

Time to Pray

Did you know, The Church of England have a Time to Pray App? It contains resources for Prayer During the Day, with variations according to the day of the week and the season of the Church's year. It can be used with most smartphones and tablets and it is free to download and use.

You can use Prayer During the Day on its own, as your sole act of prayer and praise, or you can use it alongside Night Prayer, in a pattern of prayer at the beginning and end of each day.

The App also has the full text of psalms and short readings. Download it from your App store and look out for the icon to the right.



No access to the internet?

"With many in our country on lockdown, it's important that we support those who are feeling lonely and isolated, whatever age they are." Archbishop Justin Welby

The national free phonenumber established at the start of lockdown has had hundreds of thousands of calls and gives anyone, particularly people without access to the internet a chance to feel connected with Church when services are still restricted. It is updated daily with hymns, prayers and readings so if you, or you know anyone who would like to use this free service, do pass on the number.



Contact Us:

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Pray with Us:

Please pray for those in our Diocesan Registry: George Pulman, Chancellor; Aiden Hargreaves-Smith, Registrar; Melanie Tucker, Registry Clerk.

Please pray for the YMCA in Chelmsford City Centre.

Please pray for the Church of the Province of South East Asia, The Most Revd Melter Tais, Archbishop.

Please pray for those who are unwell including Jean Cooper, Rita James, Winnie Towers, Jill Withams and all those in need of our prayers.

Pray for Elizabeth Snowden (Archdeacon of Chelmsford) and her family, in the loss of Elizabeth's husband Geoff.

Daily Gospel Readings for this week, to use in your daily prayer:

Monday: Luke 22. 24-30

Tuesday: Matthew 23. 23-26

Wednesday: Matthew 23. 27-32

Thursday: Matthew 24. 42-51

Friday: Matthew 25 1-13

Saturday: Matthew 25. 14-30

This Sunday: Muddy Church

The kingdom of heaven is like a mustard seed ... It grows into a tree and birds come and make their nests in its branches.

This week we will be exploring more about the wonderful life of trees, getting up close and seeing what other species rely on trees for their homes and lives.

Join us for our all age Muddy Church session at 3pm. Everyone is welcome to journey together, to talk, chat, explore and have fun!

Don't forget to bring picnic blankets or folding chairs, outdoor clothes and your own drink and snack if you'd like to enjoy the garden together after the session.

You do need to register for a free ticket so please reserve your free place via Eventbrite.
<https://www.eventbrite.co.uk/e/muddy-church-tickets-11511132496>

Study with Us:

Study Notes on the Sunday Gospel: 23 August 2020

Romans 12.1-8, Ps 138, Matthew 16.13-20



‘The Lord is high, yet he looks on the lowly’

Today’s readings give thanks to God who, though from on high, looks to the lowly. In the first reading Paul speaks of personal renewal and our corporate membership of the one body. The **Psalm** continues this theme of choice: through the Lord’s faithful love for us, we are indeed chosen and our strength increased.

Gospel Matthew 16: 13–20

‘Who do you say I am?’

This is the first part of a longer story which will be concluded next week. The question of Jesus’s identity is at the centre of the Gospels. It seems to be particularly important for Matthew who begins his Gospel with a Genealogy of Jesus. People at that time defined themselves in relation to the group they belonged to; where they came from; the opinions others had of them. There was little psychological perception of the self.

Caesarea Philippi

This small town is situated about 25 miles North East of the Lake of Galilee, at the base of Mount Hermon in what is now the Golan Heights. The ancient town of Paneas (named after the Greek God of music, Pan) was given to Herod the Great in 20 BC by Caesar and rebuilt by Philip, Herod’s son, in 4 BC, who renamed it after Caesar and himself.

Who do people say the Son of Man is?

The term ‘Son of Man’, first used in the book of Daniel (7: 13), is thought to simply mean a human being. Jesus is given four answers: John the Baptist: Jesus was continuing John’s teaching: repentance and the coming of the Kingdom. Some of his own followers may have been John’s disciples. It was believed that Elijah would return as he had been taken up to heaven in the whirlwind of a chariot of fire, drawn by horses of fire, and Jesus’s message echoed Old Testament prophetic tradition.

Who do you say I am?

‘You’ is in the plural form: Jesus is addressing all the disciples. Peter answers for them. His reply is variously translated as the Christ or the Messiah. The word means the ‘anointed one’. A Messiah, who would establish God’s reign and be a royal figure, had long been expected by the people.

You are Peter and on this rock I shall build my Church

‘Petros’ was not a personal name at the time. Previously, only God has been instrumental in changing names (Abram to Abraham and Jacob to Israel).

The gates of the underworld – I will give you the keys of the Kingdom

To control the gates of a place was to conquer it. Clearly Peter’s authority is spiritual, not political.

Binding and Loosing

These were legal rabbinical terms, meaning to forbid and to permit.



Cathedral Eucharist 10.30am on Sundays: We are delighted that the Cathedral is now open for public worship on Sundays and you are invited to join us for the Cathedral Eucharist at 10.30am. Please note there is no longer a requirement to reserve a place/book a ticket for Sunday's 10.30am Eucharist service. Following the latest Church of England guidance, it is now expected that all visitors to the Cathedral, for worship or private prayer, wear a facemask.

Junior Church is also back in Guy Harlings Garden. Please click on the link below to book in as numbers are currently limited in order to comply with government guidelines. You are very welcome to join Jean for some fun activities. <https://www.eventbrite.co.uk/o/chelmsford-cathedral-30658868236>

Book Group – This month we are reading “My Name is Asher Lev” by Chaim Potok, a novel about a young Hasidic artist. We will be meeting via Zoom to discuss the book on Monday September 7th at 7.30. All are welcome to join us – email sallydilley@tiscali.co.uk for more information.

The Friends of Chelmsford Cathedral: Due to the current situation, rather than hold our AGM via ZOOM, The Winter Festival and AGM has been postponed until Saturday 6th February 2021 when hopefully, we will be able to hold our normal meeting followed by tea. If you would like to join The Friends, please contact the secretary Jan Goodman: email: goodmans99@btinternet.com tel: 01245 500347.

A reminder the **Cathedral Fellowship and Breakfast with the Bible** group summer party is this Friday (21st August) at 7pm. Please see last week's newsheet for full details.

The date for the postponed **annual meeting** has been confirmed as Sunday 27th September. It will follow on from the Sunday service and will also be live streamed. It is anticipated that it will be finished by 12 noon. The minutes of the last meeting and agenda will be on the website by the end of August. These can be accessed from the annual report link at the bottom of the home page (in blue) under 'Useful Links'. All documents will be displayed in the Cathedral, as usual, two weeks before the meeting.

Being Resourced: Bible Reading notes for the September - December period now on sale at the Bookstall in the Cathedral. You can pay for them either by putting the correct money in the slot in the wall or by using our new contactless giving plate.

If you would like to receive the Dean's letter emailed to you once a week and you do not already receive it, please email clare.broome@chelmsfordcathedral.org.uk

Growing in Faith resources in a weekly email. If you would like to receive it, please sign up via the 'Church at Home' page of the website or email imogen.nay@chelmsfordcathedral.org.uk