

Cathedral Life Weekly

Luke the Evangelist Sunday 18th October 2020



A Message from: The Revd Jackie-Dee Thornton (Chaplain to Anglia Ruskin University).

We are well into the beginning of a new academic year at ARU. If you have walked through the grounds of the Chelmsford campus you may have noticed the bright new signage. The bold colours of yellow and blue stand out and give a sense of a fresh start. And indeed it is a new academic year but it is by no means 'business as usual.'

This year the University and HE sector has been hit with the consequences of the pandemic and have been working incredibly hard to adapt and embrace the changes that are needed. Our students are mostly accessing their lectures online and a small cohort, particularly the paramedic and nursing students, are coming onsite for short periods of face to face lectures. Support staff and academics have had to be flexible and show great resilience to produce engaging online content and in student services there has been a big increase in students accessing our counselling and wellbeing services online.



It's fair to say that the usual buzz on campus is not there and as you walk about you may wonder to yourself, "Where is everyone?"

As the University Chaplain my role is quite unique as it sits on the edges of official services and has an autonomy that gives it slightly more freedom to engage. However, I have found that under these conditions where risk management and University communication comes first, it has been challenging to reach out, to show support and offer help.

It has been a long few months and at times the energy needed to carry on feels isolating and lonely. However, I have been encouraged to continue building bridges and wider networks and be a blessing, whether students engage or not. I have also been reminded that we can never quite know the sum of our small efforts and as Christians we are asked to simply be obedient and faithful.

So what can you do to support the ministry at ARU?

I would invite you to pray.

- Pray for the students who vary from coping well to feeling completely overwhelmed, burdened and anxious.
- Pray for our staff for the energy and resilience to keep going and adapting under ever-changing circumstances.
- Pray for all our various faculties and departments who seek to build bridges and for ways for us to collaborate and join our efforts.
- Pray for the networks across our City and inspiring and creative ways to draw together and share the Good News found in Christ.

Contact Us: Cathedral Office, 53 New Street, Chelmsford CMI I TY. Tel: 01245 294492
Website: chelmsfordcathedral.org.uk Facebook @chelmsfordcathedral Twitter: @ccathedral
Safeguarding Officer: Elizabeth Marshall tel: 07902 225131
email: safeguarding@chelmsfordcathedral.org.uk

Cathedral Life Weekly

Luke the Evangelist Sunday 18th October 2020



- Pray for me, to keep being the hands and feet that seek to serve and for glimpses of hope unfolding along the way.

If you would like to receive further details of how you can support the ministry at ARU please get in touch. I would love to hear from you.

With every blessing,

Rev'd Jackie

Email: Jackie-dee.thornton@aru.ac.uk

Muddy Church is taking place in Guy Harlings Garden at 3pm this Sunday (18th). The theme is Autumn Colours and we'll be taking a short walk in the Cathedral grounds, collecting leaves to create an autumn rainbow. To book free tickets please click on the Eventbrite link. <https://www.eventbrite.co.uk/e/muddy-church-tickets-125012416503>



Pray with Us:



One World Week begins: "It's Our World – Let's make it better" Pray that a time will come when all the peoples of the world may be enabled to live together in peace, harmony and love.

Pray for The Episcopal Church, The Most Revd Michael Curry, Presiding Bishop

Please pray for those who are unwell including Jean Cooper, Rita James, Nicole Landon, Winnie Towers, Jill Withams and all those in need of our prayers.

Daily Gospel Readings for this week and use in your prayers:

Monday: Luke 12. 13-21

Thursday: Luke 12. 49-53

Tuesday: Luke 12. 35-38

Friday: Luke 12. 54-end

Wednesday: Luke 12. 39-48

Saturday: Luke 13.1-9

Contact Us: Cathedral Office, 53 New Street, Chelmsford CMI 1TY. Tel: 01245 294492
Website: chelmsfordcathedral.org.uk Facebook @chelmsfordcathedral Twitter: @ccathedral
Safeguarding Officer: Elizabeth Marshall tel: 07902 225131
email: safeguarding@chelmsfordcathedral.org.uk

Cathedral Life Weekly

Luke the Evangelist Sunday 18th October 2020



Study with Us: Bible Readings for Sunday 18 October

Luke the Evangelist

2 Timothy 4.5-17

Luke 10.1-9



“The kingdom of God has come near to you.”

Today is the feast of Luke the Evangelist. Luke is celebrated as the author of the Gospel that bears his name and also of the Acts of the Apostle – a work very much conceived as the second volume of the Gospel, describing the impact of the death and resurrection of Jesus in the life and mission of the early Christian community, and particularly through the ministry of Peter and Paul.

Luke wrote more of the New Testament than any other single writer. Luke emphasises the disruptive impact of Jesus, his friendship with and championing of the poor, and his identification with our human frailty. Many of the incidents and parables only found in Luke such as the prodigal son and the good Samaritan emphasise these themes.

In the western church Luke is celebrated as a doctor so today we pray for all those involved in health care and healing, especially front-line staff in the present pandemic. In the eastern church Luke is celebrated as a visual artist. That is a tradition with unusual roots but bears witness above all to Luke's language and the vivid portrait of Jesus he paints in words.

The first reading is set for today because it tells us of Luke's support for Paul in his missionary journeys. And the Gospel is Luke's classic account of the sending out of the 70 proclaiming the kingdom of God.

Sunday Services:

7.45am	Morning Prayer	Live streamed on the Facebook page	
10.30am	Cathedral Eucharist	In the Cathedral and live streamed	President: Canon Imogen Nay Preacher: The Very Revd Nicholas Henshall
10.30am	Junior Church	In Guy Harlings Garden	
5.15pm	Evening Prayer	Live streamed on the Facebook page	
8.15	Compline	Live streamed on the Church at Home Cathedral Facebook page	Gary Fleming

Morning Prayer and the Cathedral Eucharist are available later on our YouTube channel – link from the Church at Home page of the Cathedral website.

Contact Us: Cathedral Office, 53 New Street, Chelmsford CMI 1TY. Tel: 01245 294492
Website: chelmsfordcathedral.org.uk Facebook @chelmsfordcathedral Twitter: @ccathedral
Safeguarding Officer: Elizabeth Marshall tel: 07902 225131
email: safeguarding@chelmsfordcathedral.org.uk

Cathedral Life Weekly

Luke the Evangelist Sunday 18th October 2020



News

News:

Thursday Eucharist: We have now introduced a simple celebration of the Eucharist at 10.30 am on Thursdays. Everybody is warmly welcome – and all the procedures in place on Sundays will of course be on place on Thursdays too. That includes leaving contact details, wearing a mask and sitting in a socially distanced way. But – as with Sundays – we will begin to inhabit this new pattern of services as we continue to live through a very provisional time of change.

On-line giving: if you would like to donate to support the mission and ministry of the Cathedral through these challenging times, please visit the Cathedral website. Towards the bottom of the opening page you will see a heading “Supporting your Cathedral”. Simply click the link in the paragraph below to make your donation.

Advent Day Retreat: – “Jacob Limping”, led by the Dean from Pleshey Retreat House but available on-line. It takes place on Thursday, 26 November 10 am – 4 pm. Nicholas writes: Vulnerability is how we open up to grace in the upside-down values of the kingdom - in the desert we face ourselves as we really are and discover that God’s love for us is without limit. Through prayer, silence and a series of addresses we will go on a journey with texts from Scripture and wisdom from the tradition - the desert fathers, the cloud of unknowing, Teresa of Avila through to Thomas Merton and other contemporary voices. Please visit the Pleshey website (<https://www.retreathousepleshey.com>) to find out more and to book your place.

Cathedral Book Group: Our next meeting will be by Zoom on Monday 2nd November at 7.30 when we will be discussing Franny and Zooey by J D Sallinger. All are welcome to join us – email sallydilley@tiscali.co.uk to be added to the mailing list.

Does anyone have a **Lego or Playmobil nativity set** I could borrow? You can have it back before December! If you have one, please contact Clare Broome clare.broome@chelmsfordcathedral.org.uk

Cathedral Eucharist 10.30am on Sundays: Please note there is no longer a requirement to reserve a place/book a ticket. **However, if we reach capacity for any service and it would be unsafe to allow any more people into the building, it is with regret that we would have to close the doors and you would be unable to attend.** Following the latest Church of England guidance, it is now expected that all visitors to the Cathedral, for worship or private prayer, wear a facemask.

Junior Church is also back in Guy Harlings Garden. Please click on the link below to book in as numbers are currently limited in order to comply with government guidelines. You are very welcome to join Jean for some fun activities. <https://www.eventbrite.co.uk/e/junior-church-in-the-garden-tickets-121208551039>

Breakfast with the Bible: has started, meeting via zoom from 8.45am to 9.30am. If you would like to join the sessions, please email Canon Imogen Nay on imogen.nay@chelmsfordcathedral.org.uk for the Zoom code each week. Breakfast with the Bible is led by various members of the Cathedral congregation, lay and ordained. It includes time for discussion as well as some teaching input from the leaders. See the Breakfast with the Bible page on the website for full details.

Contact Us: Cathedral Office, 53 New Street, Chelmsford CMI 1TY. Tel: 01245 294492
Website: chelmsfordcathedral.org.uk Facebook @chelmsfordcathedral Twitter: @ccathedral
Safeguarding Officer: Elizabeth Marshall tel: 07902 225131
email: safeguarding@chelmsfordcathedral.org.uk

Cathedral Life Weekly

Luke the Evangelist Sunday 18th October 2020



Update on the rough sleeping project. By Gary Fleming (Ordinand)

It has been some weeks since I last updated you formally on the progress of the rough sleeping project that I was commissioned to deliver a year ago. At the time of commissioning, the project had a usefully broad scope which enabled me to determine how as a Cathedral family we could contribute to an already rich landscape of voluntary and commissioned services.

It was apparent from the early stages that the provision for rough sleepers within the Chelmsford area covered much of the needs of these members of our community. What was also clear was the appetite amongst service providers to work closely together and to respond to those in need. This was highlighted during the lockdown when the immediacy of the response from partners to 'just get on with it' was impressive and indeed people came together to bring about a solution to lift people off the streets into places of safety where they were fed, clothed and kept warm and safe.

Since a loosening of lockdown measures, we have as a Cathedral family been able to continue with the outcomes of the project which have both taken and changed shape as this peculiar year has unfolded. The use of that word, 'unfolded' is deliberate. You may recall the Dean using this word to describe the Kingdom of God unfolding around us rather than a destination. This is something that has been apparent in the way we have responded, as the elements of the initiatives now in place reflect a pre-existing presence. Our approach has therefore supported partners in unfolding the potential to expand support for rough sleepers which is now established in three specific activities. Firstly, we have helped The City Council and Essex Police to bring together the Intervention Hub on a Monday afternoon. This provides a multi-agency response to those on the streets and is hosted in Chapter House. Individuals are able to attend this in the afternoon to engage with a selection of partners to help develop strategies to enable them to move on from their current situation. They receive help from services who deal with issues such as housing, addiction, mental health, social and welfare issues employment.

Secondly on a Monday morning we are hosting and supporting an initiative to help those that are overcoming addiction. The session, run by Helping Hands Essex, provides a professionally facilitated counselling and support session.

Finally, we are also invited to be part of a working group called the Chelmsford Homeless Forum to consider the longer-term provision of a solution to rough sleeping in the City. This will deliver longer term outcomes for a multi-agency response.

It seems the wrong terminology to say that the project is now concluded as this is ongoing mission of the church. However, it is I think right to say that we have achieved what the project set out to which is, in a spirit of grace and truth, to place the Cathedral community in a position where it is supporting those on the streets to move into a better space. Importantly this has been achieved in partnership with the competent agencies to ensure that the commissioned initiatives are sustainable and resourced.

Contact Us: Cathedral Office, 53 New Street, Chelmsford CMI 1TY. Tel: 01245 294492
Website: chelmsfordcathedral.org.uk Facebook @chelmsfordcathedral Twitter: @ccathedral
Safeguarding Officer: Elizabeth Marshall tel: 07902 225131
email: safeguarding@chelmsfordcathedral.org.uk