

CHELMSFORD
CATHEDRAL



The Holy Eucharist
The Sixth Sunday of Easter

Sunday 10th May
at 11.15am

President: The Very Revd Jessica Martin
Preacher: The Revd Olivia Maxfield-Cooté

Welcome to Chelmsford Cathedral. Everything you need for this celebration is in this booklet. Please ensure that your mobile phone is switched off and keep your belongings with you.

Music. The mass setting is the Communion B-flat by Charles Villiers Stanford (1852-1924). The choir is directed by Emma Gibbins, the Director of Music. The organ is played by Samuel Bristow, the Assistant Director of Music.

Receiving Communion. All who have been baptised are invited to receive Holy Communion or to receive a blessing as is your custom. Please come in two single files down the centre of the nave to one of the Communion stations, and hold out your hands to receive the consecrated bread. **Please do not intinct** (dip) the wafer into the consecrated wine. To receive a blessing, please bow your head. Gluten-free wafers are also available; please speak to one of the stewards on duty.

Hearing Aids. There is a loop system installed throughout the Cathedral. If you are a hearing aid user, please turn it to **T**.

If the alarm sounds, please exit the Cathedral and, if safe, assemble at the rear of the Shire Hall in the South Eastern corner of the churchyard. Please leave your belongings until it is safe to collect them.

Rubrics: Please stand or sit as is comfortable for you.

Please make a financial contribution to the maintenance and ministry of the Cathedral. You can use the contactless giving plates near the doors or by scanning the QR code here. A collection will be taken during the service.



Live stream: This service is being live streamed to the Chelmsford Cathedral Facebook page.

Car park code: 3767

Visit us at chelmsfordcathedral.org.uk.

Music before the service:

Intermezzo

Herbert Sumsion (1899-1995)

The Gathering

Before the service begins, the congregation is welcomed. Please stand to sing:

Processional Hymn

REGENT SQUARE

Henry Thomas Smart (1813-1879)



Light's abode, celestial Salem,
Vision whence true peace doth spring,
Brighter than the heart can fancy,
Mansion of the highest King;
O how glorious are the praises
Which of thee the prophets sing!

There for ever and for ever
Alleluia is out-poured;
For unending, for unbroken,
Is the feast-day of the Lord;
All is pure and all is holy
That within thy walls is stored.

O how glorious and resplendent,
Fragile body, shalt thou be,
When endued with so much beauty,
Full of health, and strong, and free,
Full of vigour, full of pleasure
That shall last eternally!

Now with gladness, now with courage,
Bear the burden on thee laid,
That hereafter these thy labours
May with endless gifts be paid,
And in everlasting glory
Thou with joy may'st be arrayed.

Laud and honour to the Father,
Laud and honour to the Son,
Laud and honour to the Spirit,
Ever three and ever one,
Consubstantial, co-eternal,
While unending ages run.

Words: attr. Thomas à Kempis (1379-1471), tr. J. M. Neale (1818-1866)

The Greeting

President In the name of the Father, and of the Son,
and of the Holy Spirit.

All **Amen.**

All The Lord be with you
and also with you.

All Alleluia! Christ is risen!
He is risen indeed, Alleluia!

The president offers some words of welcome and introduction.

The Prayers of Penitence

Deacon Christ our Passover lamb has been sacrificed for us.
Let us therefore rejoice by putting away all malice and evil
and confessing our sins with a sincere and true heart.

A moment of silence is kept.

Deacon Like Mary at the empty tomb, we fail to grasp
the wonder of your presence. Lord, have mercy.

All **Lord, have mercy.**

Deacon Like the disciples behind locked doors, we are afraid
to be seen as your followers. Christ, have mercy.

All **Christ, have mercy.**

Deacon Like Thomas in the upper room, we are slow to believe.
Lord, have mercy.

All **Lord, have mercy.**

President Almighty God, who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All **Amen.**

Please be seated as the choir sings the Gloria:

The Gloria

*GLORY be to God on high,
and in earth peace, good will towards men.
We praise thee, we bless thee, we worship thee,
we glorify thee, we give thanks to thee for thy great glory,
O Lord God, heavenly King, God the Father Almighty.
O Lord, the only-begotten Son, Jesu Christ;
O Lord God, Lamb of God, Son of the Father,
that takest away the sins of the world, have mercy upon us.
Thou that takest away the sins of the world,
have mercy upon us.
Thou that takest away the sins of the world,
receive our prayer.
Thou that sittest at the right hand of God the Father,
have mercy upon us.
For thou only art holy; thou only art the Lord;
thou only, O Christ, with the Holy Ghost,
art most high in the glory of God the Father. Amen.*

The Collect

President Let us pray.

We keep a moment of quiet prayer.

God our redeemer, you have delivered us from the power of
darkness and brought us into the kingdom of your Son:
grant, that as by his death he has recalled us to life,
so by his continual presence in us
he may raise us to eternal joy;
through Jesus Christ your Son our Lord, who is alive and
reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

All



A - men.

The Liturgy of the Word

The First Reading

Acts 17.22–31

A reading from the Acts of the Apostles.

Then Paul stood in front of the Areopagus and said, ‘Athenians, I see how extremely religious you are in every way. For as I went through the city and looked carefully at the objects of your worship, I found among them an altar with the inscription, “To an unknown god.” What therefore you worship as unknown, this I proclaim to you. The God who made the world and everything in it, he who is Lord of heaven and earth, does not live in shrines made by human hands, nor is he served by human hands, as though he needed anything, since he himself gives to all mortals life and breath and all things. From one ancestor he made all nations to inhabit the whole earth, and he allotted the times of their existence and the boundaries of the places where they would live, so that they would search for God and perhaps grope for him and find him—though indeed he is not far from each one of us. For “In him we live and move and have our being”; as even some of your own poets have said, “For we too are his offspring.” Since we are God’s offspring, we ought not to think that the deity is like gold, or silver, or stone, an image formed by the art and imagination of mortals. While God has overlooked the times of human ignorance, now he commands all people everywhere to repent, because he has fixed a day on which he will have the world judged in righteousness by a man whom he has appointed, and of this he has given assurance to all by raising him from the dead.’

This is the word of the Lord.

All **Thanks be to God.**

Psalm 66.7-18

7 O praise our God, ye people : and make the voice of his praise to be heard;

8 Who holdeth our soul in life : and suffereth not our feet to slip.

9 For thou, O God, hast proved us : thou also hast tried us, like as silver is tried.

10 Thou broughtest us into the snare : and laidest trouble upon our loins.

11 Thou sufferedst men to ride over our heads : we went through fire and water, and thou broughtest us out into a wealthy place.

12 I will go into thine house with burnt-offerings: and will pay thee my vows, which I promised with my lips, and spake with my mouth, when I was in trouble.

13 I will offer unto thee fat burnt-sacrifices, with the incense of rams : I will offer bullocks and goats.

14 O come hither, and hearken, all ye that fear God : and I will tell you what he hath done for my soul.

15 I called unto him with my mouth : and gave him praises with my tongue.

16 If I incline unto wickedness with mine heart : the Lord will not hear me.

17 But God hath heard me : and considered the voice of my prayer.

18 Praised be God, who hath not cast out my prayer : nor turned his mercy from me.

The Second Reading

1 Peter 3.13–22

A reading from the first letter of Peter.

Who will harm you if you are eager to do what is good? But even if you do suffer for doing what is right, you are blessed. Do not fear what they fear, and do not be intimidated, but in your hearts sanctify Christ as Lord. Always be ready to make your defence to anyone who demands from you an account of the hope that is in you; yet do it with gentleness and reverence. Keep your conscience clear, so that, when you are maligned, those who abuse you for your good conduct in Christ may be put to shame. For it is better to suffer for doing good, if suffering should be God's will, than to suffer for doing evil. For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God.

He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight people, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

This is the word of the Lord.

All **Thanks be to God.**

Please stand and turn to face the Gospel procession.

Gospel Acclamation



Choir Alleluia, Alleluia, Alleluia.

All **Alleluia, Alleluia, Alleluia.**

Choir I am the first and the last, says the Lord, and the living one;
I was dead, and behold I am alive for evermore.

All **Alleluia, Alleluia, Alleluia.**

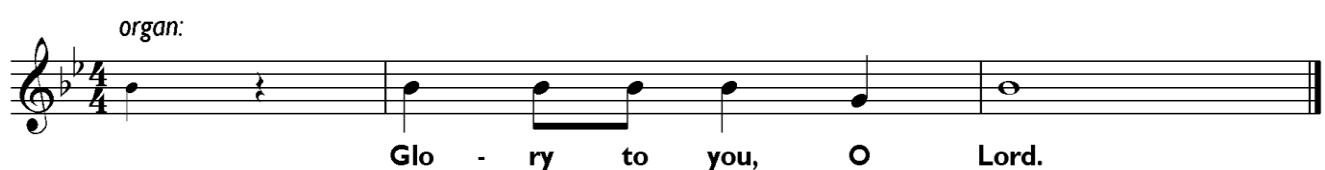
The Gospel Reading

John 14.15–21

Deacon The Lord be with you

All **and also with you.**

Hear the Gospel of our Lord Jesus Christ
according to John.



Jesus said to his disciples: ‘If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Advocate, to be with you for ever. This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, because he abides with you, and he will be in you. ‘I will not leave you orphaned; I am coming to you. In a little while the world will no longer see me, but you will see me; because I live, you also will live. On that day you will know that I am in my Father, and you in me, and I in you. They who have my commandments and keep them are those who love me; and those who love me will be loved by my Father, and I will love them and reveal myself to them.’

This is the Gospel of the Lord.



Please be seated.

The Sermon

The Revd Olivia Maxfield-Cooté

Please stand.

The Nicene Creed

**We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of Intercession

President Let us bring to the Father our prayers of intercession
through Christ who gave himself for the life of the world.

The congregation sits or kneels. At the end of the prayers the intercessor may say:

All Merciful Father,
**accept these prayers, for the sake of your Son,
our Saviour Jesus Christ. Amen.**

At the end of the intercessions, please stand.

The Liturgy of the Sacrament

The Peace

President The risen Christ came and stood among his disciples
and said, 'Peace be with you.'
Then were they glad when they saw the Lord. Alleluia.

All The peace of the Lord be always with you
and also with you.

Deacon Let us offer one another a sign of peace.
We remain standing to sing the offertory hymn, during which a collection is taken.

Hymn

JESUS CALLS US (LEWIS FOLK MELODY)

Lewis folk melody arranged by John L. Bell (b. 1949)



Jesus calls us here to meet him
as through word and song and prayer
we affirm God's promised presence
where his people live and care.
Praise the God who keeps his promise;
praise the Son who calls us friends;
praise the Spirit who, among us,
to our hopes and fears attends.

Jesus calls us to confess him
Word of Life and Lord of All,
sharer of our flesh and frailness
saving all who fail or fall.
Tell his holy human story;
tell his tales that all may hear;
tell the world that Christ in glory
came to earth to meet us here.

Jesus calls us to each other:
vastly different though we are;
creed and colour, class and gender
neither limit nor debar.
Join the hand of friend and stranger;
join the hands of age and youth;
join the faithful and the doubter
in their common search for truth.

Jesus calls us to his table
rooted firm in time and space,
where the church in earth and heaven
finds a common meeting place.
Share the bread and wine, his body;
share the love of which we sing;
share the feast for saints and sinners
hosted by our Lord and King.

Words: John L Bell (b. 1949) & Graham Maule (1958-2019)

Please remain standing.

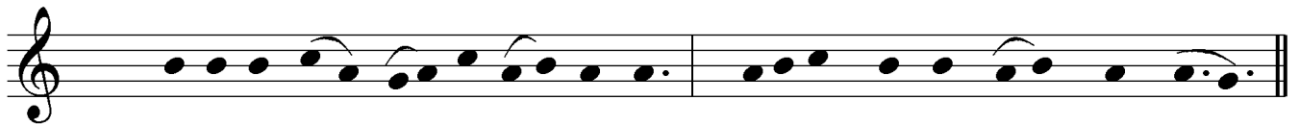
The Eucharistic Prayer



The Lord be with you *R:* And al - so with you.



Lift up your hearts. *R:* We lift them to the Lord.



Let us give thanks to the Lord our God. *R:* It is right to give thanks and praise.

It is indeed right, our duty and our joy, always and everywhere to give you thanks, almighty and eternal Father, and in these days of Easter to celebrate with joyful hearts the memory of your wonderful works. For by the mystery of his passion Jesus Christ, your risen Son, has conquered the powers of death and hell and restored in men and women the image of your glory. He has placed them once more in paradise and opened to them the gate of life eternal. And so, in the joy of this Passover, earth and heaven resound with gladness, while angels and archangels and the powers of all creation sing for ever the hymn of your glory:

The choir sings the Sanctus and Benedictus:

*Holy, holy, holy, Lord God of hosts,
heaven and earth are full of thy glory.
Glory be to thee, O Lord most high.*

*Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.*

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.
In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.



And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once
for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.
Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Mary, Peter, Cedd and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father, for ever and ever.
All **Amen.**

Please sit or kneel.

The Lord's Prayer

President Rejoicing in God's new creation,
let us pray with confidence as our Saviour has taught us

All **Our Father, who art in heaven, hallowed be thy name;
thy kingdom come; thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power and the glory,
for ever and ever. Amen.**

Breaking of the Bread

President We break this bread to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

The choir sings the Agnus Dei:

Agnus Dei

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
grant us thy peace.*

The Giving of Communion

President Alleluia, Christ our Passover is sacrificed for us.

All **Therefore let us keep the feast, Alleluia.**

To indicate if you wish to receive Communion, please hold out your hands. If you simply wish to receive a blessing, please keep your head bowed.

Motet

At the round earth's imagined corners blow
Your trumpets, angels, and arise, arise
From death, you numberless infinities
Of souls and to your scattered bodies go!
All whom the flood did, and fire shall overthrow,
All whom war, dearth, age, agues, tyrannies,
Despair, law, chance, hath slain, and you whose eyes
Shall behold God and never taste death's woe;
But let them sleep, Lord, and me mourn a space,
For, if above all these my sins abound,
'Tis late to ask abundance of Thy grace
When we are there. Here on this lowly ground,
Teach me how to repent; for that's as good
As if Thou'dst sealed my pardon with Thy blood.

Words: John Donne (1572-1631)

Music: C. H. H. Parry (1848-1918)

We remain seated for the Communion hymn.

Hymn

PICARDY

French carol melody in *Chansons Populaires* Vol.4, Paris, 1860



Let all mortal flesh keep silence,
and with fear and trembling stand;
ponder nothing earthly-minded,
for with blessing in his hand,
Christ our God to earth descendeth,
our full homage to demand.

King of kings, yet born of Mary,
as of old on earth he stood,
Lord of lords, in human vesture—
in the Body and the Blood—
he will give to all the faithful
his own self for heavenly food.

Rank on rank the host of heaven
spreads its vanguard on the way,
as the Light of light descendeth
from the realms of endless day,
that the powers of hell may vanish
as the darkness clears away.

At his feet the six-winged Seraph;
cherubim with sleepless eye
veil their faces to the Presence,
as with ceaseless voice they cry,
Alleluia, alleluia,
alleluia, Lord most high.

Words: Anon. Greek, tr. Gerard Moultrie (1829-1885)

Prayer after Communion

President Let us pray.

We keep a moment of quiet prayer.

God our Father,
whose Son Jesus Christ gives the water of eternal life:
may we thirst for you,
the spring of life and source of goodness,
through him who is alive and reigns, now and for ever.

All **Amen.**

All **Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.**

Please remain seated for the notices.

Notices

The Dismissal

Please stand.

Hymn

RICHMOND

Thomas Haweis (1733-1820)



O for a thousand tongues to sing
my dear redeemer's praise,
the glories of my God and King,
the triumphs of his grace!

Jesus! the name that charms our fears,
that bids our sorrows cease;
'tis music in the sinner's ears,
'tis life, and health, and peace.

He speaks; and, listening to his voice,
new life the dead receive,
the mournful broken hearts rejoice,
the humble poor believe.

My gracious Master and my God,
assist me to proclaim
and spread through all the earth abroad
the honours of thy name.

Words: Charles Wesley (1707-1788)

The Blessing

President The Lord be with you
All **and also with you.**

The God of peace,
who brought again from the dead our Lord Jesus,
that great shepherd of the sheep,
through the blood of the eternal covenant,
make you perfect in every good work to do his will,
working in you that which is well-pleasing in his sight;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

Deacon



Go in the peace of Christ Al - le - lu - ia! Al - le - lu - ia!_____

All

3 *Choir and Congregation*



Thanks be to God, Al - le - lu - ia! Al - le - lu - ia!_____

Organ Voluntary

Fantasia in G Major

C. H. H. Parry (1848-1918)

Please remain standing as the ministers depart.

Music Notes

This morning's opening voluntary is Sumsion's organ transcription of his own 'A Mountain Tune' (1940) for cello and piano, which he also arranged for string orchestra. It is a testament to Sumsion's understanding of the instrument (having served as Organist at Gloucester Cathedral for 39 years) that the piece transfers to the organ so convincingly. Embodying the tonal sound-world of his friend Ralph Vaughan Williams within a simple ABA form, the opening melody is treated to a luscious accompaniment. A contrasting middle section, with a new theme, incorporates a more daring harmonic language with shameless chromaticism, before a reprieve of the largely unaltered first section. The closing voluntary is Hubert Parry's expansive Fantasia in G major which, paired with a Fugue, was completed in 1913 after several revisions. A renowned scholar on the music of J.S. Bach, the title of the work alludes to Parry's reverence for Bach's organ music, whilst its symphonic approach and harmonic language betrays a deeper influence from Johannes Brahms.

CHELMSFORD CATHEDRAL WORSHIP

Please join us during the week for prayer in person or online at the following times every day:

Sundays

7.45am: Morning Prayer

8am: Said Eucharist (BCP)

9.30am: Sung Eucharist

11.15am: Choral Eucharist

3.30pm: Choral Evensong

Weekdays

7.45am: Morning Prayer

8.15am: Eucharist

10.30am: Said Eucharist - Thursdays only

5.15pm: Choral Evensong - Thursdays & Fridays

Sung Evening Prayer - Tuesdays

Plainsong Evensong - Wednesdays

Said Evening Prayer - Mondays & Saturdays

For details about how to worship online, live or later, visit our website chelmsfordcathedral.org.uk and find our 'Regular Worship' page.

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Do you have a concern about a child or an adult at risk?

You can report any concern directly to the Diocesan Safeguarding team

Telephone: 01245 294444 Email: safeguarding@chelmsford.anglican.org

Or you can report your concern to our Cathedral Safeguarding Team

Telephone: 01245 294483

Email: safeguarding@chelmsfordcathedral.org.uk

If you have information about a safeguarding situation where a child or adult is in immediate danger call the emergency services on 999

To contact your local police to report a non-emergency concern call 101

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