us.

All **Our Father, who art in heaven,
hallowed be thy name; thy kingdom come;
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

President We break this bread to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

The choir sings the Agnus Dei:

Agnus Dei

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
grant us thy peace.*

The Giving of Communion

President Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

All **Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

To indicate if you wish to receive Communion, please hold out your hands. If you simply wish to receive a blessing, please keep your head bowed.

Motet

View me, Lord, a work of thine : shall I then lie drown'd in night?
Might thy grace in me but shine, I should seem made all of light.

Cleanse me, Lord, that I may kneel at thine Altar, pure and white:
they that once thy Mercies feel, gaze no more on earth's delight.

Worldly joys like shadows fade, when the heav'nly light appears;
but the cov'nants thou hast made, endless, know nor days, nor years.

In thy word, Lord, is my trust, to thy mercies fast I fly;
though I am but clay and dust, yet thy grace can lift me high.

Words: Thomas Campion (1567-1620)

Music: Richard Lloyd (1933-2021)

We remain sitting for the communion hymn.

Hymn

SONG 13

Melody by Orlando Gibbons (1583-1625)



Morning glory, starlit sky,
soaring music, scholar's truth,
flight of swallows, autumn leaves,
memory's treasure, grace of youth:

Open are the gifts of God,
gifts of love to mind and sense;
hidden is love's agony,
love's endeavour, love's expense.

Love that gives, gives evermore,
gives with zeal, with eager hands,
spares not, keeps not, all outpours,
ventures all, its all expends.

Drained is love in making full;
bound in setting others free;
poor in making many rich;
weak in giving power to be.

Therefore he who shows us God
helpless hangs upon the tree;
and the nails and crown of thorns
tells of what God's love must be.

Here is God, no monarch he,
throned in easy state to reign;
here is God, whose arms of love
aching, spent, the world sustain.

Words: William Vanstone (1923-1999)

Prayer after Communion

President Let us pray.

We keep a moment of quiet prayer

Lord, we pray that your grace
may always precede and follow us,
and make us continually to be given to all good works;
through Jesus Christ our Lord.

All **Amen.**

All **Almighty God, we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen.**

Please remain seated for the notices.

Notices

The Dismissal

Please stand.

Hymn

SONG 34 (ANGELS' SONG)

Melody by Orlando Gibbons 1583-1625



Forth in thy name, O Lord, I go,
My daily labour to pursue,
Thee, only thee, resolved to know
In all I think, or speak, or do.

The task thy wisdom hath assigned
O let me cheerfully fulfil,
In all my works thy presence find,
And prove thy good and perfect will.

Give me to bear thy easy yoke,
And every moment watch and pray,
And still to things eternal look,
And hasten to thy glorious day;

For thee delightfully employ
Whate'er thy bounteous grace has given,
And run my course with even joy,
And closely walk with thee to heaven.

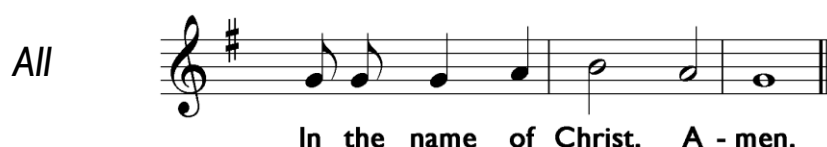
Words: Charles Wesley (1707-1788)

The Blessing

The president blesses the people:

Christ, who has nourished us with himself the living bread,
make you one in praise and love,
and raise you up at the last day;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All Amen.



Organ Voluntary

Variation on Gibbons' Song 34
'Forth in thy name, O God, I go'

George Dyson (1883-1964)

Please remain standing as the ministers depart.

Music Notes

This morning's opening voluntary is Sumsion's organ transcription of his own 'A Mountain Tune' (1940) for cello and piano, which he also arranged for string orchestra. It is a testament to Sumsion's understanding of the instrument (having served as Organist at Gloucester Cathedral for 39 years) that the piece transfers to the organ so convincingly. Embodying the tonal sound-world of his friend Ralph Vaughan Williams within a simple ABA form, the opening melody is treated to a luscious accompaniment. A contrasting middle section, with a new theme, incorporates a more daring harmonic language with shameless chromaticism, before a reprieve of the largely unaltered first section. Our final voluntary is by Sir George Dyson, a British composer and teacher, becoming director of the Royal College of Music in 1938. In today's voluntary, Dyson takes a hymn tune by Orlando Gibbons (Song 34) and develops it into a grand piece, with the very first line of the tune being particularly audible.

CHELMSFORD CATHEDRAL WORSHIP

Please join us during the week for prayer in person or online at the following times every day:

- Sundays**
- 7.45am: Morning Prayer
 - 8am: Said Eucharist (BCP)
 - 9.30am: Parish Eucharist
 - 11.15am: Choral Eucharist
 - 3.30pm: Choral Evensong
- Weekdays**
- 7.45am: Morning Prayer
 - 8.15am: Eucharist
 - 10.30am: Thursdays only Said Eucharist
 - 5.15pm: Choral Evensong - Thursdays & Fridays
 - Sung Evening Prayer – Tuesdays
 - Plainsong Evensong - Wednesdays
 - Said Evening Prayer Mondays and Saturdays

For details about how to worship online, live or later, visit our website chelmsfordcathedral.org.uk and find our 'Regular Worship' page.

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Do you have a concern about a child or an adult at risk?

You can report any concern directly to the Diocesan Safeguarding team
Telephone: 01245 294444 Email: safeguarding@chelmsford.anglican.org

Or you can report your concern to our Cathedral Safeguarding Lead
The Rev'd Canon Joseph Fernandes
Telephone: 01245 294483
Email: safeguarding@chelmsfordcathedral.org.uk

If you have information about a safeguarding situation where a child or adult is in immediate danger call the emergency services on 999

To contact your local police to report a non-emergency concern call 101

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