

Daily Prayer

Sunday in Ordinary Time

Chelmsford Cathedral Morning Prayer

Sunday

All O Lord, open our lips
and our mouth shall proclaim your praise.

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

This hymn or another is sung:

**O God of truth, prepare our minds
To hear and heed your holy word;
Fill every heart that longs for you
With your mysterious presence, Lord.**

**The word of God for ever stands,
Is carved upon eternal stone;
His mouth has uttered it for us
Who cannot live by bread alone.**

**To Father, Son and Spirit blest
Unending praise and glory give:
Their silent voice no ear has heard,
Yet by their every word we live.**

*Words: Stanbrook Abbey. © 1974, 1975 Stanbrook Abbey, Wass York YO61 4AY.
Tune: Plainsong or LITTLE MARVEL – Carl F. Schalk or any Long Metre tune*

The opening prayer is said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you; now and for ever.

All Amen.

PSALMS: Repeating weekly pattern of Psalms:

Week 1: 14/6; 21/7; 20/9;	118, 117
Week 2: 21/6; 7/8; 27/9;	81, 117
Week 3: 28/6; 16/8; 4/10;	135, 117
Week 4: 5/7; 23/8; 11/10	139, 117
Week 5: 12/7; 30/8; 18/10	33, 117
Week 6: 18/7; 6/9; 25/10	30, 117
Week 7: 7/6; 26/7; 13/9	66, 117

Canticle: A Song of David

**Splendour and majesty are yours, O God;
you are exalted as head over all.**

1 Blessed are you, God of Israel, for ever and ever,
for yours is the greatness, the power,
the glory, the splendour and the majesty.

2 Everything in heaven and on earth is yours;
yours is the kingdom, O Lord,
and you are exalted as head over all.

3 Riches and honour come from you
and you rule over all.

4 In your hand are power and might;
yours it is to give power and strength to all.

5 And now we give you thanks, our God,
and praise your glorious name.

6 For all things come from you,
and of your own have we given you.

1 Chronicles 29.10b-13, 14b

**All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

**Splendour and majesty are yours, O God;
you are exalted as head over all.**

Reading

LECTIONARY

7/6 Job 38:1-11; 42.1-5
14/6 Numbers 6.22-27
21/6 Numbers 14.26-45
28/6 Isaiah 49.1-6
5/7 Numbers 27.12-23
12/7 Joshua 1.1-18
19/7 Joshua 6.15-27
26/7 Joshua 24.1-15
2/8 Judges 6.1-24
9/8 Judges 11.1-11, 29-40
16/8 Judges 16.15-31
23/8 Job 4.1-6, 12-21
30/8 Job 11.1-9, 13-20
6/9 Judith 13.18-20; 15.9-10
13/9 Job 38.1, 18-41
20/9 Judith 5.22-6.4, 10-21
27/9 Hosea 2.2-14
4/10 Hosea 13.4-14
11/10 Micah 6.1-8
18/10 Isaiah 55
25/10 Ezekiel 34.11-16

GOSPEL – for the end of Morning Prayer

Matthew 28.16-20
Matthew 9.35-10.8
Matthew 10.24-39
Matthew 16.13-19
Matthew 11.16-19, 25-30
Matthew 13.1-9, 18-23
Matthew 13.24-30, 36-43
Matthew 13.31-33, 44-52
Matthew 14.13-21
Matthew 14.22-33
Matthew 15.10-28
Matthew 16.13-20
Matthew 16.21-28
Matthew 1.1-23
Matthew 18.21-35
Matthew 20.1-16
Luke 12.16-20
Matthew 21.33-46
Matthew 22.1-14
Luke 1.1-4
Matthew 9.35-end

After a short pause for reflection, this responsory is said

Awake, O sleeper, and arise from the dead.

All And Christ shall give you light.

You have died and your life is hid with Christ in God.

All Awake, O sleeper, and arise from the dead.

Set your minds on things that are above,
not on things that are on the earth.

All And Christ shall give you light.

When Christ our life appears

you will appear with him in glory.

**All Awake, O sleeper, and arise from the dead,
and Christ shall give you light.**

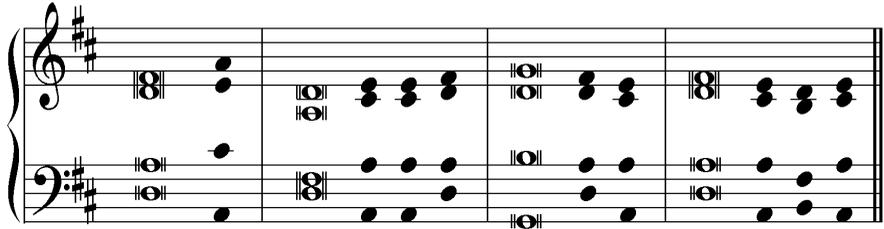
From Colossians 3

Gospel Canticle – Benedictus

Refrain



You have raised up for us a mighty Saviour,
born of the house of your servant David.



- 1 Blessed be the Lord the God of Israel, •
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, •
born of the house of his servant David.
- 3 Through his holy prophets God promised of old •
to save us from our enemies, from the hands of all that hate us
- 4 To show mercy to our ancestors, •
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: •
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, •
holy and righteous in his sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, •
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation •
by the forgiveness of all their sins.
- 9 In the tender compassion of our God •
the dawn from on high shall break upon us,

10 To shine on those who dwell in darkness
and the shadow of death, •
and to guide our feet into the way of peace. *Luke 1.68–79*
Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

You have raised up for us a mighty Saviour,
born of the house of your servant David.

Prayers of intercession and thanksgiving are offered.

The Collect of the day or the following is used:

God of glory,
by the raising of your Son
you have broken the chains of death and hell:
fill your Church with faith and hope;
for a new day has dawned
and the way to life stands open
in our Saviour Jesus Christ.

All **Amen**

The Lord's Prayer

As our Saviour has taught us, so we pray

All **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

The conclusion

The Lord bless us and preserve us from all evil,
and keep us in eternal life.

All **Amen.**

Let us bless the Lord.

All **Thanks be to God.**

Chelmsford Cathedral

Evening Prayer

Sunday

All O God, make speed to save us.
 O Lord, make haste to help us.

This or another office hymn is sung:

**O blest Creator, source of light,
Great ruler of the star-filled sky,
You clothe the day with radiant light,
In shadows dark enfold the night.**

**We thank you for this day now gone,
And pray you, as the night draws on,
Help us, your children, thus to raise
Our evening offering of praise.**

**To you our hearts their music bring,
To you our gathered voices sing;
To you our hearts' deep longings soar,
And you our chastened souls adore.**

**O Christ, the Father's only Son,
And Spirit of them both, but One;
God over all, whom all obey,
Shield us, great Trinity, we pray.**

Words: Anne LeCroy, altered, from *Lucis creator optime*. © 1982 Church Hymnal Corporation, 445 Fifth Avenue, New York NY 10016. Tune: Plainsong or EISENACH – J. H. Schein (1586-1630)

The opening prayer is said

That this evening may be holy, good and peaceful,
let us pray with one heart and mind.

Silence is kept.

As our evening prayer rises before you, O God,
so may your mercy come down upon us
to cleanse our hearts and set us free to sing your praise
now and for ever.

All **Amen.**

PSALMS

Repeating weekly pattern of Psalms

Week 1: 14/6; 21/7; 20/9;	113, 114
Week 2: 21/6; 7/8; 27/9;	115
Week 3: 28/6; 16/8; 4/10;	105 (1-22 or 23-45)
Week 4: 5/7; 23/8; 11/10	103
Week 5: 12/7; 30/8; 18/10	136
Week 6: 18/7; 6/9; 25/10	107 (1-32 or 33-45)
Week 7: 7/6; 26/7; 13/9	116

The psalm for today is said, ending with:

**Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Canticle: A Song of the Lamb

**Let us rejoice and exult
and give glory and homage to our God.**

- 1 Salvation and glory and power belong to our God,
whose judgements are true and just.
- 2 Praise our God, all you his servants,
all who fear him, both small and great.
- 3 The Lord our God, the Almighty, reigns:
let us rejoice and exult and give him the glory.
- 4 For the marriage of the Lamb has come
and his bride has made herself ready.
- 5 Blessed are those who are invited
to the wedding banquet of the Lamb.

Revelation 19.1b,2a,5b,6b,7,9b

**To the One who sits on the throne and to the Lamb
be blessing and honour and glory and might,
for ever and ever. Amen.**

**All Let us rejoice and exult
and give glory and homage to our God.**

The Gospel for the day may be read:

7/6	Matthew 28.16-20
14/6	Matthew 9.35-10.8
21/6	Matthew 10.24-39
28/6	Matthew 16.13-19
5/7	Matthew 11.16-19, 25-30
12/7	Matthew 13.1-9, 18-23
19/7	Matthew 13.24-30, 36-43
26/7	Matthew 13.31-33, 44-52
2/8	Matthew 14.13-21
9/8	Matthew 14.22-33
16/8	Matthew 15.10-28
23/8	Matthew 16.13-20
30/8	Matthew 16.21-28
6/9	Matthew 1.1-23
13/9	Matthew 18.21-35
20/9	Matthew 20.1-16
27/9	Luke 12.16-20
4/10	Matthew 21.33-46
11/10	Matthew 22.1-14
18/10	Luke 1.1-4
25/10	Matthew 9.35-end

After a short pause for reflection, this responsory is said

The Lord is my light and my salvation;
the Lord is the strength of my life.

**All The Lord is my light and my salvation;
the Lord is the strength of my life.**

The light shines in the darkness
and the darkness has not overcome it.

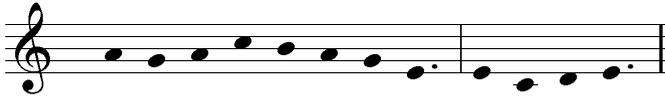
All The Lord is the strength of my life.

Glory to the Father and to the Son
and to the Holy Spirit.

All The Lord is my light and my salvation;

the Lord is the strength of my life. *from Psalm 27 and John 1*

Gospel Canticle – Magnificat



All You have done gre-at things, O God,
and holy is your name.



- 1 My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Saviour; •
he has looked with favour on his lowly servant.
- 2 From this day all generations will call me blessed; •
the Almighty has done great things for me and holy is his name.
- 3 He has mercy on those who fear him, •
from generation to generation.
- 4 He has shown strength with his arm •
and has scattered the proud in their conceit,
- 5 Casting down the mighty from their thrones •
and lifting up the lowly.
- 6 He has filled the hungry with good things •
and sent the rich away empty.
- 7 He has come to the aid of his servant Israel, •
to remember his promise of mercy,
- 8 The promise made to our ancestors, •
to Abraham and his children for ever.

Luke 1.46-55

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

All You have done gre-at things, O God,
and holy is your name.

Prayers of intercession and thanksgiving are offered.

The Collect of the day or the following is used:

Lighten our darkness,
Lord, we pray,
and in your great mercy
defend us from all perils and dangers of this night,
for the love of your only Son,
our Saviour Jesus Christ.

All **Amen.**

The Lord's Prayer

All As our Saviour taught us, so we pray
**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

The Conclusion

**The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with us all evermore. Amen.**

All Let us bless the Lord.
Thanks be to God.