

THIS WEEK

Sunday 16 February – Second Sunday before Lent

8.00am HOLY COMMUNION, page no 76

President: Canon Ivor Moody

8.30am Breakfast with the Bible, led by *The Revd Dr Paul Beasley-Murray*

9.30am PARISH EUCHARIST with baptism

President: The Very Revd Nicholas Henshall

Preacher: Canon Ivor Moody

11.15am CHORAL EUCHARIST

President: Canon Ivor Moody

Preacher: Canon Imogen Nay

3.30pm EVENSONG

Preacher: Canon Ivor Moody

This Sunday the Revd Kate Moore is taking the 9.30am service at St John's Little Leighs

NEXT WEEK

Sunday 23 February - The Sunday Next before Lent

8.00am HOLY COMMUNION, page no 82

President: The Very Revd Nicholas Henshall

9.30am PARISH EUCHARIST

President: The Revd Kate Moore

Preacher: Canon Ivor Moody

11.15am CHORAL EUCHARIST

President: The Very Revd Nicholas Henshall

Preacher: Canon Imogen Nay

3.30pm EVENSONG

Preacher: The Revd Kate Moore

Daily Prayer through the Week (Mon to Sat):

Morning Prayer: 7.45 am

Holy Communion: 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

Midday Prayer in St Cedd's Chapel

Evensong/Evening Prayer: 5.15 pm (sung on Mon, Tues, Thurs & Fri, said on Wednesday & Saturday)

On certain Saturdays Evensong is sung by a choir

– please check the Music & Services list for dates



Please recycle this booklet after use.

Printed by Diocesan Print Unit
printunit@chelmsford.anglican.org
chelmsford.anglican.org/printunit

CATHEDRAL LIFE WEEKLY

2nd Sunday before Lent, 16 February 2020



#LiveLent: Care for God's Creation

THIS LENT, why not do something to make a difference?



The whole environmental crisis can seem overwhelming with the negative stories and the apocalyptic pronouncements. But nature has an inbuilt ability to regenerate; we just need to give it a chance. In the Gospels there is the hope that we have in Jesus Christ, that if we repent and change our ways and follow God's laws we will be blessed.

Chelmsford Cathedral Eco Group, with the support of Chapter, has recently applied for the new Eco Church award developed as the successor to Eco-Congregation for churches run by A Rocha UK. Their vision is for the new scheme

to create a vast network of churches as local centres of creation care in the community – shining beacons of hope for a brighter environmental future. We await news as to whether we have successful with the SILVER award. This is not intended as a badge of honour but to demonstrate to the wider diocese, the City and the County, and to each other, that we care about how we treat our environment. We expect to hear any day...and even then, we can still do so much more... we'll write more in the

Continued in centre pages

Contact us at:

Cathedral Office, New Street, Chelmsford CM1 1TY
01245 294492

and visit our website: chelmsfordcathedral.org.uk

Facebook: /chelmsfordcathedral Twitter: @CCathedral

Safeguarding Officer: Elizabeth Marshall 07762 549288



Diocese of Chelmsford

WELCOME TO CHELMSFORD CATHEDRAL

A very warm welcome to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need for the celebration is contained in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions. Coffee/juice is served after the 9.30am service and after 11.15am we serve sherry.

Junior Church for children aged 4-12 meets in the Chapter House with 'big kids' and 'little kids'. The groups return for communion. For babies and toddlers we have 'busy bags' plus the Children's Chapel - please do ask the welcomers for more information. Jean Elliott is our Children and Family Minister.

Giving There will be a collection in the service during the last hymn. If you are a UK tax payer, please use a **yellow Gift Aid envelope** (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your full name, house number and postcode and the date.

Study Notes on the Sunday Gospel

Readings for the Second Sunday before Lent (16 February):

Romans 8 18-25
Psalm 136 vv 1-9, 23-26
Matthew 6: 25-34

The hidden wisdom of God

As I come to pray, I still myself so that I may listen to my God. I may wish to pray for wisdom, so that I can learn, and deepen my understanding of his teaching.

In Romans, Paul writes about 'creation waiting with eager longing' and creation 'being set free from its bondage to decay'. We see that it is the whole of creation that waits for renewal and restoration, not just us as humans.

In the Gospel Jesus talks about the flowers and the birds being sustained in love and fed by God. As humans we too are God's creatures, dependent on Him. Jesus is asking us to trust in God, something that we find very hard to do. Could you spend some time this week sitting in silence, doing nothing and just resting in God's presence?

THE WEEK AHEAD

Wednesday 19 February

9.30am	Parent and Toddler Group (Chapter House)
10am	Stay and Play Lego
12.35pm	Eucharist
1 - 3pm	Welcome on Wednesday: coffee and cake in the North Transept
1 - 4pm	Friendship Club (Chapter House)
7pm	Talk by Canon Imogen Nay on her pilgrimage to Bosnia

Thursday 20 February

10am	Eucharist
10.45am	Prayer Group - Mildmay Chapel

Friday 21 February

12.30pm	Lunchtime Concert - Flautista
---------	-------------------------------

Saturday 22 February

9.30am	Pre-loved Clothing Sale
--------	-------------------------

Party in the Learning Centre behind the Cathedral offices. Come along for some pancake making along with other fun craft activities. The event is free and there is no need to book.

Sunday 1 March 12.30 for 1pm

A St David Day Lunch is being held in St Cedd's Hall. A two course hot meal with soft drinks - wine available to buy. The speaker is the Bishop at Lambeth, the Rt Revd Tim Thornton. Tickets £8 adults, £4 children available from Yvonne Spence: t 01245 465108 or yvonespence@hotmail.com and other members of the

social committee. Everyone is welcome.

Thursday 5 March 8pm

Mothers' Union: the next meeting which is held in the Chapter House, will be a Lenten reflection. All welcome.

Friday 6 March 2pm

A World Day of Prayer service will be held at Great Leighs Free Church, Main Road, Great Leighs. More information from Beryl Dean, tel. 01245 283410.

Sunday 8 March 1pm

Meeting Point Lunch: join others for Sunday lunch at the White Hart. Please let Maureen know you are coming tel: 01245 697781.

NOTICES & DATES FOR THE DIARY

Fellowship Group: Wednesdays, 7pm, Great Leighs

If you are looking to explore your faith in new and imaginative ways, then this could be just what you are looking for! This is not a bible study class, but an opportunity to explore a range of subjects and how we relate to them as a Christian community, by using contemporary music, TV and other forms to explore the presence of God in the every day. It will be a friendly, relaxing environment with refreshments. The first session is February 26th. For more details please email our ordinand, **Gary** on garyalanfleming@gmail.com or call 07491 402273.

Several people have expressed a concern regarding taking communion during the coronavirus outbreak. Please do follow government guidelines in order to minimise the risk of spreading any germs; discarding used tissues and washing hands. It is Anglican teaching that to receive the sacrament in one kind only (i.e. just the bread) is to receive the sacrament in its entirety. Please do not intinct as this risks spreading more germs.

Congratulations to Libby Hill on her 80th Birthday.

Baby and Toddler Group: There's going to be a meeting for

everyone interested in the baby and toddler group on Wednesday 26th February in the Learning Centre after the group session. If you help or are interested, you are very welcome to come along.

Pilgrim Passports are now available from the Bookstall. 2020 has been designated a Year of Cathedrals and the Passports are designed for the collection of stickers and the recording of experiences when visiting Cathedrals.

Monday 24 February 7.30pm

Book Group: The Cathedral Book Group will meet for the first time on from 7.30 – 9pm at The Fox and Raven in Chelmer Village. We will be discussing “On Beauty” by Zadie Smith. Gathering from 7pm to allow time to eat first for those who would like food as well as a drink! All welcome – any queries to sallydilley@tiscali.co.uk.

Tuesday 25 February

Walking Group: Meet at The Bell CM9 6RF for a walk of about two hours across varied terrain. The morning finishes with lunch and numbers need to be known by 21 February. Please contact: Anne Sparrow, email: anniesp23@yahoo.co.uk

Tuesday 25 February 4 - 6pm

The Cathedral is holding its first ever **Festival of Fun Pancake**

Daily Gospel Readings for this week, to use in your daily prayer:

Monday	Mark 8.11-13
Tuesday	Mark 8.14-21
Wednesday	Mark 8.22-26
Thursday	Mark 8.27-33
Friday	Mark 8.34-9.1
Saturday	Mark 9.2-13

You can find a simple 10 minute reflection at: pray-as-you-go.org

Next Sunday's Readings - Sunday 23 February

9.30 am & 11.15 am:

Exodus 24.12-18

Ps 99

Matthew 17.1-9

3.30 pm:

Ps 27, 117

2 Kings 2.1-12

2 Cor 4.3-6

Please pray for:

- The family and friends of Jemima-Beth Colton who is being baptised today
- St Andrew's Church, Sandon
- Understanding and love between all people of faith and thank God for our Diocesan links with other parts of the world
- The Church of the Province of Central Africa, The Most Revd Albert Chama, Archbishop
- Teresa Hipgrave, Rita James, Alan Ketley, Norman Sharpe, Winnie Towers, and all those receiving home communion and all in need of our prayers

We take **safeguarding** very seriously at the Cathedral, if you have any concerns please talk to Elizabeth Marshall our Safeguarding Officer or to Rev'd Kate Moore the Asst Safeguarding Officer. Contact details are on the front of this newsheet. You can also talk to any member of the clergy. If you are a volunteer with us please make sure you have completed the online training.

continued from front page

near future about the differences we have made and those we can make to achieve GOLD and make even more of a difference! It may be to choose to act differently: to walk where possible, to buy local food, to reduce consumption, to buy green energy, to recycle. We can give money to charities that protect the environment, we can plant trees and bee friendly plants, we can campaign for change. There are so many changes that we can make and in that there is hope.

#LiveLent: Care for God's Creation is the Church of England's Lent Campaign for 2020; the Church of England has produced some booklets to help us pray, read scripture and make simple changes in our lives, to help the environment. There is one for adults and one for children - and you can buy them in our bookshop or download the app for free. Let's encourage one another in love and hope to do all that we can to restore and renew all that has been given to us to enjoy.

This year, for Lent, why not pledge to do just one (or more) further action.
www.churchofengland.org/livelent



School Visits Team

BY THE END of the Autumn term the Cathedral School Visits team had welcomed 900 children and by the end of the Spring term we will have welcomed another 970 children.

When the schools arrive at 10am in the Cathedral adults and children are full of awe and wonder about the size, the height of the ceilings, the age of the building and the art work in the Cathedral and they are also a little nervous. By the time they leave at 2.30pm they feel at home here and often say they will come again and bring others to see what they have seen and experienced. One teacher emailed that the 90 Year 6 children who visited for the first time on a Tuesday had remained calm and reflective all week.

During the visits, through role play and drama, they learn about the people who work in the Cathedral and about the importance to Christians of Baptism, of Communion and how Christianity was brought to Essex by St Cedd. They gain an understanding of the meaning of Christmas and Easter and of the magnificent artwork in the Cathedral. They learn about the importance of prayer to Christians and experience the power of prayer by creating their own prayers.

In July a few members of the team visited Guildford Cathedral and we saw a prayer tree. We immediately decided that we wanted a children's prayer tree in our Cathedral. During the Autumn, the schools visiting wrote prayers and hung them on the tree and before the term ended their



prayers were delivered back to them at school to take home for Christmas. During Advent and Christmas many people including children hung prayers on the tree and now the Epiphany has begun the tree has become a children's prayer tree again. On Sundays the prayers will be taken from the tree to be offered at the altar by a member of Junior Church or a child in the Service.

If you would like to join our team then you will need a love of working with children, a willingness to learn and to be able to work as part of the team. You will need to fill in an application form, and do safeguarding training. If you are interested or would like to know more please contact me at m.emuss_ccathedral@hotmail.com

Marian Emuss