

CHELMSFORD
CATHEDRAL



The Holy Eucharist
The Third Sunday of Easter

Sunday 19th April
at 11.15am

President: The Revd Olivia Maxfield-Cooté
Preacher: Brother Sam SSF

Welcome to Chelmsford Cathedral. Everything you need for this celebration is in this booklet. Please ensure that your mobile phone is switched off and keep your belongings with you.

Music. The mass is sung to the Communion service in A flat by Basil Harwood (1859-1949). The choir is directed by Emma Gibbins, the Director of Music. The organ is played by Samuel Bristow, the Assistant Director of Music.

Receiving Communion. All who have been baptised are invited to receive Holy Communion or to receive a blessing as is your custom. Please come in two single files down the centre of the nave to one of the Communion stations, and hold out your hands to receive the consecrated bread. **Please do not intinct** (dip) the wafer into the consecrated wine. To receive a blessing, please bow your head. Gluten-free wafers are also available; please speak to one of the stewards on duty.

Hearing Aids. There is a loop system installed throughout the Cathedral. If you are a hearing aid user, please turn it to **T**.

If the alarm sounds, please exit the Cathedral and, if safe, assemble at the rear of the Shire Hall in the South Eastern corner of the churchyard. Please leave your belongings until it is safe to collect them.

Rubrics: Please stand or sit as is comfortable for you.

Please make a financial contribution to the maintenance and ministry of the Cathedral. You can use the contactless giving plates near the doors or by scanning the QR code here. A collection will be taken during the service.



Live stream: This service is being live streamed to the Chelmsford Cathedral Facebook page.

Car park code: 9584

Visit us at chelmsfordcathedral.org.uk.

Music before the service:

Allegretto
(Five Short Pieces)

Percy Whitlock (1903-1946)

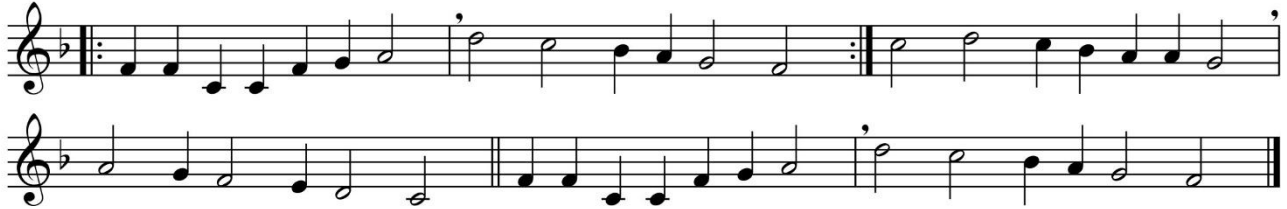
The Gathering

Before the service begins, the congregation is welcomed. Please stand to sing:

Hymn

AVE VIRGO VIRGINUM

Melody as given by J. Horn's *Gesangbuch*, 1544



Come, ye faithful, raise the strain
of triumphant gladness!
God hath brought his Israel
into joy from sadness:
loosed from Pharoah's bitter yoke
Jacob's sons and daughters,
led them with unmoistened foot
through the Red Sea waters.

2 'Tis the spring of souls today:
Christ hath burst his prison,
and from three days' sleep in death
as a sun hath risen;
all the winter of our sins,
long and dark, is flying
from his light, to whom we give
laud and praise undying.

5 Alleluia now we cry
to our King Immortal,
who triumphant burst the bars
of the tomb's dark portal;
alleluia, with the Son
God the Father praising;
alleluia yet again
to the Spirit raising.

3 Now the queen of seasons, bright
with the day of splendour,
with the royal feast of feasts,
comes its joy to render;
comes to glad Jerusalem,
who with true affection
welcomes in unwearied strains
Jesus' resurrection.

4 Neither might the gates of death,
nor the tomb's dark portal,
nor the watchers, nor the seal
hold thee as a mortal:
but today amidst the twelve
thou didst stand, bestowing
that thy peace which evermore
passeth human knowing.

The Greeting

President In the name of the Father, and of the Son,
and of the Holy Spirit.

All **Amen.**

All The Lord be with you
and also with you.

All Alleluia! Christ is risen!
He is risen indeed, Alleluia!

The president offers some words of welcome and introduction.

The Prayers of Penitence

Deacon Christ our Passover lamb has been sacrificed for us.
Let us therefore rejoice by putting away all malice and evil
and confessing our sins with a sincere and true heart.

A moment of silence is kept.

Deacon Like Mary at the empty tomb, we fail to grasp
the wonder of your presence. Lord, have mercy.

All **Lord, have mercy.**

Deacon Like the disciples behind locked doors, we are afraid
to be seen as your followers. Christ, have mercy.

All **Christ, have mercy.**

Deacon Like Thomas in the upper room, we are slow to believe.
Lord, have mercy.

All **Lord, have mercy.**

President Almighty God, who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All **Amen.**

Please be seated as the choir sings the Gloria:

The Gloria

*GLORY be to God on high,
and in earth peace, good will towards men.
We praise thee, we bless thee, we worship thee,
we glorify thee, we give thanks to thee for thy great glory,
O Lord God, heavenly King, God the Father Almighty.
O Lord, the only-begotten Son, Jesu Christ;
O Lord God, Lamb of God, Son of the Father,
that takest away the sins of the world, have mercy upon us.
Thou that takest away the sins of the world,
have mercy upon us.
Thou that takest away the sins of the world,
receive our prayer.
Thou that sittest at the right hand of God the Father,
have mercy upon us.
For thou only art holy; thou only art the Lord;
thou only, O Christ, with the Holy Ghost,
art most high in the glory of God the Father. Amen.*

The Collect

President Let us pray.

We keep a moment of quiet prayer.

Almighty Father,
who in your great mercy gladdened the disciples
with the sight of the risen Lord:
give us such knowledge of his presence with us,
that we may be strengthened and sustained by his risen life
and serve you continually in righteousness and truth;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit, one God, now and for ever.

All



A - men.

The Liturgy of the Word

The First Reading *Zephaniah 3.14-20*

A reading from the book of the prophet Zephaniah.

Sing aloud, O daughter Zion; shout, O Israel! Rejoice and exult with all your heart, O daughter Jerusalem! The Lord has taken away the judgements against you, he has turned away your enemies. The king of Israel, the Lord, is in your midst; you shall fear disaster no more. On that day it shall be said to Jerusalem: Do not fear, O Zion; do not let your hands grow weak. The Lord, your God, is in your midst, a warrior who gives victory; he will rejoice over you with gladness, he will renew you in his love; he will exult over you with loud singing as on a day of festival. I will remove disaster from you, so that you will not bear reproach for it. I will deal with all your oppressors at that time. And I will save the lame and gather the outcast, and I will change their shame into praise and renown in all the earth. At that time I will bring you home, at the time when I gather you; for I will make you renowned and praised among all the peoples of the earth, when I restore your fortunes before your eyes, says the Lord.

This is the word of the Lord.

All **Thanks be to God.**

The choir sings the psalm.

Psalm 116, 1-3, 10-16

I am well pleased : that the Lord hath heard the voice of my prayer;

2 That he hath inclined his ear unto me : therefore will I call upon him as long as I live.

3 The snares of death compassed me round about : and the pains of hell gat hold upon me.

10 I believed, and therefore will I speak; but I was sore troubled : I said in my haste, All men are liars.

11 What reward shall I give unto the Lord : for all the benefits that he hath done unto me?

12 I will receive the cup of salvation : and call upon the Name of the Lord.

13 I will pay my vows now in the presence of all his people : right dear in the sight of the Lord is the death of his saints.

14 Behold, O Lord, how that I am thy servant : I am thy servant, and the son of thine handmaid; thou hast broken my bonds in sunder.

15 I will offer to thee the sacrifice of thanksgiving : and will call upon the Name of the Lord.

16 I will pay my vows unto the Lord, in the sight of all his people : in the courts of the Lord's house, even in the midst of thee, O Jerusalem. Praise the Lord.

The Second Reading

Acts 2.14a, 36-41

A reading from the Acts of the Apostles.

Peter, standing with the eleven, raised his voice and addressed the crowd in Jerusalem: 'Let the entire house of Israel know with certainty that God has made him both Lord and Messiah, this Jesus whom you crucified.' Now when they heard this, they were cut to the heart and said to Peter and to the other apostles, 'Brothers, what should we do?' Peter said to them, 'Repent, and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven; and you will receive the gift of the Holy Spirit. For the promise is for you, for your children, and for all who are far away, everyone whom the Lord our God calls to him.' And he testified with many other arguments and exhorted them, saying, 'Save yourselves from this corrupt generation.' So those who welcomed his message were baptized, and that day about three thousand persons were added.

This is the word of the Lord.

All **Thanks be to God.**

Please stand and turn to face the Gospel procession.

Gospel Acclamation



Choir Alleluia. Alleluia. Alleluia.

All **Alleluia. Alleluia. Alleluia.**

Choir Jesus said to them, 'I am the bread of life.
Whoever comes to me will never be hungry,
and whoever believes in me will never be thirsty.'

All **Alleluia. Alleluia. Alleluia.**

The Gospel Reading

Luke 24.13–35

Deacon The Lord be with you.

All **and also with you.**

Hear the Gospel of our Lord Jesus Christ
according to Luke.



Now on that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him. And he said to them, 'What are you discussing with each other while you walk along?' They stood still, looking sad. Then one of them, whose name was Cleopas, answered him, 'Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?' He asked them, 'What things?' They replied, 'The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place.

Moreover, some women of our group astounded us. They were at the tomb early this morning, and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him.' Then he said to them, 'Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! Was it not necessary that the Messiah should suffer these things and then enter into his glory?' Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures. As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, 'Stay with us, because it is almost evening and the day is now nearly over.' So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him; and he vanished from their sight. They said to each other, 'Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?' That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. They were saying, 'The Lord has risen indeed, and he has appeared to Simon!' Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

This is the Gospel of the Lord.

organ:



Praise to you, O Christ.

Please be seated.

The Sermon

Brother Sam SSF

Please stand.

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of Intercession

President Let us bring to the Father our prayers of intercession through Christ who gave himself for the life of the world.

The congregation sits or kneels. At the end of the prayers the intercessor may say:

Merciful Father,
All **accept these prayers, for the sake of your Son, our Saviour Jesus Christ. Amen.**

At the end of the intercessions, please stand.

The Liturgy of the Sacrament

The Peace

President The risen Christ came and stood among his disciples and said, 'Peace be with you.'
Then were they glad when they saw the Lord. Alleluia.

All The peace of the Lord be always with you
and also with you.

Deacon Let us offer one another a sign of peace.

We remain standing to sing the offertory hymn, during which a collection is taken.

Hymn

MEIRIONYDD

Later form of melody by W. Lloyd (1785-1852)



We pray thee, heavenly Father,
to hear us in thy love,
and pour upon thy children
the unction from above;
that so in love abiding,
from all defilement free,
we may in pureness offer
our Eucharist to thee.

3 Within the pure oblation,
beneath the outward sign,
by that his operation,
the Holy Ghost divine,
lies hid the sacred body,
lies hid the precious blood,
once slain, now ever glorious,
of Christ our Lord and God.

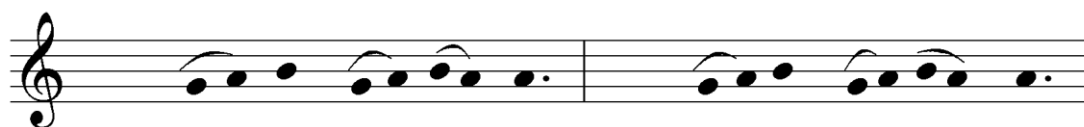
2 All that we have we offer,
for it is all thine own,
all gifts, by thine appointment,
in bread and cup are shown;
one thing alone we bring not,
the wilfulness of sin,
and all we bring is nothing
save that which is within.

4 Wherefore, though all unworthy
to offer sacrifice,
we pray that this our duty
be pleasing in thine eyes;
for praise, and thanks and worship,
for mercy and for aid,
the catholic oblation
of Jesus Christ is made.

Words: V. S. Stuckey Coles (1845-1929)

Please remain standing.

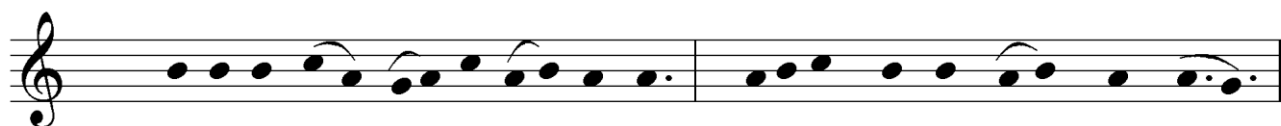
The Eucharistic Prayer



The Lord be with you *R:* And al - so with you.



Lift up your hearts. *R:* We lift them to the Lord.



Let us give thanks to the Lord our God. *R:* It is right to give thanks and praise.

It is indeed right,
our duty and our joy,
always and everywhere to give you thanks,
almighty and eternal Father,
and in these days of Easter to celebrate with joyful hearts
the memory of your wonderful works.
For by the mystery of his passion Jesus Christ,
your risen Son,
has conquered the powers of death and hell
and restored in men and women the image of your glory.
He has placed them once more in paradise
and opened to them the gate of life eternal.
And so, in the joy of this Passover,
earth and heaven resound with gladness,
while angels and archangels and the powers of all creation
sing for ever the hymn of your glory:

The choir sings the Sanctus and Benedictus:

*Holy, holy, holy, Lord God of hosts,
heaven and earth are full of thy glory.
Glory be to thee, O Lord most high.*

*Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.*

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:

Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.



Great is the mys- te - ry of faith: Christ has died. Christ is ris - en. Christ will come a - gain.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once
for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Mary, Peter, Cedd and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father, for ever and ever.

All **Amen.**

Please sit or kneel.

The Lord's Prayer

President Rejoicing in God's new creation,
let us pray with confidence as our Saviour has taught us

All **Our Father, who art in heaven, hallowed be thy name;
thy kingdom come; thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power and the glory,
for ever and ever. Amen.**

Breaking of the Bread

President We break this bread to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

The choir sings the Agnus Dei:

Agnus Dei

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,
grant us thy peace.*

The Giving of Communion

President Alleluia, Christ our Passover is sacrificed for us.

All **Therefore let us keep the feast, Alleluia.**

To indicate if you wish to receive Communion, please hold out your hands. If you simply wish to receive a blessing, please keep your head bowed.

Motet

Here, O my Lord, I see thee face to face;
here faith can touch and handle things unseen;
here would I grasp with firmer hands thy grace
and all my weariness upon thee lean.

Here would I feed upon the bread of God,
here drink with thee the royal wine of heav'n;
here would I lay aside each earthly load,
here taste afresh the calm of sin forgiv'n.

Words: Horatius Bonar (1808-1889)

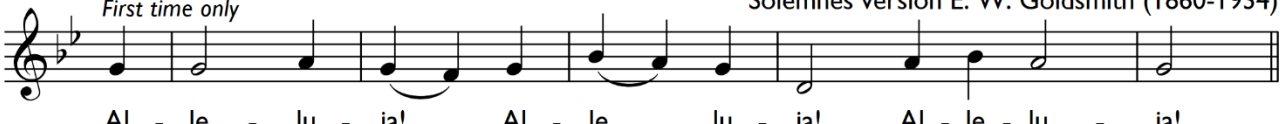
Music: Percy Whitlock (1903-1946)

We remain seated for the Communion hymn.

Hymn


○ FILII ET FILIAE
First time only

Melody in *Airs sur les hymnes sacrez*, Paris, 1623
Solemnnes version E. W. Goldsmith (1860-1934)



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

Verses



Al - le - lu - ia!

D. S.

Alleluia! Alleluia! Alleluia!

1 O sons and daughters of the King,
whom heavenly hosts in glory sing,
today the grave has lost its sting.

Alleluia!

2 That Easter morn at break of day,
the faithful women went their way
to seek the tomb where Jesus lay.

Alleluia!

3 An angel clad in white they see,
who sat and spoke unto the three,
"Your Lord has gone to Galilee."

Alleluia!

4 When Thomas first the tidings heard
that some had seen the risen Lord,
he doubted the disciples' word.

Alleluia!

5 At night the apostles met in fear;
among them came their Master dear
and said, "My peace be with you here."

Alleluia!

6 "My pierced side, O Thomas, see,
and look upon my hands, my feet;
not faithless but believing be."

Alleluia!

7 No longer Thomas then denied;
he saw the feet, the hands, the side.
"You are my Lord and God!" he cried.

Alleluia!

8 How blest are they who have not seen
and yet whose faith has constant been,
for they eternal life shall win.

Alleluia!

Words: Jean Tisserand (d 1494), tr. J.M. Neale (1818-1866)

Prayer after Communion

President Let us pray.

We keep a moment of quiet prayer.

Living God,
your Son made himself known to his disciples
in the breaking of bread:
open the eyes of our faith,
that we may see him in all his redeeming work;
who is alive and reigns, now and for ever.

All **Amen.**

All **Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.**

Please remain seated for the notices.

Notices

The Dismissal

Please stand.

Hymn

TRURO

Psalmodia Evangelica, 1789



Christ is alive! Let Christians sing.
His cross stands empty to the sky.
Let streets and homes with praises ring.
His love in death shall never die.

Christ is alive! No longer bound
to distant years in Palestine,
he comes to claim the here and now,
and conquer every place and time.

Not throned above, remotely high,
untouched, unmoved by human pains
but daily, in the midst of life,
our Saviour, with the Father reigns.

In every insult, rift and war,
where colour, scorn or wealth divide,
he suffers still, yet loves the more,
and lives, though ever crucified.

Christ is alive! His Spirit burns
through this and every future age,
till all creation lives and learns
his joy, his justice, love and praise.

Words: Brian Wren (b.1936)

The Blessing

President The Lord be with you
All **and also with you.**

May Christ,
who out of defeat brings new hope and a new future,
fill you with his new life;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

Deacon



Go in the peace of Christ Al - le - lu - ia! Al - le - lu - ia!_____

All

Choir and Congregation



Thanks be to God, Al - le - lu - ia! Al - le - lu - ia!_____

Organ Voluntary

Fanfare
(Four Extemporisations)

Percy Whitlock (1903-1946)

Please remain standing as the ministers depart.

Music Notes

This morning's voluntaries were written by Percy Whitlock, an English composer and organist who was assistant organist at Rochester Cathedral and later Bournemouth's borough organist. The music before the service is the first in a set of five pieces for organ. The piece has a soft nature throughout, though with a jolly feel, provided by the dotted melody above the rhythmic accompaniment. The music after the service is from Whitlock's Four Extemporisations and is an extensive fanfare. The first section of the piece begins in 7/8 with a grand, jaunty theme. This is expanded on, with the tuba interjecting from time to time. This gives way to a subtler, more lyrical, middle section, before returning to its original grand feel, incorporating much of the opening section to finish the piece.

CHELMSFORD CATHEDRAL WORSHIP

Please join us during the week for prayer in person or online at the following times every day:

Sundays

7.45am: Morning Prayer

8am: Said Eucharist (BCP)

9.30am: Sung Eucharist

11.15am: Choral Eucharist

3.30pm: Choral Evensong

Weekdays

7.45am: Morning Prayer

8.15am: Eucharist

10.30am: Said Eucharist - Thursdays only

5.15pm: Choral Evensong - Thursdays & Fridays

Sung Evening Prayer - Tuesdays

Plainsong Evensong - Wednesdays

Said Evening Prayer - Mondays & Saturdays

For details about how to worship online, live or later, visit our website chelmsfordcathedral.org.uk and find our 'Regular Worship' page.

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Do you have a concern about a child or an adult at risk?

You can report any concern directly to the Diocesan Safeguarding team

Telephone: 01245 294444 Email: safeguarding@chelmsford.anglican.org

Or you can report your concern to our Cathedral Safeguarding Team

Telephone: 01245 294483

Email: safeguarding@chelmsfordcathedral.org.uk

If you have information about a safeguarding situation where a child or adult is in immediate danger call the emergency services on 999

To contact your local police to report a non-emergency concern call 101

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