



The Holy Eucharist

The Sunday next before Lent

*Sunday 15th February
at 11.15am*

*President: The Revd Olivia Maxfield-Coote
Preacher: The Revd Patrick Sherring*

Welcome to Chelmsford Cathedral. Everything you need for this celebration is in this booklet. Please ensure that your mobile phone is switched off and keep your belongings with you.

Music. The mass is sung to the plainsong setting *Missa Lux et Origo*. The Cathedral Singers are directed by Samuel Bristow, the Assistant Director of Music. The organ is played by Emma Gibbins, the Director of Music.

Receiving Communion. All who have been baptised are invited to receive Holy Communion or to receive a blessing as is your custom. Please come in two single files down the centre of the nave to one of the Communion stations, and hold out your hands to receive the consecrated bread. **Please do not intinct** (dip) the wafer into the consecrated wine. To receive a blessing, please bow your head. Gluten-free wafers are also available; please speak to one of the stewards on duty.

Hearing Aids. There is a loop system installed throughout the Cathedral. If you are a hearing aid user, please turn it to **T**.

If the alarm sounds, please exit the Cathedral and, if safe, assemble at the rear of the Shire Hall in the South Eastern corner of the churchyard. Please leave your belongings until it is safe to collect them.

Rubrics: Please stand or sit as is comfortable for you.

Please make a financial contribution to the maintenance and ministry of the Cathedral. You can use the contactless giving plates near the doors or by scanning the QR code here. A collection will be taken during the service.



Live stream: This service is being live streamed to the Chelmsford Cathedral Facebook page.

Car park code: 0000

Visit us at chelmsfordcathedral.org.uk.

Music before the service

Beautiful Saviour

Paul Manz (1919-2009)

The Gathering

Before the service begins, the congregation is welcomed. Please stand to sing.

Hymn

ST DENIO

Adapted from John Roberts' *Caniadau y Cyssegre* 1839



Immortal, invisible, God only wise,
in light inaccessible hid from our eyes,
most blessed, most glorious, the Ancient of Days,
almighty, victorious, thy great name we praise.

Unresting, unhasting, and silent as light,
nor wanting, nor wasting, thou rulest in might;
thy justice like mountains high soaring above
thy clouds which are fountains of goodness and love.

To all life thou givest - to both great and small;
in all life thou livest, the true life of all;
we blossom and flourish as leaves on the tree,
and wither and perish - but nought changeth thee.

Great Father of glory, pure Father of light,
thine angels adore thee, all veiling their sight;
all laud we would render: O help us to see
'tis only the splendour of light hideth thee.

Words: W. Chalmers Smith (1824-1908)

The Greeting

President In the name of the Father, and of the Son,
and of the Holy Spirit.

All **Amen.**

All The Lord be with you
and also with you.

The president offers some words of welcome and introduction.

The Prayers of Penitence

Deacon God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven, and to bring us to eternal life.
Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

We keep a moment of quiet as we call to mind our sins.

All **Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry and repent of all our sins.
For the sake of your Son Jesus Christ, who died for us,
forgive us all that is past and grant that we may serve
you in newness of life to the glory of your name. Amen.**

President Almighty God, who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal; through Jesus Christ our Lord.

All **Amen.**

Please be seated as the choir sings the Gloria.

Gloria in Excelsis

Gloria in excelsis Deo,
et in terra pax
hominibus bonae voluntatis.
Laudamus te, benedicimus te,
adoramus te, glorificamus te,
gratias agimus tibi
propter magnam gloriam tuam,
Domine Deus, Rex caelestis,
Deus Pater omnipotens.
Domine Fili unigenite, Jesu Christe,
Domine Deus, Agnus Dei, Filius Patris,
qui tollis peccata mundi,
miserere nobis;
qui tollis peccata mundi,
suscipe deprecationem nostram.
Qui sedes ad dexteram Patris,
miserere nobis.
Quoniam tu solus Sanctus,
tu solus Dominus,
tu solus Altissimus,
Jesu Christe, cum Sancto Spiritu:
in gloria Dei Patris. Amen.

*Glory to God in the highest,
and peace to his people on earth.
We praise you, we bless you,
we worship you, we glorify you,
we give thanks to you
for your great glory
Lord God, heavenly King,
almighty God and Father.
Lord Jesus Christ,
only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you take away the sin of the world:
receive our prayer.
You are seated at the right hand of
the Father: have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.*

The Collect

President Let us pray.

We keep a moment of quiet prayer and reflection.

Almighty Father, whose Son was revealed in majesty
before he suffered death upon the cross:
give us grace to perceive his glory,
that we may be strengthened to suffer with him
and be changed into his likeness, from glory to glory;
who is alive and reigns with you,
in the unity of the Holy Spirit, one God, now and for ever.

All



A - men.

The Liturgy of the Word

The First Reading

Exodus 24.12–end

A reading from the book of Exodus.

The Lord said to Moses, ‘Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction.’ So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, ‘Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them.’

Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

This is the word of the Lord.

All **Thanks be to God.**

The choir sings the Psalm.

Psalm 99

1 The Lord is King, be the people never so impatient :
he sitteth between the cherubims, be the earth never so unquiet.
2 The Lord is great in Sion : and high above all people.
3 They shall give thanks unto thy Name : which is great, wonderful, and holy.
4 The King's power loveth judgement; thou hast prepared equity : thou hast
executed judgement and righteousness in Jacob.
5 O magnify the Lord our God : and fall down before his footstool, for he is
holy.
6 Moses and Aaron among his priests, and Samuel among such as call upon
his Name : these called upon the Lord, and he heard them.
7 He spake unto them out of the cloudy pillar : for they kept his testimonies,
and the law that he gave them.

8 Thou heardest them, O Lord our God : thou forgavest them, O God, and punishedst their own inventions.

9 O magnify the Lord our God, and worship him upon his holy hill : for the Lord our God is holy.

The Second Reading

2 Peter 1.16–end

A reading from the second letter of Peter.

For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honour and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, ‘This is my Son, my Beloved, with whom I am well pleased.’ We ourselves heard this voice come from heaven, while we were with him on the holy mountain.

So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one’s own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

This is the word of the Lord.

All **Thanks be to God.**

Please stand and turn to face the Gospel procession.

Gospel Acclamation



Choir Alleluia, Alleluia, Alleluia.

All **Alleluia, Alleluia, Alleluia.**

Choir Speak, Lord, for your servant is listening.
You have the words of eternal life.

All **Alleluia, Alleluia, Alleluia.**

The Gospel Reading

Matthew 17.1–9

Deacon The Lord be with you

All **and also with you.**

Hear the Gospel of our Lord Jesus Christ
according to Matthew.



Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, 'Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah.' While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, 'This is my Son, the Beloved; with him I am well pleased; listen to him!' When the disciples heard this, they fell to the ground and were overcome by fear.

But Jesus came and touched them, saying, 'Get up and do not be afraid.' And when they looked up, they saw no one except Jesus himself alone.

As they were coming down the mountain, Jesus ordered them, 'Tell no one about the vision until after the Son of Man has been raised from the dead.'

This is the Gospel of the Lord.



Please be seated.

The Sermon

The Revd Patrick Sherring

Please stand.

The Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of Intercession

President In the power of the Spirit and in union with Christ,
let us pray to the Father.

The congregation sits or kneels. At the end of the prayers the intercessor may say:

All Merciful Father,
**accept these prayers, for the sake of your Son,
our Saviour Jesus Christ. Amen.**

At the end of the intercessions, please stand.

The Liturgy of the Sacrament

The Peace

President Christ is our peace.
He has reconciled us to God
in one body by the cross.
We meet in his name and share his peace.

All The peace of the Lord be always with you
and also with you.

Deacon Let us offer one another a sign of peace.

We remain standing to sing the offertory hymn, during which a collection is taken.

Hymn

AURELIA

Samuel Sebastian Wesley (1810-1876)



Light of the minds that know him:
may Christ be light to mine;
my sun in risen splendour,
my light of truth divine;
my guide in doubt and darkness,
my true and living way,
my clear light ever shining
my dawn of heaven's day.

Life of the souls that love him:
may Christ be ours indeed;
the living bread from heaven
on whom our spirits feed;
who died for love of sinners
to bear our guilty load,
and make of life's brief journey
a new Emmaus road.

Strength of the wills that serve him:
may Christ be strength to me,
who stilled the storm and tempest,
who calmed the tossing sea;
his Spirit's power to move me,
his will to master mine,
his cross to carry daily
and conquer in his sign.

May it be ours to know him
that we may truly love,
and loving, fully serve him
as serve the saints above;
till in that home of glory
with fadeless splendour bright,
we serve in perfect freedom
our strength, our life, our light.

*Words: Timothy Dudley-Smith (1926-2024)
based on a prayer of Augustine of Hippo (354-430)*

Please remain standing.

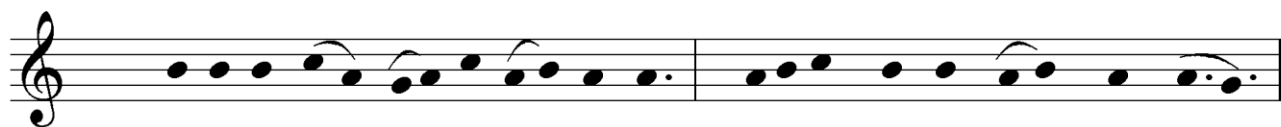
The Eucharistic Prayer



The Lord be with you R: And al - so with you.



Lift up your hearts. R: We lift them to the Lord.



Let us give thanks to the Lord our God. R: It is right to give thanks and praise.

It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks,
holy Father, almighty and eternal God.

From sunrise to sunset this day is holy,
for Christ has risen from the tomb
and scattered the darkness of death
with light that will not fade.

This day the risen Lord walks with your gathered people,
unfolds for us your word,
and makes himself known in the breaking of the bread.

And though the night will overtake this day
you summon us to live in endless light,
the never-ceasing sabbath of the Lord.

And so, with choirs of angels
and with all the heavenly host, we proclaim your glory
and join their unending song of praise:

The choir sings the Sanctus and Benedictus.

Sanctus, sanctus, sanctus,
Dominus Deus Sabaoth.
Pleni sunt caeli et terra gloria tua.
Hosanna in excelsis

Benedictus qui venit
in nomine Domini.
Hosanna in excelsis.

*Holy, holy, holy,
Lord God of power and might,
heaven and earth are full of your
glory. Hosanna in the highest.*

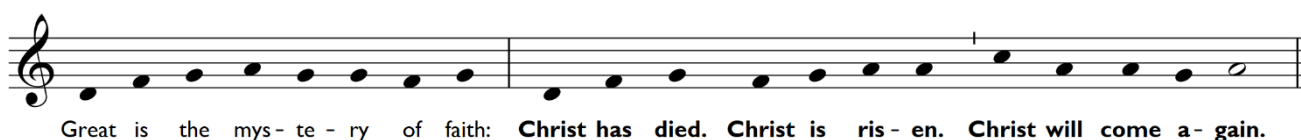
*Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.*

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.



And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once
for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Mary, Peter, Cedd
and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

All **Amen.**

Please sit or kneel.

The Lord's Prayer

President Let us pray with confidence in the words our Saviour gave us:

All **Our Father, who art in heaven,
hallowed be thy name; thy kingdom come;
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

President We break this bread to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

The choir sings the Agnus Dei.

Agnus Dei

Agnus Dei,
qui tollis peccata mundi,
miserere nobis.

Agnus Dei,
qui tollis peccata mundi,
miserere nobis.

Agnus Dei,
qui tollis peccata mundi,
dona nobis pacem.

*Lamb of God,
you take away the sin of the world,
have mercy on us.*

*Lamb of God,
you take away the sin of the world,
have mercy on us.*

*Lamb of God,
you take away the sin of the world,
grant us peace.*

The Giving of Communion

President Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

All **Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

To indicate if you wish to receive Communion, please hold out your hands. If you simply wish to receive a blessing, please keep your head bowed.

Motet

Light beyond shadow, joy beyond tears,
love that is greater when darkest our fears;
deeper than peace when the storm is around,
dearer the Christ to the lost who is found.

Light of the world, Jesus shining, shining!
Sins of the world, see him dying, dying!
In our darkness, he is light, in our crying,
he is love, in the noise of life imparting,
peace that passes understanding.

Words: Paul Wigmore (1925-2014)

Music: John Dankworth (1927-2010)

We remain seated for the Communion hymn.

Hymn

CARLISLE

Charles Lockhart (1745-1815)



‘Tis good, Lord, to be here!
Thy glory fills the night;
thy face and garments like the sun,
shine with unborrowed light.

‘Tis good, Lord, to be here,
thy beauty to behold,
where Moses and Elijah stand,
thy messengers of old.

Fulfiller of the past,
promise of things to be,
we hail thy body glorified,
and our redemption see.

Before we taste of death,
we see thy kingdom come;
we fain would hold the vision bright,
and make this hill our home.

‘Tis good, Lord, to be here!
Yet we may not remain;
but since thou bidst us leave the mount
come with us to the plain.

Words: J. Armitage Robinson (1858-1933)

Prayer after Communion

President Let us pray.

We keep a moment of quiet prayer.

Holy God,
we see your glory in the face of Jesus Christ:
may we who are partakers at his table
reflect his life in word and deed,
that all the world may know his power to change and save.
This we ask through Jesus Christ our Lord.

All **Amen.**

All **Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.**

Please remain seated for the notices.

Notices

The Dismissal

Please stand.

Hymn

ST ALBINUS

Henry John Gauntlett (1805-1876)



Al - le - lu - ia.

Jesus on the mountain peak
Stands alone in glory blazing
Let us, if we dare to speak
Join the saints and angels praising
Alleluia!

Trembling at His feet we saw
Moses and Elijah speaking
All the prophets and the law
Shout through them their joyful greeting
Alleluia!

Swift the cloud of glory came
God proclaiming in its thunder
Jesus as the Son by name!
Nations, cry aloud in wonder
Alleluia!

Jesus is the chosen One,
Living hope of every nation,
Hear and heed him everyone;
Sing, with earth and all creation,
Alleluia!

Words: Brian Wren (b. 1936)

The Blessing

President The Lord be with you.

All **And also with you.**

The God of hope fill you with all joy and peace in believing;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**



Organ Voluntary

Now Thank We All Our God

Paul Manz (1919-2009)

Please remain standing as the ministers depart.

Music Notes

Today's voluntaries are written by the American organist and composer, Paul Manz. Renowned for his improvisations and compositions on hymn tunes, the music before the service is based on the Silesian folk tune *Schönster Herr Jesu*. The music after the service is a lively piece on the Lutheran hymn tune *Nun danket alle Gott*. Opening with a dancing accompaniment, the theme sings out in the tenor register. After a verse, the theme and accompaniment join together, ending with the opening line of the hymn tune.

CHELMSFORD CATHEDRAL WORSHIP

Please join us during the week for prayer in person or online at the following times every day:

Sundays

7.45am: Morning Prayer

8am: Said Eucharist (BCP)

9.30am: Sung Eucharist

11.15am: Choral Eucharist

3.30pm: Choral Evensong

Weekdays

7.45am: Morning Prayer

8.15am: Eucharist

10.30am: Said Eucharist – Thursdays only

5.15pm: Choral Evensong - Thursdays & Fridays

Sung Evening Prayer – Tuesdays

Plainsong Evensong - Wednesdays

Said Evening Prayer - Mondays & Saturdays

For details about how to worship online, live or later, visit our website chelmsfordcathedral.org.uk and find our 'Regular Worship' page.

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You can report any concern directly to the Diocesan Safeguarding team

Telephone: 01245 294444 Email: safeguarding@chelmsford.anglican.org

Or you can report your concern to our Cathedral Safeguarding Team

Telephone: 01245 294483

Email: safeguarding@chelmsfordcathedral.org.uk

If you have information about a safeguarding situation where a child or adult is in immediate danger call the emergency services on 999

To contact your local police to report a non-emergency concern call 101

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