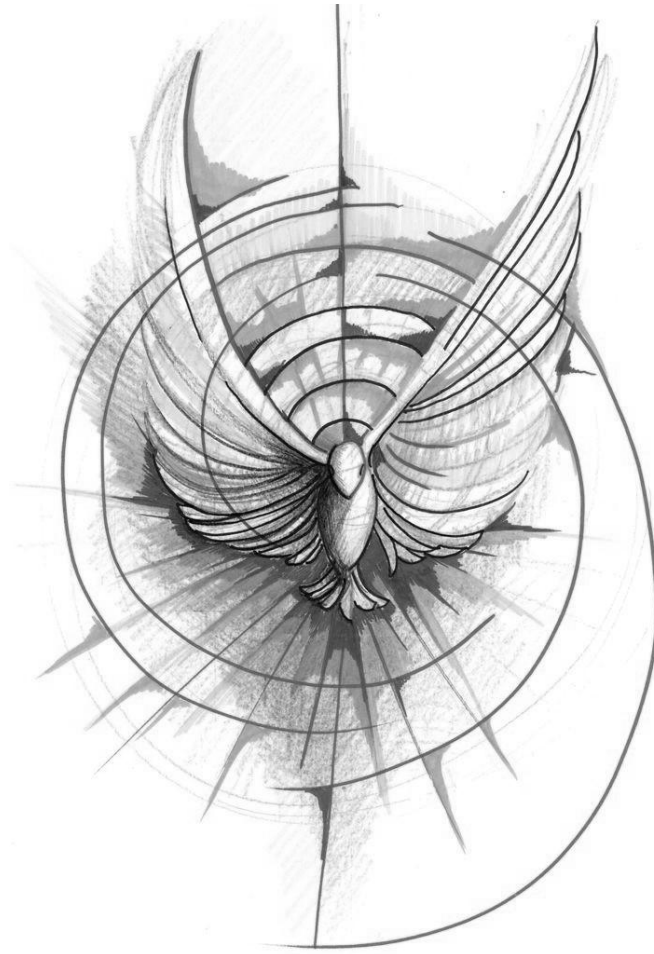


CHELMSFORD
CATHEDRAL



The Holy Eucharist
Pentecost

Sunday 24 May
at 11.15am

President: The Revd Canon Sebastian Harries
Preacher: The Very Revd Jessica Martin

Welcome to Chelmsford Cathedral. Everything you need for this celebration is in this booklet. Please ensure that your mobile phone is switched off and keep your belongings with you.

Music. The mass setting is the Communion Service in F by William Henry Harris (1883-1973). The Cathedral Singers are directed by Emma Gibbins, the Director of Music. The organ is played by Stephen King.

Receiving Communion. All who have been baptised are invited to receive Holy Communion or to receive a blessing as is your custom. Please come in two single files down the centre of the nave to one of the Communion stations, and hold out your hands to receive the consecrated bread. **Please do not intinct** (dip) the wafer into the consecrated wine. To receive a blessing, please bow your head. Gluten-free wafers are also available; please speak to one of the stewards on duty.

Hearing Aids. There is a loop system installed throughout the Cathedral. If you are a hearing aid user, please turn it to **T**.

If the alarm sounds, please exit the Cathedral and, if safe, assemble at the rear of the Shire Hall in the South Eastern corner of the churchyard. Please leave your belongings until it is safe to collect them.

Rubrics: Please stand or sit as is comfortable for you.

Please make a financial contribution to the maintenance and ministry of the Cathedral. You can use the contactless giving plates near the doors or by scanning the QR code here. A collection will be taken during the service.



Live stream: This service is being live streamed to the Chelmsford Cathedral Facebook page.

Car park code: 7468

Visit us at chelmsfordcathedral.org.uk.

The Gathering

Before the service begins, the congregation is welcomed. Please stand to sing:

Processional Hymn

SALVE FESTA DIES
Refrain

Ralph Vaughan Williams (1872-1958)

*Christians, lift up your hearts,
and make this a day of rejoicing;
God is our strength and song:
glory and praise to his name!*

Praise for the Spirit of God,
who came to the waiting disciples;
there in the wind and fire
God gave new life to his own.
Christians, lift up your hearts...

2 God's mighty power was revealed
when those who once were so fearful
now could be seen by the world
witnessing bravely for Christ:

Christians, lift up your hearts...

4 Strengthened by God's mighty power
the disciples went out to all nations,
preaching the gospel of Christ,
laughing at danger and death.

Christians, lift up your hearts...

3 Praise that his love overflowed
in the hearts of all who received him,
joining together in peace
those once divided by sin:

Christians, lift up your hearts...

5 Come, Holy Spirit to us,
who live by your presence within us,
come to direct our course,
give us your life and your power:

Christians, lift up your hearts...

Spirit of God, send us out
to live to your praise and your glory;
yours is the power and the might,
ours be the courage and faith:
*Christians, lift up your hearts,
and make this a day of rejoicing;
God is our strength and song:
glory and praise to his name!*

Words: John Edward Bowers (1923-2019)

The Greeting

President In the name of the Father, and of the Son,
and of the Holy Spirit.

All **Amen.**

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you

All **and also with you.**

The president offers some words of welcome and introduction.

President Jesus Christ, whom we worship, is our crucified,
risen and ascended Lord and we have walked with him
through his journey of love. We have faced the agony of his
suffering and death on a cross. We have rejoiced at his
bursting free from the bonds of death. We have enjoyed his
risen presence with us and his revelation of himself through
the breaking of bread. We have seen his return to the
throne before which every knee shall bow and every
tongue confess that this Jesus is Lord. And now, with the
followers of his own time, we await the coming of the
promised Holy Spirit, his gift to his people, through whom
we make Christ known to the world.

Responsory

All As we wait in silence,
fill us with your Spirit.

All As we listen to your word,
fill us with your Spirit.

All As we worship you in majesty,
fill us with your Spirit.

All As we long for your refreshing,
fill us with your Spirit.

All As we long for your renewing,
fill us with your Spirit.

All As we long for your equipping,
fill us with your Spirit.

All As we long for your empowering,
fill us with your Spirit.

Please remain standing as the choir sings the Gloria:

The Gloria

*GLORY be to God on high,
and in earth peace, good will towards men.
We praise thee, we bless thee, we worship thee,
we glorify thee, we give thanks to thee for thy great glory,
O Lord God, heavenly King, God the Father Almighty.
O Lord, the only-begotten Son, Jesu Christ;
O Lord God, Lamb of God, Son of the Father,
that takest away the sins of the world, have mercy upon us.
Thou that takest away the sins of the world,
have mercy upon us.
Thou that takest away the sins of the world,
receive our prayer.
Thou that sittest at the right hand of God the Father,
have mercy upon us.
For thou only art holy; thou only art the Lord;
thou only, O Christ, with the Holy Ghost,
art most high in the glory of God the Father. Amen.*

The Collect

President Let us pray.

We keep a moment of quiet prayer.

God, who as at this time
taught the hearts of your faithful people
by sending to them the light of your Holy Spirit:
grant us by the same Spirit
to have a right judgement in all things
and evermore to rejoice in his holy comfort;
through the merits of Christ Jesus our Saviour,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

All



A - men.

The Liturgy of the Word

The Pentecost Reading

Acts 2.1-21

A reading from the Acts of the Apostles.

When the day of Pentecost had come, they were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability. Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, 'Are not all these who are speaking Galileans?

And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs – in our own languages we hear them speaking about God’s deeds of power.’

All were amazed and perplexed, saying to one another, ‘What does this mean?’ But others sneered and said, ‘They are filled with new wine.’ But Peter, standing with the eleven, raised his voice and addressed them: ‘Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o’clock in the morning. No, this is what was spoken through the prophet Joel: ‘In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams. Even upon my slaves, both men and women, in those days I will pour out my Spirit; and they shall prophesy. And I will show portents in the heaven above and signs on the earth below, blood, and fire, and smoky mist. The sun shall be turned to darkness and the moon to blood, before the coming of the Lord’s great and glorious day. Then everyone who calls on the name of the Lord shall be saved.’”

The Lord is here.

All **God’s Spirit is with us.**

Hymn

Mode viii

VENI CREATOR (MECHLIN)



A - men.

Come Holy Ghost, our souls inspire,
and lighten with celestial fire;
thou the anointing Spirit art,
who dost thy sevenfold gifts impart.

Thy blessèd unction from above
is comfort, life, and fire of love;
enable with perpetual light
the dullness of our blinded sight.

Anoint and cheer our soilèd face
with the abundance of thy grace:
keep far our foes, give peace at home;
where thou art guide no ill can come.

Teach us to know the Father, Son,
and thee, of both to be but One;
that through the ages all along
this may be our endless song,

'Praise to thy eternal merit,
Father, Son, and Holy Spirit.'

Words: attr. Rabanus Maurus (c. 776-856), John Cosin (1594-1672)

The Second Reading *I Corinthians 12.3b–13*

A reading from the letter of St Paul to the Corinthians.

No one can say 'Jesus is Lord' except by the Holy Spirit. Now there are varieties of gifts, but the same Spirit; and there are varieties of

services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good. To one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, to another faith by the same Spirit, to another gifts of healing by the one Spirit, to another the working of miracles, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues. All these are activated by one and the same Spirit, who allots to each one individually just as the Spirit chooses. For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and we were all made to drink of one Spirit.

This is the word of the Lord.

All **Thanks be to God.**

Please stand.

Gospel Acclamation



Choir Alleluia, Alleluia, Alleluia.

All **Alleluia, Alleluia, Alleluia.**

Choir Come, Holy Spirit, fill the hearts of your faithful people and kindle in them the fire of your love.

All **Alleluia, Alleluia, Alleluia.**

The Gospel Reading

John 7.37–39

Deacon The Lord be with you

All **and also with you.**

Hear the Gospel of our Lord Jesus Christ according to John.



On the last day of the festival, the great day, while Jesus was standing there, he cried out, ‘Let anyone who is thirsty come to me, and let the one who believes in me drink. As the scripture has said, “Out of the believer’s heart shall flow rivers of living water.” ’ Now he said this about the Spirit, which believers in him were to receive; for as yet there was no Spirit, because Jesus was not yet glorified.

This is the Gospel of the Lord.



Please be seated.

The Sermon

The Very Revd Jessica Martin

Please stand

The Nicene Creed

**We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of Intercession

President Let us pray to God to fill us with his Spirit.

The congregation sits or kneels. At the end of the prayers the intercessor may say

All Merciful Father,
**accept these prayers, for the sake of your Son,
our Saviour Jesus Christ. Amen.**

At the end of the intercessions, please stand.

The Liturgy of the Sacrament

The Peace

President God has made us one in Christ.
He has set his seal upon us and,
as a pledge of what is to come,
has given the Spirit to dwell in our hearts. Alleluia.

All The peace of the Lord be always with you
and also with you.

Deacon Let us offer one another a sign of peace.

We remain standing to sing the offertory hymn.

Hymn

DOWN AMPNEY

Ralph Vaughan Williams (1872-1958)



Come down, O Love divine,
Seek thou this soul of mine,
And visit it with thine own ardour glowing;
O comforter, draw near,
Within my heart appear,
And kindle it, thy holy flame bestowing.

O let it freely burn,
Till earthly passions turn
To dust and ashes, in its heat consuming;
And let thy glorious light
Shine ever on my sight,
And clothe me round, the while my path illuming.

Let holy charity
Mine outward vesture be,
And lowliness becomes mine inner clothing;
True lowliness of heart,
Which takes the humbler part,
And o'er its own shortcomings weeps with loathing.

And so the yearning strong,
With which the soul will long,
Shall far outpass the power of human telling;
For none can guess its grace,
Till he become the place
Wherein the Holy Spirit makes his dwelling.

Words: Bianco da Siena (d. 1434), tr R F Littledale (1833-1890)

Please remain standing.

The Eucharistic Prayer



The Lord be with you R: And al - so with you.



Lift up your hearts. R: We lift them to the Lord.



Let us give thanks to the Lord our God. R: It is right to give thanks and praise.

It is indeed right, it is our duty and our joy,
always and everywhere to give you thanks,
holy Father, almighty and everlasting God,
through Jesus Christ, your only Son our Lord.
This day we give you thanks
because in fulfilment of your promise
you pour out your Spirit upon us,
filling us with your gifts, leading us into all truth,
and uniting peoples of many tongues in the confession of one faith.
Your Spirit gives us grace to call you Father,
to proclaim your gospel to all nations
and to serve you as a royal priesthood.
Therefore we join our voices with angels and archangels,
and with all those in whom the Spirit dwells,
to proclaim the glory of your name,
for ever praising you and singing:

The choir sings the Sanctus and Benedictus:

*Holy, holy, holy, Lord God of hosts,
heaven and earth are full of thy glory.
Glory be to thee, O Lord most high.*

*Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.*

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.



so that we, in the company of Mary, Peter, Cedd and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father, for ever and ever.

All **Amen.**

Please sit or kneel.

The Lord's Prayer

All are invited to pray the Lord's prayer in whichever language they wish.

President Being made one by the power of the Spirit,
let us pray with confidence as our Saviour has taught us

All **Our Father, who art in heaven, hallowed be thy name;
thy kingdom come; thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power and the glory,
for ever and ever. Amen.**

Breaking of the Bread

President We break this bread to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

The choir sings the Agnus Dei:

Agnus Dei

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
grant us thy peace.*

The Giving of Communion

President Alleluia, Christ our Passover is sacrificed for us.

All **Therefore let us keep the feast, Alleluia.**

To indicate if you wish to receive Communion, please hold out your hands. If you simply wish to receive a blessing, please keep your head bowed.

Motet

Litany to the Holy Spirit

In the hour of my distress
when temptations me oppress and when I my sins confess,
sweet Spirit, comfort me!
When I lie within my bed
sick in heart and sick in head and with doubts discomforted,
sweet Spirit, comfort me!
When the house doth sigh and weep,
and the world is drowned with sleep,
yet mine eyes the watch do keep.
Sweet Spirit, comfort me!

Words: Robert Herrick (1591-1674)

Music: Peter Hurford (1930-2019)

We remain seated for the Communion hymn.

Hymn

BLOW THE WIND SOUTHERLY

English traditional melody

The musical score consists of four staves of music in G major (one sharp). The first two staves are labeled 'Refrain' and the last two are labeled 'Verse'. The melody is written in treble clef with a 4/4 time signature. The refrain consists of two lines of music, and the verse consists of two lines of music. The key signature is G major, indicated by a sharp sign on the F line.

*Spirit of holiness, wisdom and faithfulness,
wind of the Lord, blowing strongly and free.
Strength of our serving and joy of our worshipping,
Spirit of God, bring your fulness to me!*
You came to interpret and teach us effectively,
all that the Saviour has spoken and done;
to glorify Jesus is all your activity,
promise and gift of the Father and Son.
Spirit of holiness...

You came with your gifts to supply all our poverty,
pouring your love on the church in her need;
You came with your fruit for our growth to maturity,
richly refreshing the souls that you feed.

*Spirit of holiness, wisdom and faithfulness,
wind of the Lord, blowing strongly and free.
Strength of our serving and joy of our worshipping,
Spirit of God, bring your fulness to me!*

You came to the world in its pride and futility,
warning of dangers, directing us home;
now with us and in us, we welcome your company:
Spirit of Christ, in his name you have come.

Spirit of holiness...

Words: Christopher Idle (b. 1938)

Prayer after Communion

President Let us pray.

We keep a moment of quiet prayer.

Faithful God, who fulfilled the promises of Easter
by sending us your Holy Spirit
and opening to every race and nation
the way of life eternal: open our lips by your Spirit,
that every tongue may tell of your glory;
through Jesus Christ our Lord.

All **Amen.**

All **Almighty God, we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen.**

Please remain seated for the notices.

Notices

The Dismissal

Blessing of Light

Please stand. The ministers go to the Easter Candle.

Blessed are you, sovereign God, overflowing in love.
With Pentecost dawns the age of the Spirit.
Now the flame of heaven rests on every believer.
Strong and weak, women and men tell out your word;
the young receive visions, the old receive dreams.
With the new wine of the Spirit
they proclaim your reign of love.
Amid the birth pangs of the new creation
the way of light is made known.
Source of freedom, giver of life,
blessed are you, Father, Son and Holy Spirit.

All **Blessed be God for ever.**

The congregation light their candles as the hymn is sung and move to stand in a circle around the church.

Hymn

SONG 22

Melody by Orlando Gibbons (1583-1625)



Love of the Father, Love of God the Son,
From whom all came, in whom was all begun;
Who formest heavenly beauty out of strife,
Creation's whole desire and breath of life:

Thou the all-holy, thou supreme in might,
Thou dost give peace, thy presence maketh right;
Thou with thy favour all things dost enfold,
With thine all-kindness free from harm wilt hold.

Hope of all comfort, splendour of all aid,
That dost not fail nor leave the heart afraid:
To all that cry thou dost all help accord,
The angels' armour, and the saints' reward.

Purest and highest, wisest and most just,
There is no truth save only in thy trust;
Thou dost the mind from earthly dreams recall,
And bring, through Christ, to him for whom are all.

Eternal glory, we all thee adore,
Who art and shalt be worshipped evermore:
Us whom thou madest, comfort with thy might,
And lead us to enjoy thy heavenly light.

Words: *Amor Patris et Filii*, 12th Century, Robert Bridges (1844-1930)

Blessing of the Church

The Dean blesses the Cathedral:

Almighty and eternal God, we pray your blessing on this, our Cathedral, our people and our building.

Surround us with your love and protection, and keep us from all harm and evil.

May your light shine forth, casting out all darkness.

+ Bless we pray, the living stones of our building, and each and every member of this community, and all pass through this place, in the name of the Father and of the Son and of the Holy Spirit.

All **Amen**

Commission

When all the candles are lit the president says:

For fifty days we have celebrated the victory of our Lord Jesus Christ over the powers of sin and death. We have proclaimed God's mighty acts and we have prayed that the power that was at work when God raised Jesus from the dead might be at work in us.

As part of God's Church here in Chelmsford, I call upon you to live out what you proclaim:

Empowered by the Holy Spirit, will you dare to walk into God's future, trusting him to be your guide?

All **By the Spirit's power, we will.**

Will you dare to embrace each other and grow together in love?

All **We will.**

Will you dare to share your riches in common and minister to each other in need?

All **We will.**

Will you dare to pray for each other until your hearts beat with the longings of God?

All **We will.**
Will you dare to carry the light of Christ into the world's dark places?

All **We will.**

The Easter Candle is extinguished.

Conclusion

The Lord is here.

All **His Spirit is with us.**

Today we have remembered the coming of God's power on the disciples and we invite that same Spirit to drive us out into the wild places of the world.

During the hymn, the ministers process to the back of the Cathedral.

The congregation turn to face the West Door.

Hymn

HEREFORD

Samuel Sebastian Wesley (1810-1876)



1 O thou who camest from above,
the pure celestial fire to impart,
kindle a flame of sacred love
on the mean altar of my heart.

3 Jesus, confirm my heart's desire
to work, and speak, and think for thee;
still let me guard the holy fire,
and still stir up thy gift in me.

2 There let it for thy glory burn
with inextinguishable blaze,
and trembling to its source return
in humble prayer, and fervent praise.

4 Ready for all thy perfect will,
my acts of faith and love repeat,
till death thy endless mercies seal,
and make my sacrifice complete.

Words: SS Wesley (1810-76)

The Blessing

The president blesses the people:

All The Lord is here.
His Spirit is with us.

May the Spirit,
who hovered over the waters when the world was created,
breathe into you the life he gives.

All **Amen.**

May the Spirit,
who overshadowed the Virgin when the eternal Son came
among us,
make you joyful in the service of the Lord.

All **Amen.**

May the Spirit,
who set the Church on fire upon the Day of Pentecost,
bring the world alive with the love of the risen Christ.

All **Amen.**

And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

Deacon Filled with the Spirit's power,
go in the light and peace of Christ. Alleluia, alleluia.

All **Thanks be to God. Alleluia, alleluia.**

Organ Voluntary

Spirit
(Canticle of the Rose)

Alan Ridout (1934-1996)

Please remain standing as the ministers depart.

CHELMSFORD CATHEDRAL WORSHIP

Please join us during the week for prayer in person or online at the following times every day:

Sundays

7.45am: Morning Prayer

8am: Said Eucharist (BCP)

9.30am: Sung Eucharist

11.15am: Choral Eucharist

3.30pm: Choral Evensong

Weekdays

7.45am: Morning Prayer

8.15am: Eucharist

10.30am: Said Eucharist - Thursdays only

5.15pm: Choral Evensong - Thursdays & Fridays

Sung Evening Prayer - Tuesdays

Plainsong Evensong - Wednesdays

Said Evening Prayer - Mondays & Saturdays

For details about how to worship online, live or later, visit our website chelmsfordcathedral.org.uk and find our 'Regular Worship' page.

Safeguarding at Chelmsford Cathedral

Do you have a concern about a child or an adult at risk?

You can report any concern directly to the Diocesan Safeguarding team

Telephone: 01245 294444 Email: safeguarding@chelmsford.anglican.org

Or you can report your concern to our Cathedral Safeguarding Team

Telephone: 01245 294483

Email: safeguarding@chelmsfordcathedral.org.uk

If you have information about a safeguarding situation where a child or adult is in immediate danger call the emergency services on 999

To contact your local police to report a non-emergency concern call 101

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