

THIS WEEK

Sunday 6 October 2019 - TRINITY 16

8.00am HOLY COMMUNION, page no 182

President: the Revd Kate Moore, associate priest

8.30am Breakfast with the Bible, led by Paul Beasley-Murray

MISSION SUNDAY: *there is no 9.30 am or 11.15 am service. Everyone is warmly invited and encouraged to worship in a different church or community. Please take the Cathedral's greetings with you and bring back your impressions, stories and things that you have learnt.*

3.30pm EVENSONG

Preacher: Canon Alison Kennedy

NEXT WEEK

Sunday 13 October - TRINITY 17

8.00am HOLY COMMUNION, page no 184

President: Canon Ivor Moody

8.30am Breakfast with the Bible, led by Nicholas Henshall,
Dean of Chelmsford

9.30am PARISH EUCHARIST

President: Canon Imogen Nay

Preacher: Revd Kate Moore

11.15am JUSTICE SERVICE

*Preacher: The Revd and Valiant Master of the Temple,
Robin Griffith-Jones*

3.30pm EVENSONG with promotion of girl choristers

Preacher: Canon Imogen Nay

6.00pm SAYING GOODBYE SERVICE

Daily Prayer through the Week (Mon to Sat):

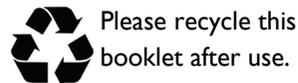
Morning Prayer: 7.45 am

Holy Communion: 8.15 am (also Wed at 12.35 pm & Thurs at 10.00 am)

Midday Prayer in St Cedd's Chapel

Evensong/Evening Prayer: 5.15 pm (sung on Mon, Tues, Thurs & Fri,
said on Wednesday & Saturday)

On certain Saturdays Evensong is sung by a choir
– please check the Music & Services list for dates



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CATHEDRAL LIFE WEEKLY

16th Sunday after Trinity, 6 October 2019



A week with a difference!

Starting today it's a week with a difference! Today is Mission Sunday so there is no 9.30 am or 11.15 am. Instead everyone is warmly invited and encouraged to go to other churches and communities across the Essex and East London and beyond. Please take greetings from the Cathedral and bring back your stories to share.

The rest of the week is different too! We are once again hosting the graduations from our local university, Anglia Ruskin, welcoming over 8,000 people through our doors. As a result Monday to Friday we move the daily prayer in the morning to a special Chapel we create in the Song School. Everyone is warmly welcome as normal - 7.45 am



Morning Prayer and 8.15 am Eucharist. The Song School is fully accessible. Evensong is at 5.15 pm at the Church of the Ascension, Maltese Road, CMI 2PB just up the road. There is no Wednesday 12.35 pm or Thursday 10 am.

It is a great week for us as we seek to build our relationships across the area and welcome students and their families into the Cathedral at the heart of the city.

Contact us at:

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01245 294492

and visit our website: chelmsfordcathedral.org.uk
Facebook: /chelmsfordcathedral Twitter: @CCathedral
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Diocese of
Chelmsford

Study Notes on the Sunday Gospel

Readings for Trinity 16

2 Timothy 1.1-14
Psalm 37.1-9
Luke 17.5-10

The disciples said to the Lord, 'Increase our faith!'

Today's readings demonstrate our need for the gift of faith and the patience of faithfulness, to give us a new vision and understanding of the world.

Despite his imprisonment, Paul is confident in the Lord and dares to speak without fear. He reminds Timothy that faith is never possessed definitively but must be continually aroused. He also needs the power of God: the gifts of the Holy Spirit must be the driving force in his life.

The **Psalm** invites us to be still in the face of everything that life brings, to wait patiently for the Lord.

The disciples are keen to learn and to grow, and ask Jesus to increase their faith (**Gospel**). However, it is very clear that the way of the disciple is hard. It involves dying to ourselves and our self-promoting needs. Jesus's parable reminds them that faith is ultimately a gift from God.

Let's pray this week to deepen our faith and our faithfulness; knowing that it is not based on our own efforts, but on our growing surrender to the gifts of the Holy Spirit within.

Next Sunday's Readings - 13 October : 13/10/19

9.30 am & 11.15 am:

2 Timothy 2.8-15
Psalm 111
Luke 17.11-19

3.30 pm:

Psalm 144
Isaiah 25.1-9
Philippians 4.1-9

THE WEEK AHEAD

Sunday 6 October

Mission Sunday No 9.30 or 11.15am services

ARU GRADUATIONS TAKE PLACE ALL WEEK

Saturday 12 October

7.30pm Caprice Concert

Saturday 12 October 7.30pm

Caprice Concert: 'Last Night of the Proms' celebration concert supporting Huntington's Disease and the MS society. Tickets £11 from Allegro Music, Chelmsford and the Orchestra Manager tel: 01245 465718.

Sunday 13 October 4.30-5.30pm

Eco Church/Christian Climate action, Learning Centre

Canon Imogen Nay together with Elizabeth Marshall and Maureen Benson invite you to an open meeting to discuss ways we as a cathedral can work to safeguard's God's creation. We will share information about the A Rocha, Eco Church Scheme, and about other initiatives and events the diocese and wider church are involved in. All Welcome, all ages.

Tuesday 15 October

Cathedral Walking Group

Walk: at Castle Hedingham. Park in the village. Tea at 10am, walking from 10.30am. CO9 3EJ, returning around 12.30pm for lunch. All welcome; please

contact Anne Sparrow by email: anniesp23@yahoo.co.uk

Thursday 17 October 10.45am

The Cathedral Prayer Group meets in the Mildmay Chapel for prayer. All welcome.

Thursday 17 October 2pm

Mothers' Union Meeting:

The speaker is Molly Hoyle and her topic is 'In Mary Sumner's footsteps'. She will also have the MU E-merchandise with her. Please note this is a week later than usual. All are welcome to attend the meeting which is held in Chapter House adjacent to the Cathedral.

Friday 8 November 7 for 7.30pm

CCCA Candlelit Supper: an evening of outstanding food with entertainment from the music team in support of the choirs. Tickets including meal and drinks on arrival £27. Available from music@chelmsfordcathedral.org.uk and the Cathedral bookstall. Menu choices should be submitted to the music office.

NOTICES & DATES FOR THE DIARY

A very warm welcome to Chelmsford Cathedral especially if you are a visitor or here for the first time. Everything you need for the celebration is contained in the service booklet. Please ask one of the welcome stewards on duty at the doors if you have any questions.

There is no Junior Church today as it is Mission Sunday.

To join the **Junior Church weekly mailing** please email imogen.nay@chelmsfordcathedral.org.uk

One weekly email on Thursdays is sent out to let you know about the services on Sunday and special events. You can unsubscribe at any time.

Yellow Envelopes If you are a UK tax payer, please use a yellow Gift Aid envelope (available at the doors) to increase the value of your donation by 25% at no extra cost to you. Remember to fill in your full name, house number and postcode and the date.

Children's Society Boxes: please return your boxes for counting in the next week or two. Either return directly to me or leave with one on the vergers; please do not place them in the vestry drawer without the vergers knowledge. For information about the society's activities please see their national website, for regional information: childrenssociety.east.org.uk

Richard Spilsbury

Congratulations to Malcolm Treacher who celebrated his 90th birthday yesterday. Malcolm remains an active volunteer at the Cathedral of many years' standing.

Canon Imogen Nay is developing a podcast. Details are on the website under sermons or you can listen at anchor.fm/imogen-nay or <https://revnay.blog.spot.com/>

English for Women are looking for male volunteers to support an additional session which is being trialled on Monday mornings. The new session will be open to all (including men) with the continued aim of supporting those in our communities who are isolated by language barriers. The sessions start on Monday 14 October and initially run until Christmas. If you would be interested in volunteering please contact Susannah (susannah@englishforwomen.org) for more information. If you would like to take part in the session, or know someone who would, leaflets are available by the south door of the Cathedral.

Thursday 10 October

The New Interest Group has just a few places left on the organised visit to St James's Palace and Marlborough House Chapels early on Thursday 10 October 2019. For details please contact Peter Cross on peter_cross4@sky.com

Daily Gospel Readings for this week, to use in your daily prayer:

Monday: Luke 10.25-37

Tuesday: Luke 10.38-end

Wednesday: Luke 11.1-4

Thursday: Luke 11.5-13

Friday: Luke 11.15-26

Saturday: Luke 11.27-28

You can find a simple 10 minute reflection at: pray-as-you-go.org

Thought for the day

Jesus' whole life and mission involve accepting powerlessness and revealing in this powerlessness the limitlessness of God's love.

— Henri Nouwen

Please pray for:

- Teresa Hipgrave, Jack Holmes, Rita James, Winnie Towers, Norman Sharpe, and all those receiving home communion and all in need of our prayers
- All charities involved in the care and protection of our animals and for veterinary surgeons and all those who work for the welfare of animals
- Great Waltham with Ford End
- The Church in Wales & The Most Revd John Davies, Archbishop of Wales and Bishop of Swansea and Brecon`

Celebrating Cricket Success!



We won! The cathedral was victorious after a very close fought match, and it all came down to the third ball of the last over!
Once again the game was played in a wonderful spirit, and attend by the Chair of Braintree District Council, the Mayor of Chelmsford and Sidra Naeem in her capacity as Deputy Lord Lieutenant.
Afterwards we retired to the clubhouse for our usual shared supper together, and there followed a very happy of time with catching up with old friends from our two communities.

Licensing of Rev'd Jackie-Dee Thornton



The Cathedral and Anglia Ruskin University have jointly appointed a Chaplain to the University. Jackie is pictured at her licensing with Archdeacon Elizabeth, Vice Chancellor of ARU, Bishop John and Canon Ivor Moody.