

Chelmsford Cathedral



Morning & Evening Prayer

***from Easter Day
to the Eve of Ascension Day***

Morning Prayer

from Easter Day to the Eve of Ascension Day

O Lord, open our lips
All and our mouth shall proclaim your praise.

In your resurrection, O Christ,
All let heaven and earth rejoice. **Alleluia.**

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.
Alleluia!**

A hymn may be sung or the Easter Anthems used

- 1 Christ our passover has been sacrificed for us:
so let us celebrate the feast,
- 2 not with the old leaven of corruption and wickedness:
but with the unleavened bread of sincerity and truth.
- 3 Christ once raised from the dead dies no more:
death has no more dominion over him.
- 4 In dying he died to sin once for all:
in living he lives to God.
- 5 See yourselves therefore as dead to sin:
and alive to God in Jesus Christ our Lord.
- 6 Christ has been raised from the dead:
the first fruits of those who sleep.
- 7 For as by man came death:
by man has come also the resurrection of the dead;
- 8 for as in Adam all die:
even so in Christ shall all be made alive.

All **Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

All **Amen.**

The Word of God *Psalmody*

*This pattern of psalms repeats each week
from Easter Day to the Eve of Ascension Day*

<i>Sunday</i>	<i>118, 117</i>
<i>Monday</i>	<i>81, 150</i>
<i>Tuesday</i>	<i>135, 146</i>
<i>Wednesday</i>	<i>139, 147.13-21</i>
<i>Thursday</i>	<i>33, 148</i>
<i>Friday</i>	<i>30, 147.1-12</i>
<i>Saturday</i>	<i>66, 149</i>

Each psalm ends with

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Canticle

EITHER:

A Song of the New Creation

Refrain:

**All I will make a way in the wilderness,
and rivers in the desert.**

1 'I am the Lord, your Holy One,
the Creator of Israel, your King.'

2 Thus says the Lord, who makes a way in the sea,
a path in the mighty waters,

3 'Remember not the former things,
nor consider the things of old.

4 'Behold, I am doing a new thing;
now it springs forth, do you not perceive it?

5 'I will make a way in the wilderness and rivers in the desert,
to give drink to my chosen people,

6 'The people whom I formed for myself,
that they might declare my praise.'

Isaiah 43.15,16,18,19,20c,21

**All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

**All I will make a way in the wilderness,
and rivers in the desert.**

OR:

The Song of Moses and Miriam

Refrain:

All In your unfailing love, O Lord,
you lead the people whom you have redeemed.
Alleluia.

1 I will sing to the Lord, who has triumphed gloriously,
the horse and his rider he has thrown into the sea.

2 The Lord is my strength and my song
and has become my salvation.

3 This is my God whom I will praise,
the God of my forebears whom I will exalt.

4 The Lord is a warrior,
the Lord is his name.

5 Your right hand, O Lord, is glorious in power:
your right hand, O Lord, shatters the enemy.

6 At the blast of your nostrils, the sea covered them;
they sank as lead in the mighty waters.

7 In your unfailing love, O Lord,
you lead the people whom you have redeemed.

8 And by your invincible strength
you will guide them to your holy dwelling.

9 You will bring them in and plant them, O Lord,
in the sanctuary which your hands have established.

Exodus 15.1b-3,6,10,13,17

All **Glory to the Father and to the Son**
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

All In your unfailing love, O Lord,
you lead the people whom you have redeemed.
Alleluia.

The Reading
From the Old Testament

The reading is followed by a period of silence for reflection.

The silence is brought to an end with this responsory.

Death is swallowed up in victory.

All **Where, O death, is your sting?**

Christ is risen from the dead,
the first fruits of those who have fallen asleep.

All **Death is swallowed up in victory.**

The trumpet will sound
and the dead shall be raised.

All **Where, O death, is your sting?**

We shall not all sleep,
but we shall be changed.

All **Death is swallowed up in victory.**

Where, O death, is your sting?

from 1 Corinthians 15

Gospel Canticle - Benedictus

The Refrain is sung before the Benedictus

The Lord is ri-sen from the tomb, who for our sakes hung up-on the tree.
A - le - lu - ia! A - le - lu - ia! A - le - lu - ia!

The image shows two staves of musical notation in G major. The first staff contains the melody for the text 'The Lord is ri-sen from the tomb, who for our sakes hung up-on the tree.' The second staff contains the melody for the refrain 'A - le - lu - ia!' repeated three times.

Chant for the Benedictus

The image shows a musical score for a chant in G major, consisting of two staves (treble and bass clef) with four measures of music. The notation includes a treble clef, a bass clef, a key signature of one sharp (F#), and a common time signature (C). The music is written in a simple, rhythmic style with a steady pulse.

- 1 Blessed be the Lord the God of Israel, •
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, •
born of the house of his servant David.

- 3 Through his holy prophets God promised of old •
to save us from our enemies, from the hands of all that hate us
- 4 To show mercy to our ancestors, •
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: •
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, •
holy and righteous in his sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, •
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation •
by the forgiveness of all their sins.
- 9 In the tender compassion of our God •
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow of death, •
and to guide our feet into the way of peace.

Luke 1.68–79

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

The refrain is repeated

The Lord is ri - sen from the tomb, who for our sakes hung up - on the tree.

A - le - lu - ia! A - le - lu - ia! A - le - lu - ia!

The image shows two staves of musical notation in G major (one sharp). The first staff contains the melody for the text 'The Lord is ri - sen from the tomb, who for our sakes hung up - on the tree.' The second staff contains the melody for the refrain 'A - le - lu - ia!' repeated three times. The notes are simple quarter and eighth notes, with a final double bar line at the end of the third repetition.

The Prayers

Intercessions are offered and silence may be kept.

The Collect

God of life,
who for our redemption gave your only-begotten Son
to the death of the cross,
and by his glorious resurrection
have delivered us from the power of our enemy:
grant us so to die daily to sin,
that we may evermore live with him in the joy of his risen life;
through Jesus Christ our Lord.

All Amen.

Rejoicing in God's new creation,
as our Saviour taught us, so we pray

**All Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

The Gospel reading for the day may be read before the Conclusion.

The Conclusion

May the risen Christ grant us the joys of eternal life.

All Amen.

Let us bless the Lord. Alleluia, alleluia.

All Thanks be to God. Alleluia, alleluia.

Evening Prayer

from Easter Day to the Eve of Ascension Day

O God, make speed to save us.

All O Lord, make haste to help us.

In your resurrection, O Christ,

All let heaven and earth rejoice. Alleluia.

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.
Alleluia!**

A hymn may be sung or the A Song of David used

Refrain:

All Splendour and majesty are yours, O God;
you are exalted as head over all.

- 1 Blessed are you, God of Israel, for ever and ever,
for yours is the greatness, the power,
the glory, the splendour and the majesty.
- 2 Everything in heaven and on earth is yours;
yours is the kingdom, O Lord,
and you are exalted as head over all.
- 3 Riches and honour come from you
and you rule over all.
- 4 In your hand are power and might;
yours it is to give power and strength to all.
- 5 And now we give you thanks, our God,
and praise your glorious name.

6 For all things come from you,
and of your own have we given you.

1 Chronicles 29.10b-13,14b

All **Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

All **Splendour and majesty are yours, O God;
you are exalted as head over all.**

This opening prayer may be said

That this evening may be holy, good and peaceful,
let us pray with one heart and mind.

Silence is kept.

As our evening prayer rises before you, O God,
so may your mercy come down upon us
to cleanse our hearts
and set us free to sing your praise
now and for ever.

All **Amen.**

The Word of God *Psalmody*

*This pattern of psalms repeats each week
from Easter Day to the Eve of Ascension Day*

Sunday	113, 114
Monday	115
Tuesday	105.1-22
Wednesday	103
Thursday	136
Friday	107.1-32
Saturday	116

Each psalm ends with

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Canticle

EITHER:

A Song of Faith

Refrain:

**All God raised Christ from the dead,
the Lamb without spot or stain. Alleluia.**

- 1 Blessed be the God and Father
of our Lord Jesus Christ!
- 2 By his great mercy we have been born anew to a living hope
through the resurrection of Jesus Christ from the dead,
- 3 Into an inheritance that is imperishable, undefiled and unfading,
kept in heaven for you,
- 4 Who are being protected by the power of God through faith,
for a salvation ready to be revealed in the last time.
- 5 You were ransomed from the futile ways of your ancestors
Not with perishable things like silver or gold
- 6 But with the precious blood of Christ
like that of a lamb without spot or stain.
- 7 Through him you have confidence in God,
who raised him from the dead and gave him glory,
so that your faith and hope are set on God.

1 Peter 1.3-5,18,19,21

**All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

The refrain is repeated.

OR:

A Song of God's Grace

Refrain:

**All The glorious grace of God
is freely bestowed on us in the Beloved.**

- 1 Blessed are you, the God and Father of our Lord Jesus Christ,
for you have blest us in Christ Jesus
with every spiritual blessing in the heavenly places.
- 2 You chose us to be yours in Christ
before the foundation of the world,
that we should be holy and blameless before you.
- 3 In love you destined us for adoption as your children,
through Jesus Christ,
according to the purpose of your will,
- 4 To the praise of your glorious grace,
which you freely bestowed on us in the Beloved.
- 5 In you, we have redemption through the blood of Christ,
the forgiveness of our sins,
- 6 According to the riches of your grace,
which you have lavished upon us.
- 7 You have made known to us, in all wisdom and insight,
the mystery of your will,
- 8 According to your purpose which you set forth in Christ,
as a plan for the fullness of time,
- 9 To unite all things in Christ,
things in heaven and things on earth.

Ephesians 1.3-10

**All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

The refrain is repeated.

The Reading
From the Gospels

The reading is followed by a period of silence for reflection.

The silence is brought to an end with this responsory.

The Lord is my strength and my song:
he has become my salvation.

**All The Lord is my strength and my song:
he has become my salvation.**

I shall not die, but live,
and declare the works of the Lord.

All He has become my salvation.

Glory to the Father and to the Son
and to the Holy Spirit.

**All The Lord is my strength and my song:
he has become my salvation.**

from Psalm 118

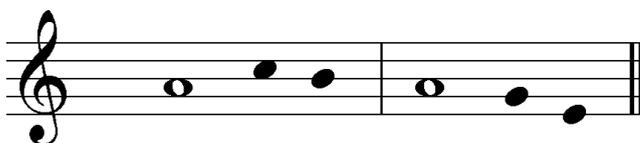
Gospel Canticle - Magnificat

The Refrain is sung before the Magnificat



The stone which the builders rejected
has become the chief cornerstone. Alleluia.

Chant for the Magnificat



- 1 My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Saviour; •
he has looked with favour on his lowly servant.
- 2 From this day all generations will call me blessed; •
the Almighty has done great things for me and holy is his name.
- 3 He has mercy on those who fear him, •
from generation to generation.

- 4 He has shown strength with his arm •
and has scattered the proud in their conceit,
- 5 Casting down the mighty from their thrones •
and lifting up the lowly.
- 6 He has filled the hungry with good things •
and sent the rich away empty.
- 7 He has come to the aid of his servant Israel, •
to remember his promise of mercy,
- 8 The promise made to our ancestors, •
to Abraham and his children for ever.

Luke 1.46-55

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

The refrain is repeated.

The Prayers

Intercessions are offered and silence may be kept.

The Collect

God of life,
who for our redemption gave your only-begotten Son
to the death of the cross,
and by his glorious resurrection
have delivered us from the power of our enemy:
grant us so to die daily to sin,
that we may evermore live with him in the joy of his risen life;
through Jesus Christ our Lord.

All Amen.

Rejoicing in God's new creation,
as our Saviour taught us, so we pray
All **Our Father in heaven,**
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

The Conclusion

May the risen Christ grant us the joys of eternal life.
All **Amen.**

Let us bless the Lord. Alleluia, alleluia.
All **Thanks be to God. Alleluia, alleluia.**



The glory of God is human beings fully alive, and the life of human
beings is the vision of God.

Irenaeus of Lyon
(died c 202AD)